



Experience Visit to NHS Ayrshire & Arran - 27th March 2019

Experience Day 8: NHS Ayrshire and Arran - Shaping high quality health services in a community setting

NHS Ayrshire & Arran provides a comprehensive range of high quality health services and is committed to involving local communities and partners in shaping these services. This visit will explore volunteer based approaches to dementia care, anticipatory care planning and palliative care with a care home focus and an opportunity to learn first-hand about the innovative Universal Early Years pathway and Family Nurse Partnership (FNP) approaches to assisting families in providing children with the best start in life.

08.45	Departure from SECC by coach
09.30	Arrival at North West Kilmarnock Area Centre
09.45	Refreshments, Welcome & Introductions
10.00	Presentations: Setting the scene for the day / strategic overview Chaired by H Borland (NHS Nurse Director), E Fraser (Chief Officer)
11.00	Departure for Experience Session: <ul style="list-style-type: none"> • Prestwick (approx. 30mins transport - 25 delegates) – Hosted by Rosemary Robertson (Associate Nurse Director) • Kilmarnock (approx. 15/30mins transport - 25 delegates) – Hosted by Craig Stewart (Associate Nurse Director) • Irvine (approx. 30mins transport - 25 delegates) – Hosted by David Thomson (Associate Nurse Director)
11.30	Arrival at experience session venues
12.00	Lunch in HSCP Venues

12.30

Experience Sessions

South Ayrshire: Prestwick - Dementia Friendly Town

Dementia Friendly Prestwick is a volunteer based approach to ensuring people living with dementia in the Prestwick area are included, supported, listened to and maintain a good quality of life. Participants will listen to the experience of those who have driven the programme over the past 3 years, the activities that have been developed and the learning that has emerged and shared with others.

East Ayrshire: Care Home focus including Anticipatory Care Planning and Palliative Care and the Telecare Risk Management Centre

East Ayrshire Health and Social Care Partnership is one of Health Improvement Scotland's (HIS) five test sites working alongside local communities to develop new ways to deliver palliative and end-of-life care. Delegates will hear about an alternative place of care for people, utilising a bed within a local care home which enables people with palliative and /or end of life care needs to be cared for in their local community in a homely setting. HIS commissioned a short film of the team in action which has been widely shared and has attracted interest from across Scotland. In addition delegates will hear about improvement work for COPD patients which is a priority for several our communities, who are living with the legacy of high rates of coal mining employment and the associated health risks to those workers.

Delegates will also hear about how a District Nursing Clinical Team Leader and a Service Officer for Care Homes developed and delivered Anticipatory Care Planning (ACP) education and support packages for the 19 care homes across East Ayrshire. HIS have recently filmed these 'ACPs in action' in a local care home. In addition our District Nursing teams are receiving a bespoke education training package which is enabling, through role play, staff to rehearse the practice of developing ACPs using courageous, caring conversations regarding palliative and end of life care.

	<p>North Ayrshire: Integrated Early Years Team including Health Visiting and Family Nurse Partnership</p> <p>The Family Nurse Partnership (FNP) programme is multifaceted, adhering to wider local and national policy imperatives such as the Universal Health Visiting Pathway (Scottish Government, 2015) and The Children and Young People Scotland Act (2014). This visit will provide delegates with the opportunity to hear firsthand about implementation of the innovative FNP programme which begins in early pregnancy and focuses on helping young women to have a healthy pregnancy and to feel confident about supporting their baby to grow, develop and learn. The programme is designed to help young women and their partners develop and understanding of their baby, behaviour change, emotional development and the building of positive relationships.</p> <p>In addition delegates will learn about the North Ayrshire Universal Early Years pathway which extends from the ante-natal period to the child's commencement at primary school, supporting new parents and babies by visiting at planned, key health, wellbeing and infant developmental intervals. The aim of the early intervention and holistic approach provided by Universal Early Years is to support families to give their children the best start in life.</p>
14.15	Return travel to North West Kilmarnock Area Centre
15.00	Plenary Discussion: An opportunity to reflect and share feedback - Chaired by Eddie Fraser (Chief Officer), H Borland (NHS Nurse Director)
15.30	Return to Reception for transport back to Glasgow