## This matters to me! Experience day with Region Kronoberg County, on site in Gothenburg.

Day and hours: 20th of June, 11.00-16.15, room G1,2

## This matters to me!

Together we create a safe and person-centred care in co-production with patients and families.

Welcome to an interactive day presenting new models and tools combined with strong components of humanity and patient power. During the day you can take part of seminars, poster exhibitions, screen presentations and dialogues with professionals and patients. You will get to know both our county and the health care organisation.

Attending this experience day, you will be the first one to hear about PEP-Professional Experienced Person. You will also take part of a lot of different examples of quality improvement.

## G1,2

11.00-16.15 Explore and "site visit on site" Experience room Kronoberg. Dialogues with patients-This matters to me! Children and youths as co-creator in healthcare. Self-monitoring" PACE – PAtient CEntered self-monitoring", a unique development, learning and research project created and tested with patients in oncology care. Poster and film presentations and dialogue opportunities regarding different improvements. Try out Virtual Reality in treatment as a person-centred tool.

## Highlights during the day

11.00 Welcome and opening. This matters to me! How to create tomorrow today together?

Elin Cederbrant, patient representative, Region Kronoberg Roger O Nilsson, Healthcare Director Region Kronoberg

- 12.30-13.30 Lunch break and mingle
- 13.30 The Kronoberg model a structured model for serious illness conversations.

  -A way to align care with what is most important to patients.

  Helene Reimertz, Region Kronoberg and Anna Sandgren, Linnaeus University, Växjö.

  Lecture.
- 14.15-14.45 PACE a project with focus on needs described by patients and professionals. We create learning arenas regarding how these needs can be self-monitored. Katarina Olausson, patient representative, Region Kronoberg Sara Christensen, Oncology clinic, Region Kronoberg Jesper Olsson, Tamro
  Tony Andersson, Region Kronoberg
- 14.45-15.15 Refreshment break and mingle
- 15.15 Forensic Psychiatric Care moving forward.

  Virtual Reality as a tool in person-centred (mental) healthcare settings, a new

Conversation with PACE team members above and more

treatment method.

\*\*Märta Wallinius, Region Kronoberg\*\*

15.40 Participation in psychiatric inpatient compulsory care from a phenomenological patient perspective.

\*\*Andreas Söderberg, Region Kronoberg\*\*

16.05 Summery and dialogue.

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