



16 Years of Values-Based Improvement Led by Clinicians..... The Next Steps



Sue Holden Chief Executive, Aqua England Ruth Yates Associate Director, Aqua England



Helen Hughes CEO, Patient Safety Learning England

#Quality2024 #AquaAtQuality24







- Ruth Yates and Sue Holden are employed by Aqua, part of the NHS.
- Helen Hughes is employed by Patient Safety Learning, a registered Charity.
- We have not received any research funding for this work and have no other declarations to make.



About Aqua





About the Advancing Quality (AQ) Programme

Gain Consensus on Care Standards

What does good look like?

Measure sets for clinical focus areas aligned to national guidelines; involvement of clinical experts and regional networks



How do we improve?

Bespoke improvement support and improvement plans; consultancy work to support improvement; implementation framework



Where do we need to improve?

Monthly data collection; regular reporting at team, organisation and system level; regional insight reporting



What has worked?

Case studies and papers; collaborative events; virtual learning platform; resource repository and networking









































Clinical Focus Areas





















Hospitals participating in AQ have statistically significantly lower mortality



Non-overlapping confidence intervals: a statistically significant difference in risk-adjusted mortality

We also see lower mortality in the North West than in the regions next to it



Sepsis – Clinically Led Improvement





New Guidance: Revised Measures in Development

Vital signs	Vital signs: NEWS-2 'Physiology first'	0	1-4	5-6	≥7
essment	History, examination, lab results	If clinical or carer concern, continuing deterioration, surgically remediable sepsis, neutropaenia, or blood gas / lab evidence of organ dysfunction, including elevated serum lactate, upgrade actions at least to next NEWS-2 level \rightarrow			
Initial ass	Comorbid disease, frailty, patient preferences?	Consider influence of comorbid disease, frailty and ethnicity on NEWS-2, and patient preferences for treatment intensity, limits, end-of-life care			
Initial (generic) actions	Monitoring and escalation plan	Standard observations	 Registered nurse review <1 h Obs 4-6 hrly if stable. Escalate if no improvement 	 Obs hourly. Review <1 hr by clinician competent in acute illness assessment Escalate if no improvement 	 Obs every 30 mins. Review <30 min by clinician competent in acute illness assessment. Senior doctor review <1 hr if no improvement: refer to Outreach or ICU
	Initial treatment of precipitating condition	Standard care	<6 hr	<3 hr	<1 hr
Likelihood of infection & specific actions	Unlikely	Standard care	Review daily and reconsider infection if diagnosis remains uncertain		
	Possible	Review at least daily	 < 6 h Source identification & control plan documented. 	 < 3 h: Microbiology tests Antimicrobials: administer or revise 	 < 1 h: Microbiology tests Antimicrobials: administer or revise (broad-spectrum if causative organism uncertain).
	Probable or definite	< 6 h Diagnostic tests & R plan 	 < 6 h Microbiology tests Antimicrobials: administer or revise Source identification & control plan. D/w ID/micro if uncertain, & review 	 Source identification & control plan documented. 6h Source control initiated 48 – 72 h Review antimicrobials with ID/micro/senior clinician 	 < 3 h Source identification 3-6 h Source control initiated according to clinical urgency 48 - 72 h: Review antimicrobials with ID/micro/senior clinician

Figure 1: Clinical Decision Support framework for initial evaluation of sepsis in adults ≥16 years



AKI – Clinically Led Improvement

	AQ perfect care	Care bundle elements missed
Total patients	3479	7644
Male	2036 (58.5%)	4344 (56.8%)
IMD quintile I	870 (25.0%)	1644 (21.5%)
Mean age	68.9 years	70.5 years
Charlson 3+	1496 (43.0%) 3546 (46.4%	
Median length of stay (days)		12
Mean length of stay (days)	I 7.83 (17.15 – 18.52 95% CI)	I 9. I 5 (18.63 - 19.67 95% CI)

An opportunity to save **10,000 bed days** in North West England every year

Potential to save over £6 million per year by delivering high-quality care

Jan 17 – Mar 22 data



	Included after validation	Excluded after validation
Total	3823	2304
Mean age	73.7	73.8
Died in hospital	581 (15.2%)	549 (23.8%)
Alive at discharge	3243	1755
Emergency 30-day readmission	533 (16.4%)	305 (17.3%)
Median length of stay	6 days	7 days

Apr 22 – Mar 23 data, NW England

In community-acquired pneumonia (CAP), 40% of patients are misdiagnosed



DLD – Clinically Led Improvement



Apr 22 – Mar 23 data, NW England

Hip & Knee – Clinically Led Improvement ape Change Inspire Quality Transform Ca







Readmission rates have fallen in the North West, against the national trend



What Next?



What does good look like?

Measure sets for clinical focus areas aligned to national guidelines; involvement of clinical experts and regional networks



How do we improve?

Bespoke improvement support and improvement plans; consultancy work to support improvement; implementation framework



Where do we need to improve?

Monthly data collection; regular reporting at team, organisation and system level; regional insight reporting



What has worked?

Case studies and papers; collaborative events; virtual learning platform; resource repository and networking



Patient Safety isn't Just About Incidents -We Need to Design for Safety, not Just Address Harm





Patient Safety Learning

- Founded 2018
- A charity and independent voice for patient safety
- Listening, learning & promoting the voice of the 'patient safety front line'
- Mission & Purpose
 - To transform how health & social care organisations think & act in regard to patient safety
 - Patient safety as a core purpose



patient safety

learning



Scale & Impact of Avoidable Harm in Healthcare

In high income countries, WHO estimates 1 in 10 patients are harmed while receiving hospital care – 50% of which is preventable	15% of healthcare costs are attributable to unsafe care	
Unsafe care is one of the top 10 causes of death and disability worldwide	11,000 avoidable deaths each year	

- Patients assume patient safety is a priority until they experience avoidable harm
- Despite the efforts & good work of many, the scale of unsafe care is increasing
- HSJ analysis of NHS data: 30k excess deaths a year in ED (Nov 2023)
- RCEM estimated at least 250 excess deaths per week (April 2024)

Have we normalised an unsafe system?





OECD Report on the **Economics of Patient Safety**

Figure A. Clinical- organisational- and system-level strategies can deliver ROI and value

when implemented in concert

- 40% patient safety issues in primary care
- Patient safety burden
 - More than 7 million hospital admissions every year
 - At least 6% of all hospital beds
 - \$384 billion cost to the global economy in 2022, G20



OECD, The Economics of patient safety: From analysis to action, October 2020

and G20 Health and Development Partnership, The Overlooked Pandemic: How to transform patient safety and save healthcare systems, March 2021.

AQUA Shape Change Inspire Quality Transform Care We need an Organisational & System Framework to Ensure Patient Safety is a Core Purpose



We need a holistic systems approach that integrates organisational & clinical leadership, culture, staff & patient engagement

patient safety learning



- Safety is one priority of many
- Few safety standards
- Not designing safety systems
- Blame culture & fear
- Patients not engaged
- Lack of leadership
- Failure to learn & act
- Healthcare needs to operate as an effective safety management system: safety as a core purpose
- Safety should not be subsumed by 'Quality'



patient safety learning



Hierarchy of Improvement Intervention Effectiveness

Most effective: system-focused

- Prevent the error
- Automation & computerisation
- Standardised based on good practice

Least effective: people-focused

- Reminders & double checks
- Rules & policies
- Education & training
- Need to move from people-focused to system-focused interventions
- Alignment with NHS Impact & Quality Management Systems



safety

learning



Patient Safety isn't Just About Incidents -We Need to Design for Safety, not Just Address Harm





In Practice: NHS Priorities

- PSIRF: replacing the SI framework
 - Understand the factors that have contributed to an incident
 - Lessons are learned
 - And acted upon for improvement
 - Involving patients, families & staff meaningfully
- LFPSE: updated incident reporting system
- Patient Safety Partners & patient engagement
- Culture guidance
- AHSN / HINs: delivering elements of the NHSE strategy
- Highlighted in 2024/25 priorities and planning guidance





Foundations of a Safe Culture

US CMS Structural Measure 5 Domains

- Leadership Commitment to Eliminating Preventable Harm
- Strategic Planning & Organisational Policy
- Culture of Safety & Learning Health System
- Accountability & Transparency
- Patient & Family Engagement

Patient Safety Learning's Standards 7 Foundations



- Strong alignment, also with WHO EMRO 'Patient Safety Friendly Hospital' initiative
- Patient Safety Learning Standards are greater in scope & more comprehensive
- Embeds WHO Global PS Action Plan & NHSE PS Strategy



Leadership	and	governance
Aim 1:		

Patient safety is a core purpose of the organisation. (Patient safety is central to priorities for service delivery, investment, reporting and support.)

Standards	You should have (Outputs and evidence)	You will want to see (Outcomes and behaviours)	Accreditation level
Standard 1.1 – Commitment There is an explicit commitment to patient safety in the organisation's mission statement, which is made available to the public ¹	 Document(s) containing the mission statement Reference to the mission statement in patient information Availability of the mission statement on the organisation's website 	 Board, Executive and staff members able to articulate the organisation's commitment to patient safety and give examples of what this means to them 	Essential
Standard 1.2 – Policy There is a formal up-to-date patient safety policy which has been approved by the Board and is made available to the public	 Documented patient safety policy, subject to regular review and available on the website Approval of the policy recorded in Board meeting minutes Reference to the policy in patient information 	 Patient safety is a core purpose for the organisation with regularly reviewed and updated policies and plans 	Essential
Standard 1.3 – Strategy Patient safety is a core part of the organisation's strategic plan ²	 Specific actions aimed at reducing harm from high priority patient safety risks Impact and evaluation of strategy 	 Patient Safety priorities are evidence- based, informed by risk assessments, stakeholder analysis and engagement with staff and patients Patient safety priorities are informed by current professional guidance, such as RCN Nursing Workforce Standards, GMC and NMC guidance, etc 	Essential



Organisational Snapshot Assessment: 7 Patient Safety Foundations

Do you have the foundations for safer care?	What else should you consider?	Can you be certain?	
Do you have the right leadership & governance to deliver safe care?	Not just commitment, strategies & processes, but behaviours too.	How do you know?	Leadership and governance
Does your organisational culture promote & support patient and staff safety?	Or is your ambition undermined by blame & fear?	Would your staff agree?	Culture
Do you share & apply learning across your organisation?	Not just learning from incidents of unsafe care, but how to apply good practice to mitigate risk.	Has it changed things?	Shared learning
Are you professionalising patient safety?	Are your expert staff using 'What Good Looks Like' to design & deliver safer care?	If not, why not?	Professionalisation of patient safety
Are your patients & their families actively engaged in safety?	Are patients & their families involved in shared decision-making and do their insights inform the design & delivery of improvements, when things go wrong?	Have you asked whether they feel encouraged to do this?	Patient engagement
Do you effectively measure & monitor your safety performance?	Is there sufficient emphasis on proactive risk assessment & quality improvement, rather than focusing overly on retrospective learning from harm?	Do you feel confident in your ability to do so?	Data and insight
Are your patient safety services safe?	Do you have the right conditions & systems to enable your staff to deliver safe care?	How do you assure yourselves?	Delivery of patient safety services



Proof of Concept: GOSH & Patient Safety Learning

- Documented consensus assessment of patient safety
 - Foundations, Aims & Standards
- Board endorsed Patient Safety Transformation Programme
 - Cross organisational commitment and leadership SROs
 - Fully embedding NHSE PS Strategy eg PSIRF
 - Underpinning programmes
 - staff / patient engagement & communications, education
- Redefined patient safety & QI teams
 - Central teams & business partnership
 - PS roles in Clinical Directorates
 - New outcomes & measurement framework to monitor success
- Independent 'critical friend' support from Patient Safety Learning



safety

learning



Our Collective Offer, Building on Our Evidence Base

- Sound methodological approach
- Improvement methodology
- Capability building at scale
- Clinical collaboration that demonstrates continuous improvement



- Diagnostic 'Snapshot'
- Create a plan & goals for improving patient safety
- Data & evidence aligned and embedded to help organisations







patient

safety

learning

- How has your organisation paid attention to clinical improvement for safer care post covid?
- How could a system based approach be an opportunity to measure outcomes wider than LoS, readmissions and mortality?
- Which pathway would you choose to reduce levels of unwarranted clinical variation and deliver safer care?
- If you were to improve the safety of care in your organisation where would you start?
- What defining characteristic have you heard that enables a patient safe culture?
- Could your organisation describe how your safety processes deliver quality outcomes?



Further Information

www.aqua.nhs.uk www.patientsafetylearning.org All of the slides and other Our free award-winning platform to share learning for helpful resources related to patient safety www.pslhub.org this presentation can be found patient using the QR code or visiting: safety management network www.aqua.nhs.uk/internationalforum Patient Safety Standards and resources You can also visit us at Stand 7 www.patientsafetylearning.org/standards in the Exhibition Hall Contact: Contact: patient safety Reducing unwarranted hello@patientsafetylearning.org enquiries@aqua.nhs.uk clinical variation Improving patient ADVANCING QUALITY outcomes learning

helen@patientsafetylearning.org

advancing.quality@aqua.nhs.uk