

Bridge over troubled water: An introduction

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ife

learning from excellence

DO YOU KNOW ABOUT
SAFETY 1
AND
SAFETY 2?



How to
FIND JOY
AT WORK

WATCH NOW:
6 WAYS TO CULTIVATE
JOY AT WORK



DrJessicaLouie.com

Patient safety within safety science



Safety science has a long history





SAFETY

WARNING.







Whose work
contributes to safety?

Healthcare staff

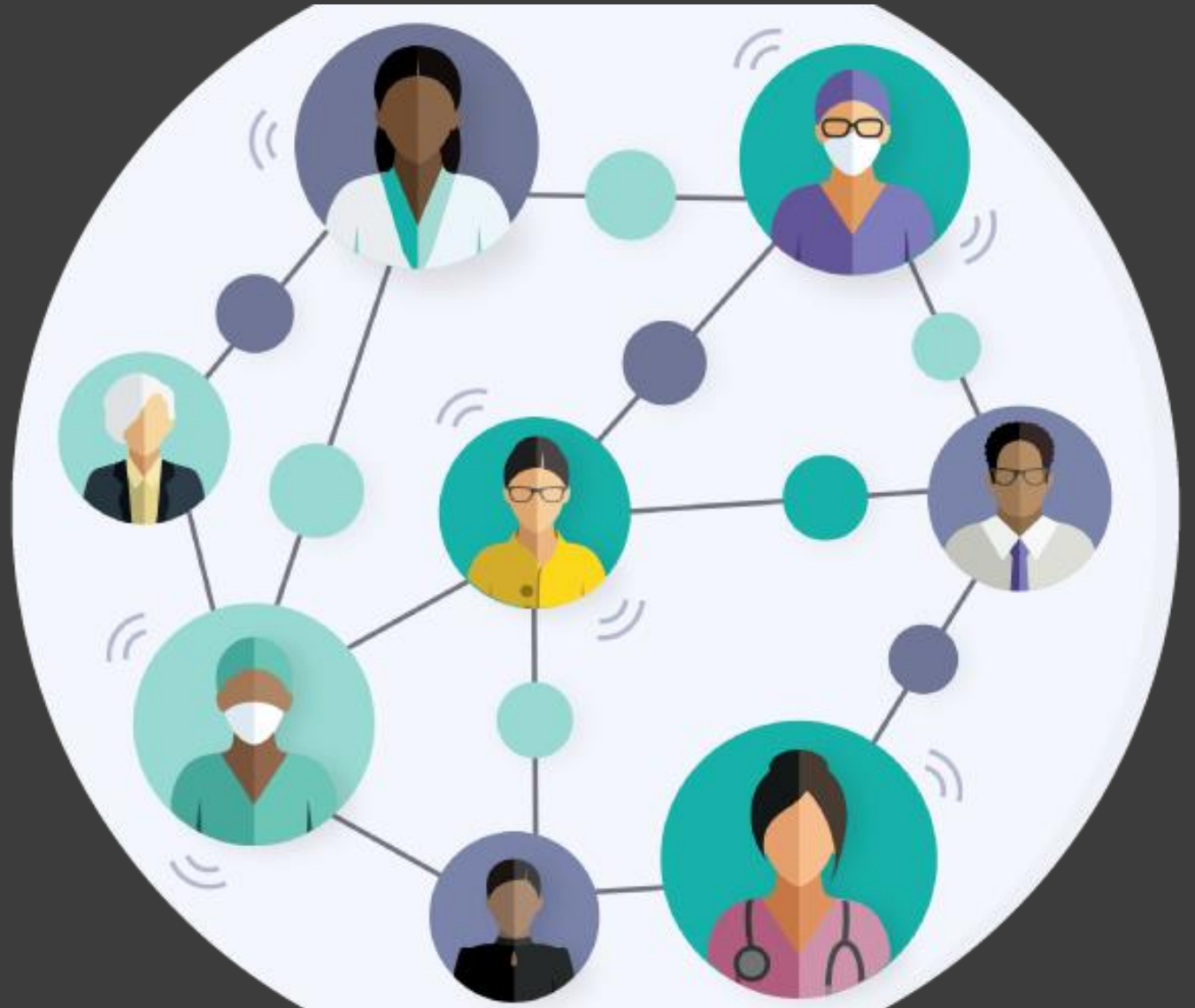
Managers

Suppliers

Policy makers

Regulators

*Patients, families and
carers*





Axel Ros
Background

Debbie Clark
Workarounds in
practice

Siri Wiig
Collective learning

**Catherine
Calderwood**
Where do we go from
here?

Rebecca Lawton
Summary and close

Bridge over troubled water

Part 1, some theory

Safety I & II
Resilience
Work-as-done
Workarounds

Axel Ros

Chief medical officer/Associate professor

Region Jönköping County/Jönköping University



Workaround (according to Wikipedia)

- A workaround is **a bypass** of a recognized problem or limitation in a system or policy.
- A workaround is typically **a temporary fix** that implies that a genuine solution to the problem is needed. But workarounds are **frequently as creative as true solutions, involving outside the box thinking in their creation.**
- Typically they are considered **brittle** in that they will not respond well to further pressure from a system beyond the original design. Placing pressure on a workaround may result in later system failures.
- Workarounds can also be **a useful source of ideas for improvement** of products or services.



A warm-up

- Who do we have in the room?
health care practitioners, patient safety practitioners, managers, patients, politicians, policy makers, researchers...?
- Present yourself to a neighbour – and briefly disclose a workaround you have recently done (at work or off-work)
 - *what happened?*
 - *did it go well?*
 - *how did you feel?*



Healthcare is a complex adaptive system

- It's a big system!
- It is complex
- Variability needed to manage variability
- Adaptations
- Intractable



Complexity – safety

- Modern healthcare systems are complex
- Complexity relates to variability – changes, disturbances, challenges and opportunities
- Safety in healthcare has to address the complexity
- Complexity has implications to how we understand safety

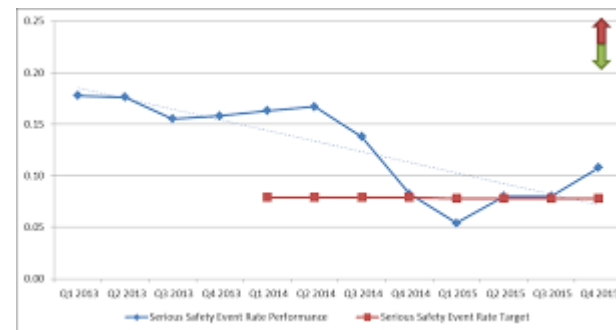


What does it mean to be safe?



When we think about safety, we usually think about accidents – about (low probability) events with adverse outcomes.

A system is safe if as little as possible goes wrong.



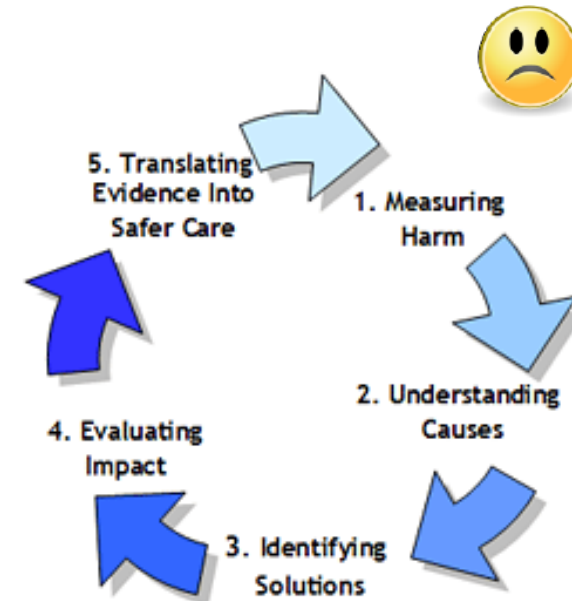
Safety-I

Safety – the traditional way to see it When nothing goes wrong

Safety is a condition where the number of adverse outcomes (accidents / incidents / near misses) is as low as possible.

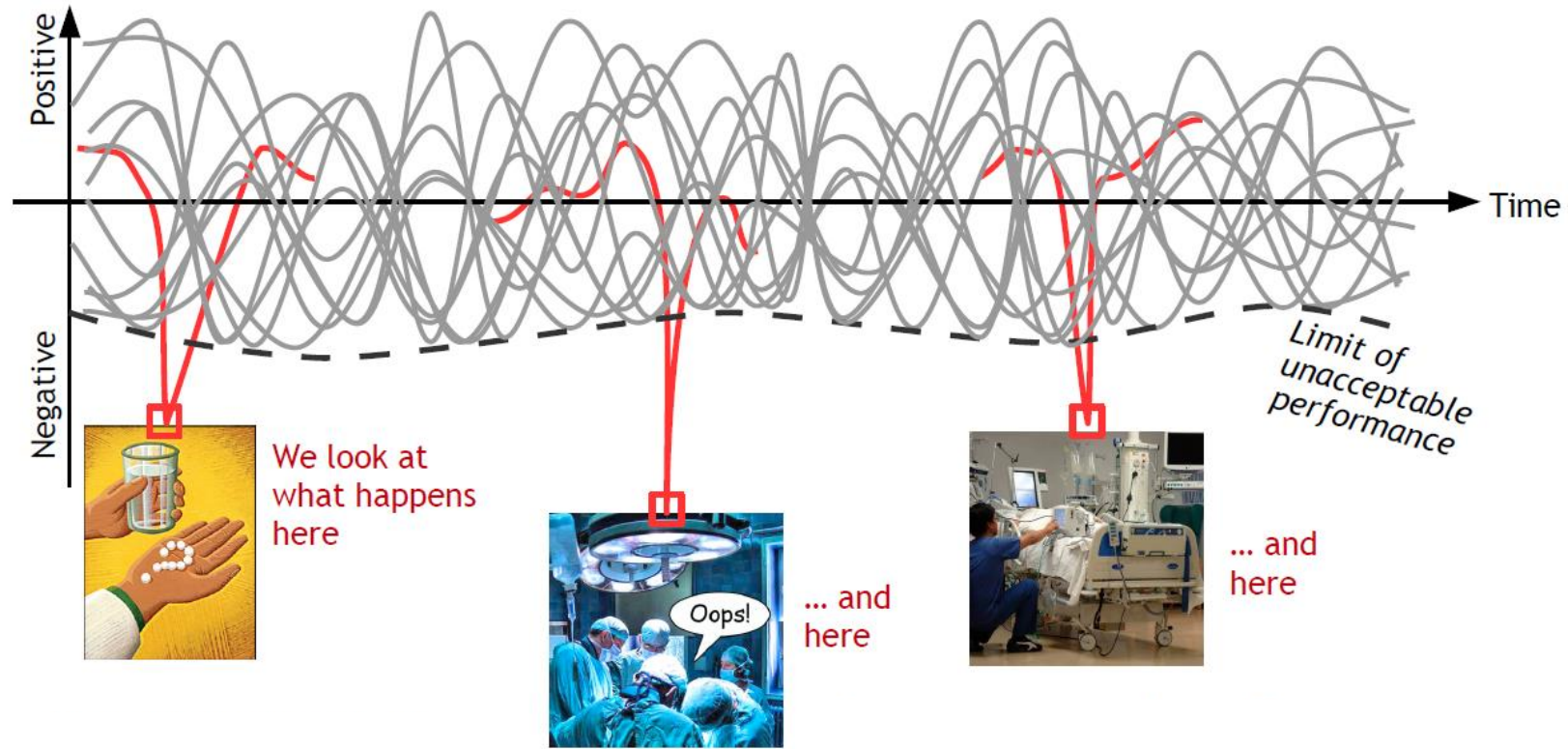
Safety is defined by its opposite – by the lack of safety (accidents, incidents, risks).

The premise for safety is the need to understand why accidents happen.



Safety-I

Managing safety by snapshots



In a complex world everyday work must be flexible to cope with the variability



People adjust what they do to match the situation. These adjustments are inevitable and necessary.



Resources may be limited and uncertain (time, manpower, materials, information, etc.).



Because of resource limitations, performance adjustments will always be approximate.



Performance variability is the reason why everyday work is safe and effective.



Performance variability is the reason why things sometimes go wrong.



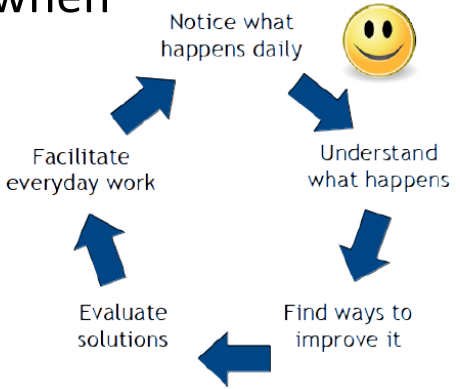
Safety-II

Safety – another way to see it When everything goes right

Safety is a condition where the number of successful outcomes (meaning everyday work) is as high as possible.

It is the ability to succeed under varying conditions.

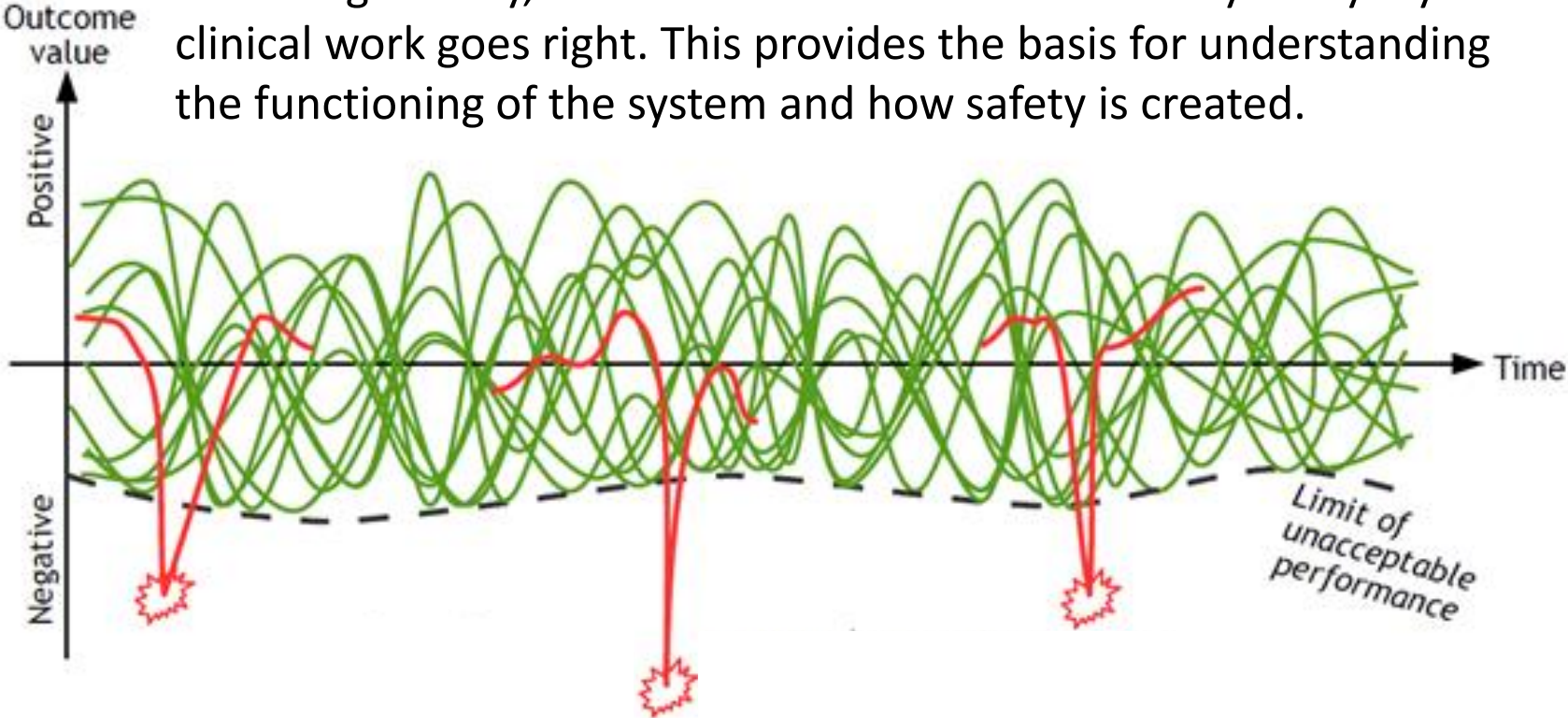
Safety concerns should be directed at everyday events, at that which happens when “nothing” happens, when work just goes as it should.



Safety-II

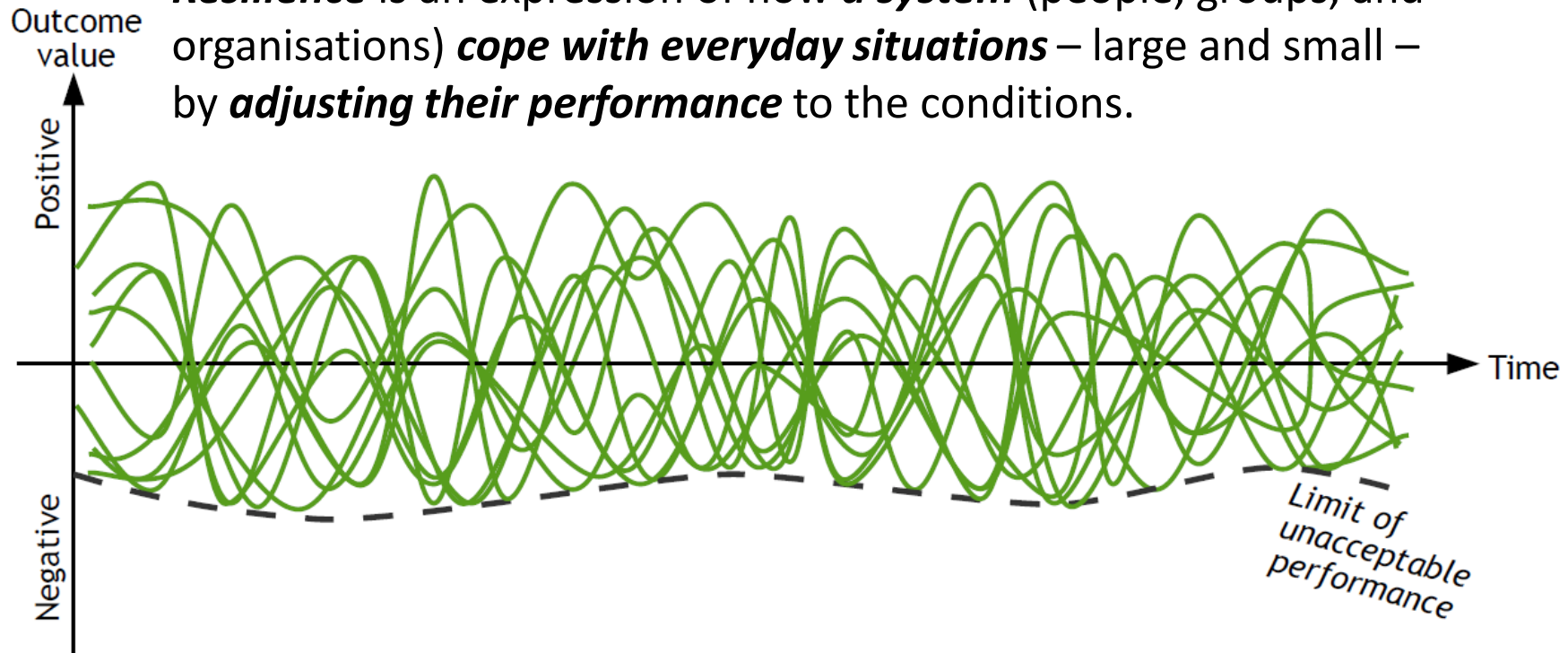
Managing safety differently

To manage safety, we must understand how and why everyday clinical work goes right. This provides the basis for understanding the functioning of the system and how safety is created.



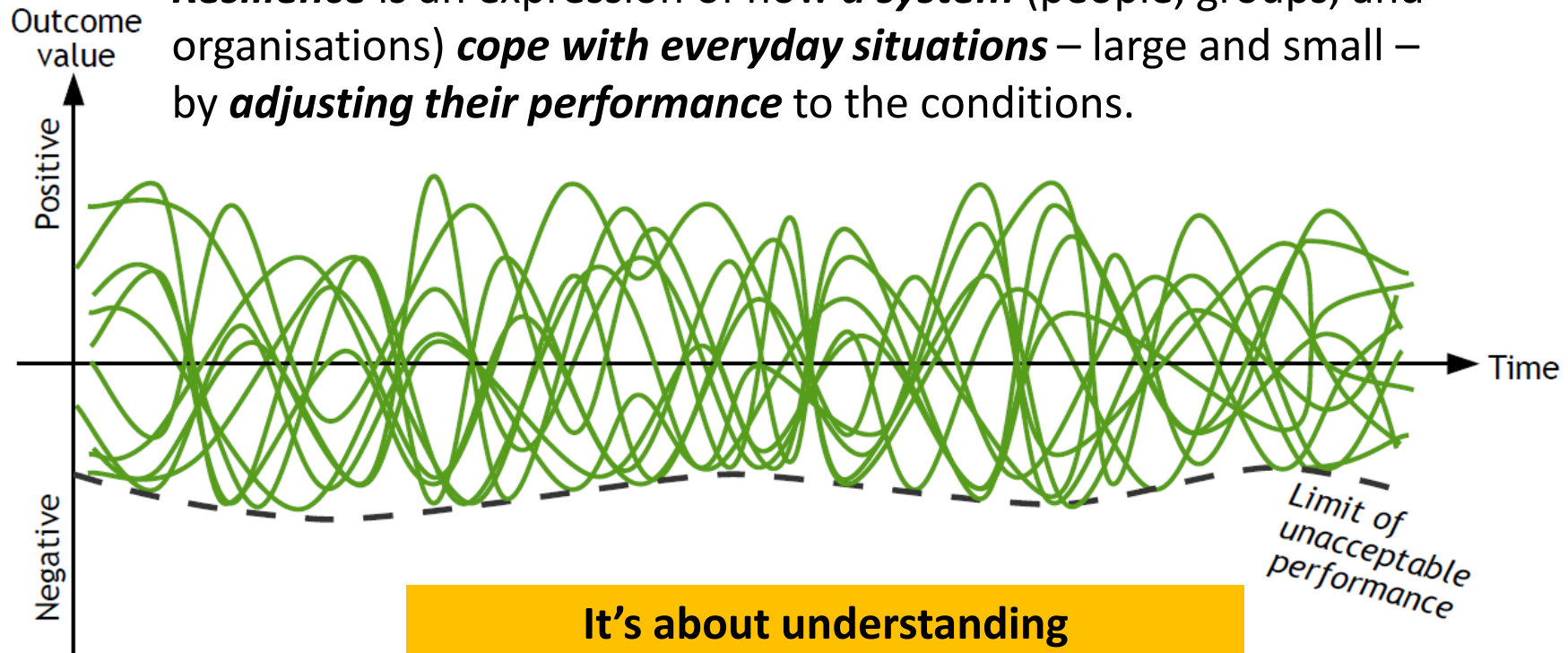
The focus of resilience

Resilience is an expression of how **a system** (people, groups, and organisations) **cope with everyday situations** – large and small – by **adjusting their performance** to the conditions.



The focus of resilience

Resilience is an expression of how **a system** (people, groups, and organisations) **cope with everyday situations** – large and small – by **adjusting their performance** to the conditions.



**It's about understanding
how people muddle through
their everyday work**



Definitions

Resilience

A resilient system can adjust its functioning prior to, during, or following events (changes, disturbances, and opportunities), and thereby sustain required operations under both expected and unexpected conditions.

(Hollnagel 2015)

Resilient healthcare

A healthcare system's capacity to adapt to challenges and changes at different system levels, to maintain high-quality care.

(Wiig et al 2020)

Resilient performance is a (an intrinsic) system property.

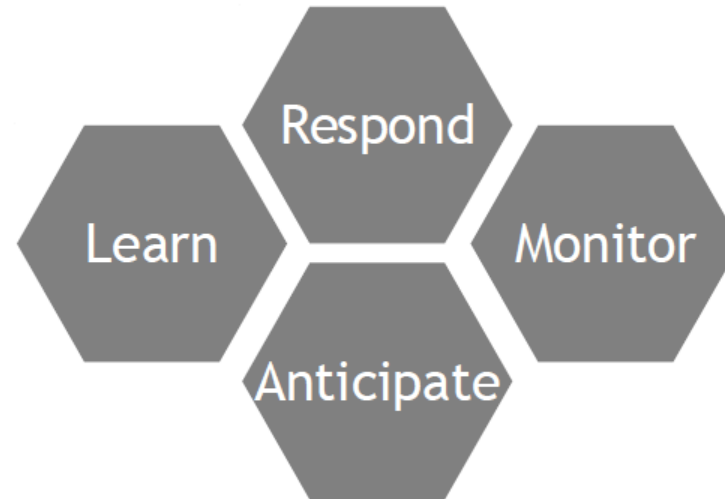


Resilient performance

Resilience is created, it is something that is done

Resilient performance requires that an organisation has the ability to

- **respond** to that what happens,
- **monitor** what is happening,
- **anticipate** what might happen,
- **learn** from everything.



An example

Resilient performance in the
containment of an outbreak of ESBL-
producing *Klebsiella* in a neonatal
intensive care unit



The setting

- County hospital Ryhov, Jönköping, Sweden
- Neonatal intensive care unit (NICU)
- ESBL-producing Klebsiella outbreak June 2015
- 5 infected children, no invasive disease
- Outbreak group leading the work with outbreak containment



The ability to Respond

- Evident both in the outbreak group and the NICU staff
- Both in activities according to routines and in activities that were adaptations to the events and situation

➤ NICU staff responses and actions according to decisions from the outbreak group.

We did what we were told to do, sometimes even more

➤ Sometimes decisions were unclear, or difficult to adhere to

But we managed anyway



The ability to **Monitor**

- Monitoring is a part of the work in the outbreak group
- Monitoring was not an integrated part of the staff work

- According to standard routines
Eco-cultures, environment cultures to detect infections



The ability to **Anticipate**

- To evaluate future events, to be prepared
- To be informed of relevant important matters and reflect over anticipated events increases the abilities to deal with the outbreak

If these cultures turn out positive we will...

➤ Important part of work in the outbreak group



The ability to **Learn**

- Learning that had an impact on work during the outbreak
- Learning that facilitates situational awareness
- A need to learn more was expressed

➤ There can not be too little information

After a while we took up an afternoon meeting, besides the morning one

➤ Where is the risk?

It's the parents that are careful and thorough; it's us that mixes things up





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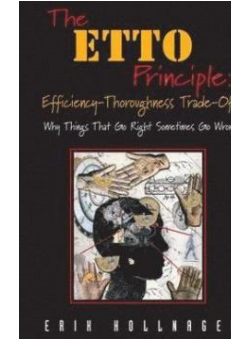
Trade-offs and Workarounds

natural and necessary in complexity



ETTO –

Efficiency Thoroughness Trade-off (Erik Hollnagel)



Efficiency – time to perform
relates to being fast and efficient

Thoroughness – time to think, reflect, plan
relates to safety and accuracy



We do trade-offs all the time.

To save time, energy, money.....

Full efficiency and full thoroughness at the same time is impossible.



ETTO – *Efficiency Thoroughness Trade-off*

Workarounds!

Efficiency – time to perform
relates to being fast and efficient

Thoroughness – time to think, reflect, plan
relates to safety and accuracy

We do trade-offs all the time.

To save time, energy, money.....

Full efficiency and full thoroughness at the same time is impossible.



ETTO / workarounds

ETTO – shortcuts and workarounds – to save time, energy, money.....

If you assume that A “always” is true in situation B,
you do not have to check every time – *or do you?*

You only check what is important.
But how can you know? And when?

Exemples

- *“This is not really important”*
- *“This normally is OK, so we don’t have to check”*
- *“This looks like X, so it has to be X”*
- *“We have to finish in time”*



ETTO / workarounds

ETTO – shortcuts and workarounds – to save time, energy, money.....

If you assume that A “always” is true in situation B,
you do not have to check every time – *or do you?*

You only check what is important.
But how can you know? And when?

***Carelessness, or only human?
Regardless, you probably have
to accept that this is the way it is***

Exemples

- *“This is not really important”*
- *“This normally is OK, so we don’t have to check”*
- *“This looks like X, so it has to be X”*
- *“We have to finish in time”*





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An example

A blood transfusion case



- A busy Saturday at the OR ward
- Two surgeries at adjacent rooms
- Both patients in need of blood transfusion
 - in OR 10 Sven Svensson, a male born 1947, personal ID 471112-2476
 - in OR 11 Stina Svensson, a female born 1947, personal ID 471103-2464
- Nurse anesthetist in OR10 receive a blood bag for her patient, assumes it is right since she has never got the wrong bag before, is in a hurry, reads name and ID (in hindsight too) fast, and misses that she has Stina Svensson's blood bag in her hands.



An example

A blood transfusion case



- A busy Saturday at the OR ward
- Two surgeries at adjacent rooms
- Both patients in need of blood transfusion
 - in OR 10 Sven Svensson, a male born 1947, personal ID 471112-5076
 - in OR 11 Stina Svensson, a female born 1947, personal ID 471103-2464
- Nurse anesthetist in OR10 receives a blood bag for her patient, assumes it is right since she has never got the wrong bag before, is in a hurry, reads name and ID (too) fast, **Efficiency before thoroughness** and misses that she has Stina Svensson's blood bag in her hands



More examples?

Do you have any own examples of
ETTO
that you want to share?



Muddling through
and
Work-as-imagined vs. Work-as-done



Work

- laws
- rout
- instr
- exper



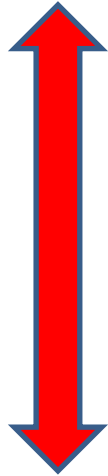
Work-as-done

How the work is actually done, when the ideal meets the reality

- complexity
- adaptations
- trade-offs
- workarounds
- resources



Work-as-imagined

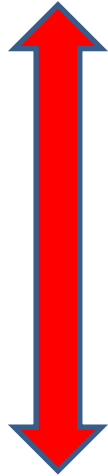


There is a gap!

Work-as-done



Work-as-imagined



Work-as-done

To reconcile

- This is reality
- Important to recognize and understand the gap
- Don't blame – learn!
- Often to understand (and fix) preconditions for work



Any own examples?

Do you have any own examples of
WAI vs WAD
that you want to share?



A brief recap

Safety I & II

Resilience

Workarounds / ETTO

Work-as-done vs. Work-as-imagined



The Resilient Health Care Society
www.rhcs.se

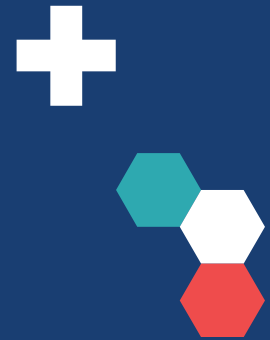


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For Improvement of Health and Welfare



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Bridge over troubled waters – Part 2. Do ^{you Axel for} safety standard workarounds support resilience?

Debbie Clark

THIS Institute PhD Fellow

Supervisors: Professor Jane O’Hara, Professor Rebecca Lawton, Associate Professor Laura Sheard.

Study funded by a The Healthcare Improvement Studies (THIS) Institute fellowship award.



Through taking part in this session you will...

- Have an insight into safety standard workarounds performed in different healthcare contexts.
- Explore what workarounds are achieving, for who, considering the circumstances when using a workaround might be more beneficial than following a standard.
- Gain an understanding of perspectives from different levels of the healthcare system on if and when workarounds contribute to resilient performance.
- Have an insight into if and how studying workarounds can be used to support future improvement efforts.

Defining safety standard workarounds.

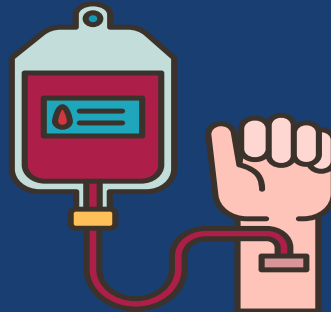


‘An adaptation, improvisation or change, to an existing work rule designed to promote safety, in order to overcome, or lessen the impact of obstacles that are perceived as preventing that work system or its actors from achieving a desired goal.’
(Based on Alter, 2014).

Multiple case study (Flyvbjerg, 2006; Stake, 1995).

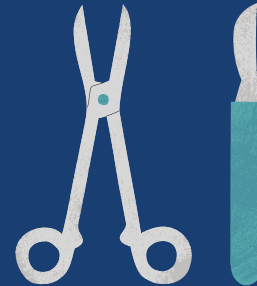


Ultra safe



Haematology

High reliability



Elective Surgery

Ultra adaptive



Emergency Department

How is the practice of IV medication administration enacted by registered nurses in different healthcare settings within an acute hospital in England?

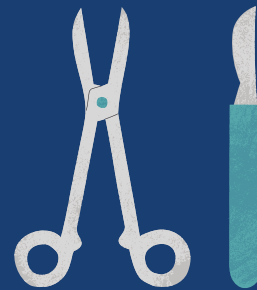
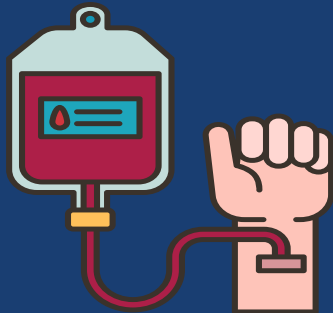


Multiple case study findings.

A single task may be associated with multiple safety standard workarounds.

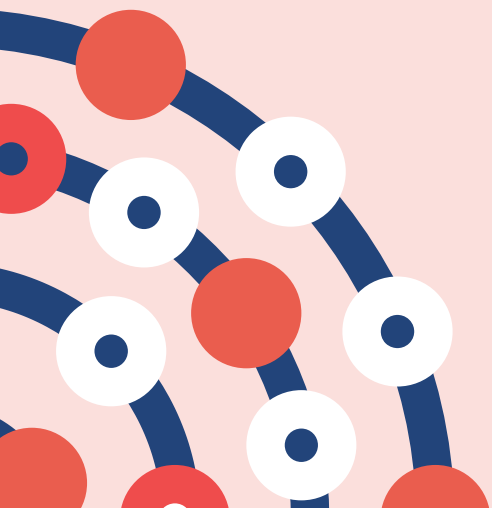
Some safety standard workarounds are common across all settings, others are not.

Some safety standard workarounds may be beneficial to patient safety in certain circumstances, others are not.





Tabletop discussions

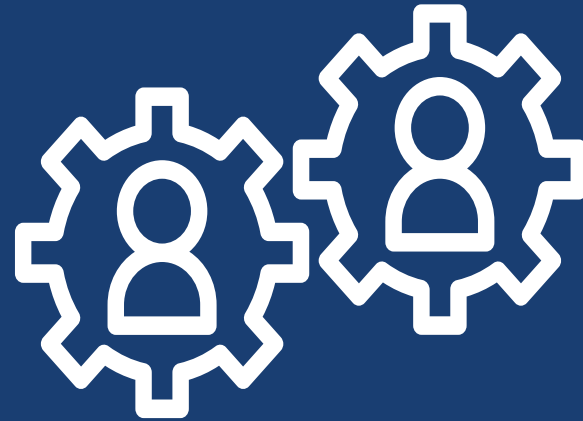


Exemplar safety standard workarounds.



1. Who is the workaround helping?
2. When is the workaround helping?
3. Can the workaround be regarded as safe in some circumstances?

Highly reliable site – Double check omission.



Ultra Safe site – Prescription adaptation.



Ultra adaptive site – ePrescription system.

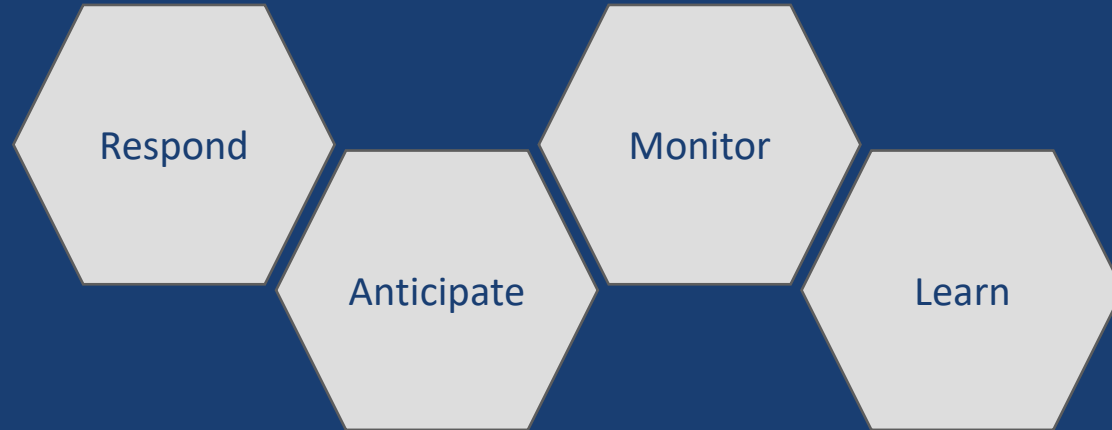


Are workarounds beneficial for safety in some circumstances? Do they support system resilience?

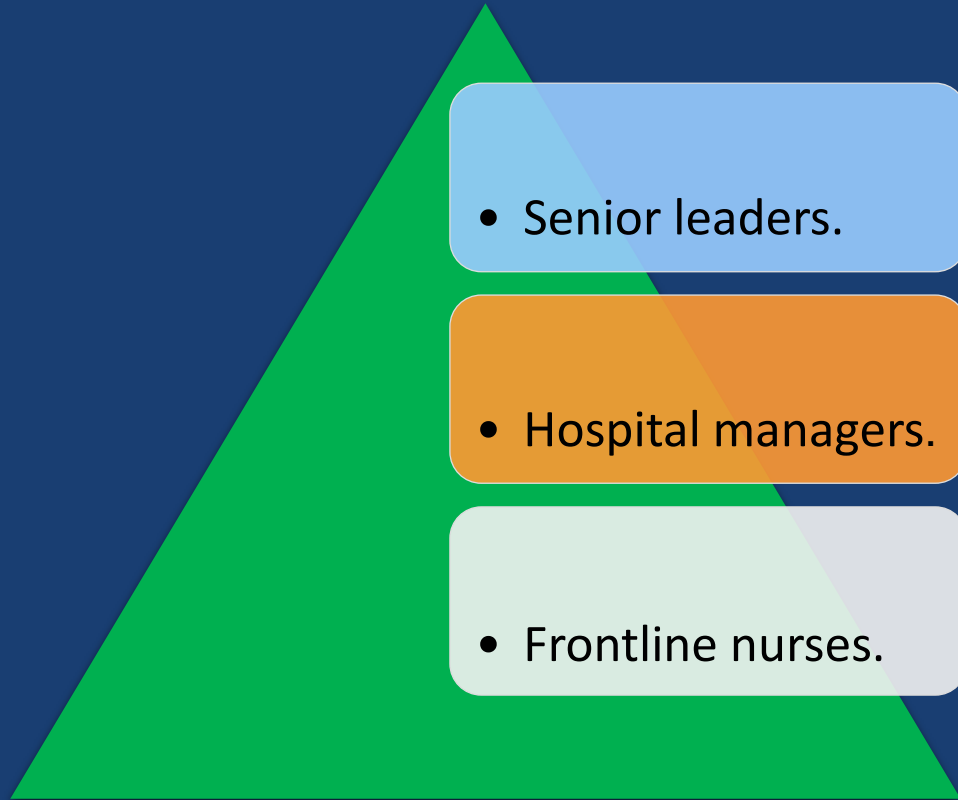


Safety II

The system's ability to succeed under varying conditions (Hollnagel, 2015).



Online focus groups study (Daniels, 2019).



Workarounds are perceived to help...

- Patient(s)
- Nurse/ Team
- Organisation

You could make it safer, but you'd need to know what's really going on in the first place. P16

I think morally you want to do what's best for the patient in that moment. P12.

I think sometimes it's nerves you're worried and stressed yourself, thinking that patients gonna react. So I wanna be ultra prepared to be able to deal with it quickly. P2.

I have seen single person checks that have been done perfectly, absolutely spot on and considered safe. I've seen two person checks that have been shambolic and not actually achieve anything. P23.

Workarounds are useful when....

- Adherence to policy perceived to result in less effective care
- Working in challenging conditions
- Balancing risks

I understand that standards are required, but sometimes it's absolutely impossible. And then when we don't follow those standards, people are reprimanded and that doesn't drive a good culture.

P16.

What's kind of what's morally right and what's policy right. P13.

It's about balancing risk. I would advise the nurses, doctors, AHPs, use your clinical knowledge and do what you think is right and the best thing for that patient at that time. P24.

Are workarounds safe in some circumstances?

- Culture
- Dynamic risk assessments
- Safe adaptation

I think you need to have a culture, again, I'm talking about culture, where it gives the nursing staff confidence to make those decisions.

P22.

Given the balance of risk, we have to say yes, it's safer for the patient if we deviate. P17.

It was a good outcome (using the workaround) because the alternative would have beenprobably terrible. P2.

That's not what the standards say, no, but you've got the patient in front of you and you're using your eyes and your ears and your clinical knowledge, and that takes precedent over the policy. P24.

How can workarounds be used to improve care?





Thank you for taking part.



SIRI WIIG

Center director, Professor of Quality and Safety in Healthcare Systems, University of Stavanger, Norway
Honorary Professor, Australian Institute of Health Innovation, Macquarie University, Australia
Honorary Professor, University of Wollongong, Australia
Adjunct Professor, Western Norway University of Applied Sciences, Norway

Testing the digital Resilience in Healthcare learning tool to translate safety II thinking and adaptive capacity into practice

Acknowledgements:

Cecilie Haraldseid-Driftland, Hilda Bø Lyng, Veslemøy Guise, Birte Fagerdal, Heidi Dombestein, Hilde Valen Wæhle, Eline Ree, Lene Schibeavaag, Sina Øyri, Janet Anderson, Carl Macrae, Jeffrey Braithwaite, Karina Aase



University
of Stavanger



Learn from success and everyday
work?

Why resilience and adaptive capacity are crucial



**RAPID CHANGES &
INNOVATION**



COMPLEXITY



EMERGING RISKS



PANDEMICS



**RETHINKING
CURRENT
APPROACHES**

Resilient healthcare principles

1. **Complex system** requires to **anticipate** problems, **adapt**, and **prioritise** competing demands
2. **Procedures are not always helpful** - they cannot anticipate all interactions
3. **Adapting safely** to pressures keeps the system functioning -> **improvement efforts** should focus on **strengthening this capacity**

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journal homepage: <http://www.elsevier.com/locate/apergo>





Defining adaptive capacity in healthcare: A new framework for researching resilient performance

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^b Dental School, School of Medicine, University of Glasgow, UK
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^d Faculty of Health Sciences, SHARE – Centre for Resilience in Healthcare, University of Stavanger, Norway

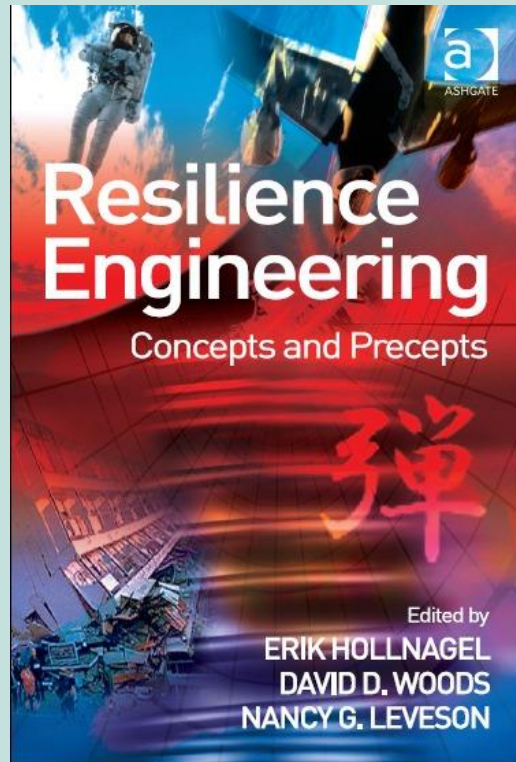
Resilience and adaptive capacity

Resilience:

- *Resilience is defined as the capacity to adapt to challenges and changes at different system levels, to maintain high quality care*

(Wiig et al 2020)

- Capacity to adapt to changes is fundamental for quality of care



Wiig et al. BMC Health Services Research (2020) 20:330
<https://doi.org/10.1186/s12913-020-05224-3>

BMC Health Services Research

DEBATE

Open Access

Defining the boundaries and operational concepts of resilience in the resilience in healthcare research program



Siri Wiig¹, Karina Aase¹, Stephen Billett², Carolyn Canfield³, Olav Røise^{1,4,5}, Ove Njå⁶, Veslemøy Guise¹, Cecilie Haraldseid-Driftland¹, Eline Ree¹, Janet E. Anderson^{1,7}, Carl Macrae^{1,8} and on behalf of the RiH-team

Abstract

Background: Understanding the resilience of healthcare is critically important. A resilient healthcare system might be expected to consistently deliver high quality care, withstand disruptive events and continually adapt, learn and improve. However, there are many different theories, models and definitions of resilience and most are contested and debated in the literature. Clear and unambiguous conceptual definitions are important for both theoretical and practical considerations of any phenomenon, and resilience is no exception. A large international research programme on Resilience in Healthcare (RiH) is seeking to address these issues: in a 5-year study across Norway, England, the Netherlands, Australia, Japan, and Switzerland (2018–2023). The aims of this debate paper are: 1) to identify and select core operational concepts of resilience from the literature in order to consider their contributions, implications, and boundaries for researching resilience in healthcare; and 2) to propose a working definition of healthcare resilience that underpins the international RiH research programme.

Main text: To fulfil these aims, first an overview of three core perspectives or metaphors that underpin theories of resilience are introduced from ecology, engineering and psychology. Second, we present a brief overview of key definitions and approaches to resilience applicable in healthcare. We position our research program with collaborative learning and user involvement as vital prerequisite pillars in our conceptualisation and operationalisation of resilience for maintaining quality of healthcare services. Third, our analysis addresses four core questions that studies of resilience in healthcare need to consider when defining and operationalising resilience. These are: resilience for what, to what, of what, and through what? Finally, we present our operational definition of resilience.

Conclusion: The RiH research program is exploring resilience as a multi-level phenomenon and considers adaptive capacity to change as a foundation for high quality care. We, therefore, define healthcare resilience as: *the capacity to adapt to challenges and changes at different system levels, to maintain high quality care*. This working definition of resilience is intended to be comprehensible and applicable regardless of the level of analysis or type of system component under investigation.

Keywords: Resilience, Healthcare, Adaptive capacity, Change, System perspective, Multi-level approach, Conceptualization

Capacities for Resilient Healthcare

Contents lists available at ScienceDirect
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 ELSEVIER Journal homepage: www.elsevier.com/locate/apergo

Exploring the nature of adaptive capacity for resilience in healthcare across different healthcare contexts; a metasynthesis of narratives

Hilda Bø Lyng^{a,*}, Carl Macrae^{a,b}, Veslemøy Guise^a, Cecilie Haraldseid-Driftland^a, Birte Fagerdal^a, Lene Schibevaag^a, Janne Gro Alsvik^a, Siri Wiig^a

RESEARCH

Balancing adaptation and innovation for resilience in healthcare – a metasynthesis of narratives

Hilda Bø Lyng^{1,*}, Carl Macrae^{1,2}, Veslemøy Guise¹, Cecilie Haraldseid-Driftland¹, Birte Fagerdal¹, Lene Janne Gro Alsvik¹ and Siri Wiig¹

RESEARCH Open Access

Capacities for resilience in healthcare; a qualitative study across different healthcare contexts



Hilda Bø Lyng^{1,*}, Carl Macrae^{1,2}, Veslemøy Guise¹, Cecilie Haraldseid-Driftland¹, Birte Fagerdal¹, Lene Schibevaag¹ and Siri Wiig¹





Understanding patient and stakeholders' role in resilience

BMJ Open Patient and stakeholder involvement in resilient healthcare: an interactive research study protocol

Veslemøy Guise ¹, Karina Aase ¹, Mary Chambers,² Carolyn Canfield,² Siri Wiig¹

To cite: Guise V, Aase K, Chambers M, *et al.* Patient and stakeholder involvement in resilient healthcare: an interactive research study protocol. *BMJ Open* 2021;**11**:e049116. doi:10.1136/bmjopen-2021-049116

► Prepublication history for this paper is available online. To view these files, please visit the journal online (<http://dx.doi.org/10.1136/bmjopen-2021-049116>).

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ABSTRACT

Introduction Resilience in healthcare (RIH) is understood as the capacity of the healthcare system to adapt to challenges and changes at different system levels, to maintain high-quality care. Adaptive capacity is founded in the knowledge, skills and experiences of the people in the system, including patients, family or next of kin, healthcare providers, managers and regulators. In order to learn from and support useful adaptations, research is needed to better understand adaptive capacity and the nature and context of adaptations. This includes research on the actors involved in creating resilient healthcare, and how and in what circumstances different groups of patients and other key healthcare stakeholders enact adaptations that contribute to resilience across all levels of the healthcare system.

Methods and analysis This 5-year study applies an interactive design in a two-phased approach to explore and conceptualise patient and stakeholder involvement in resilient healthcare. Study phase 1 is exploratory

Strengths and limitations of this study

- This study will contribute to a limited yet growing body of knowledge of patient and stakeholder involvement (PSI) in resilience in healthcare (RIH).
- This study will translate system-wide concepts of resilience into practice by developing and testing a conceptual model for PSI in RIH.
- This study adopts a participatory approach to the development and test of a conceptual model for PSI in RIH, involving stakeholders from a variety of healthcare contexts across all levels of the healthcare system.
- This study features a broad approach to healthcare stakeholders which include patients and family carers, as well as providers, managers and regulators of healthcare services.
- The 5-year project period may restrict opportunities for documenting long-term outcomes of the implementation of the conceptual model for PSI in RIH.

Guise *et al.* *BMC Health Services Research* _#####_
<https://doi.org/10.1186/s12913-024-10654-4>

BMC Health Services Research

RESEARCH

Open Access



Identifying, categorizing, and mapping actors involved in resilience in healthcare: a qualitative stakeholder analysis

Veslemøy Guise^{1*}, Mary Chambers², Hilda Bø Lyng¹, Cecilie Haraldseid-Driftland¹, Lene Schibevaag¹, Birte Fagerdal¹, Heidi Dombestein¹, Eline Ree¹ and Siri Wiig¹

 **SHARE** Centre for Resilience in Healthcare
University of Stavanger

Understanding resilience in teams and role of leaders



RESEARCH

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Exploring the role of leaders in enabling adaptive capacity in hospital teams – a multiple case study



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SEPSIS

From words to action – What does it take?

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↘ Test the Resilience in Healthcare – A digital learning tool for practice



Welcome to the Resilience in Healthcare reflection tool - learning from what goes well



Select one of the elements below. We recommend that you start with mapping.



Mapping

Here, you are asked to score your team/unit on three statements for each of the 10 different resilience capacities, in order to map your current status of own team/units' resilience capacity.

[Go to mapping](#)



Scenario

Here, you will get an overview of all the learning scenarios. You can use these to consider one or more resilience capacities in depth.

[Go to scenarios](#)



Resilience reflection list

Here, you will find a simple overview of how you can reflect on the team/unit's capacity for resilience by reflecting on situations in everyday life.

[Go to resilience reflection list](#)



Mapping

Aim:
Awareness of areas of own
team/units' capacity for
resilience



Mapping





Mapping

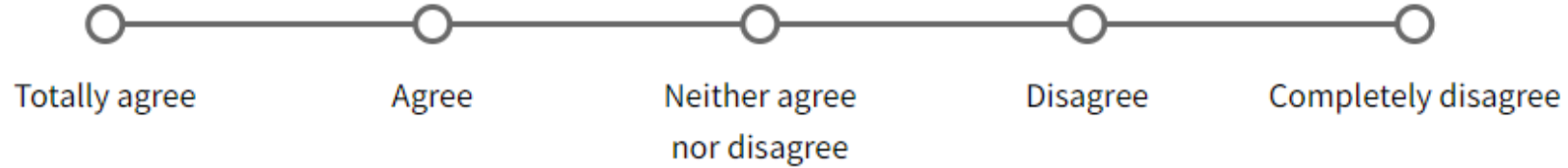




Mapping

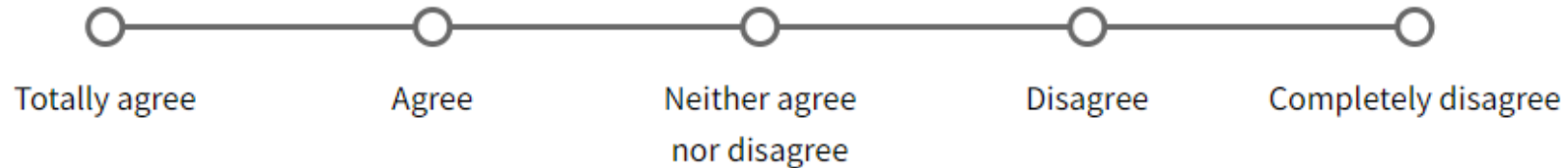
Question 1:

We are good at collecting information from various sources and using it to anticipate and prevent adverse situations from arising.



Question 2:

We are keen to have an open discussion about risk across different professions, in order to shed light on a situation from different points of view and find out how to handle various situations. (For example, discussion between a doctor and nurse about a patient's assessment and why it has been assessed in that particular way.)



Question 3:

We use clear and precise language with objective information (such as BP/pulse/other measurements) to communicate potential hazards well across professions.

Test in groups 1

1. Open the tool
2. Select one or two capacities (leadership or risk awareness)
3. Discuss in groups the statements and try to respond
4. Reflect on how you could use this in your organisation or unit



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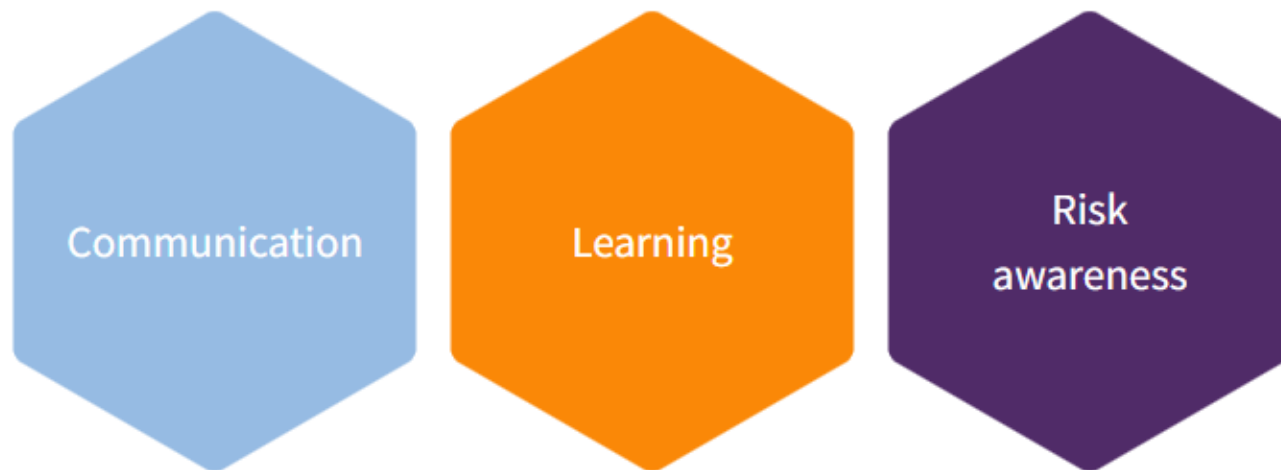


Mapping

Result

These are the three capacities that you excel at. Click on 'See scenario' to get suggestions for the scenarios you can work on further to become aware of what you are good at and why. You will now continue working on the indicators that you perform well on.

Here you perform the best:





Mapping

Communication

Learning

Risk awareness

See all results



Communication : 13.05%

Risk awareness : 13.04%

Learning : 13.04%

Facilitator : 12.17%

Structure : 12.17%

Leadership : 11.3%

Alignment : 8.7%

Competence : 6.96%

Coordination : 5.22%

Involvement : 4.35%





Scenario

Aim:

Understand *what* your team does that provides positive outcomes



Scenario



Structure 1

Access to resources and task management

Lack of resources in the department and ambiguities around the distribution of tasks

[See scenario](#)



Structure 2

Newly employed staff

Newly employed staff who has challenges settling in

[See scenario](#)



Structure 3

Medication administration

Busy work day, challenges with medication administration

[See scenario](#)



Learning 1

Simulation at the workplace

Facilitating learning situations at work



Learning 2

Training and skill development

Example of how the management facilitates skills development at the



Learning 3

Patient admission

Newly admitted patient

Test in groups 2

1. Go to the scenario part
2. Select leadership
3. See scenario: Leadership 1
4. Discuss in groups the questions for reflection
5. Reflect on how you could use this in your organisation or unit



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Questions for reflection

1. How does management ensure professional development among staff, even when there is a shortage of resources?
2. What measures are taken to increase staff commitment and motivation in their work?



Resilience reflection list

Here you will find three questions that could help you perform a resilience reflection. The questions are a tool that can be used in everyday work, for example after completing a task, before or after a handover, or any another occasion where you come together and talk to your co-workers. The resilience reflection list consists of 3 simple questions to help you reflect on what went well and why. One of the questions asks you to discuss how the different capacities of resilience contributed to the success of the situation. This is to help you to describe and justify why things went well, so that you can better understand what it is that contributes to better outcomes - and in turn learn from this and transfer it to other situations.

Resilience reflection

1. What went **well** and why?
2. How did the different **capacities of resilience** contribute?
3. What did you **learn** and how can it **be applied** further?

Download the
resilience reflection
list



Take it home!

Here you will find
concrete tips on
how to strengthen
resilience



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Resilience in Healthcare

Resilience reflection tool:

1. What went **well** and why?
2. How did the different **resilience capacities** contribute?
3. What did you learn and how can his be **applied** to other areas?

Here you will find
concrete tips on
how to strengthen
resilience



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Professor Catherine Calderwood

**Professor of Health Futures, University of Strathclyde,
Glasgow**

Consultant Obstetrician NHS Lothian, Edinburgh

Former Chief Medical Officer for Scotland



University of
Strathclyde
Glasgow







You may choose to look the other way but you can never say again that you did not know.

~ William Wilberforce



Can It's a Sin win?

Russell T Davies' 80s drama up for 11 awards at television Baftas



Page 9

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The Guardian

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NHS maternity scandal: police investigate 600 further cases

Report condemns staff failures that may have led to 201 baby deaths

Andrew Gregory
Health editor

Police are examining 600 cases linked to the biggest maternity scandal in NHS history after a damning report into baby deaths condemned health staff for blaming mothers while ignoring their own catastrophic blunders. The independent inquiry into maternity practices at Shrewsbury and Telford hospital NHS trust

uncovered hundreds of cases in which health officials had failed to undertake serious incident investigations, while deaths were dismissed or not investigated appropriately.

Instead, grieving families were denied access to reviews of their care and mothers were blamed when their babies died or suffered horrific injuries.

A total of 201 babies and nine mothers could have or would have survived if the NHS trust had provided better care, the inquiry found.

There were 29 cases where babies suffered severe brain injuries and 65 incidents of cerebral palsy. Rhiannon Davies, one of the mothers who fought for justice for

years after her daughter Kate died in 2009, said the numbers did "not tell the whole story" of the impact on the families.

Sajid Javid, the health secretary, issued a Commons apology yesterday, telling MPs: "We entrust the NHS with our care, often when we're at our most vulnerable. In return we expect the highest standards.

"When those standards are not met, we must act firmly and the failures of care and compassion set out in this report have absolutely no place in the NHS. To the families that have suffered so gravely, I am sorry."

Javid offered reassurances that NHS staff responsible for the "serious and repeated failures" would be

"The families live with unimaginable trauma and grief"

DCS Damian Barratt
West Mercia police

held to account. "There is also an active police investigation, Operation Lincoln, which is looking at around 600 cases," he said.

Detective Chief Superintendent Damian Barratt, of West Mercia police, said the investigation was "very much active" and added: "We will be fully reviewing the findings

of the report and feeding appropriate elements into our investigation.

"We do not underestimate the impact the report's findings and our ongoing investigation has on the families involved, who have suffered unimaginable trauma and grief that they still live with today."

A combination of an obsession with "natural births" over caesarean sections coupled with a shocking lack of staff, training and oversight of maternity wards resulted in a toxic culture in which mothers and babies died needlessly for 20 years while "repeated failures" were ignored again and again.

Julie Rowlings, whose daughter Olivia died

The lights are off. But Ukraine's rail lifeline brings hope

Shaun Walker
Kyiv

Windows shuttered and lights dimmed, a darkened train pulls into a station platform, also unlit. As the train comes to a halt, attendants toss boxes of humanitarian aid to station workers on the platform. Huddles of passengers, who arrived at the station hours earlier so as not to be on the streets during curfew hours, search in the inky blackness for the right carriage, before the train is on its way again with a gnashing of wheels and a long hiss of steam.

This scene has played out at stations across Ukraine repeatedly over the last month, as Ukrainian Railways has been engaged in one of the most impressive elements of Ukraine's



▲ Evacuees on the train for the two-day journey from Kryvyi Rih in eastern Ukraine to Chop, close to the western border with Slovakia PHOTOGRAPH: JELLE KRINGS



Labour giant Frank Field has quit because the party he's given his life to is mired in anti-Semitism. What are his fellow MPs waiting for?

COMMENT SEE PAGE 16

Daily Mail

FRIDAY, AUGUST 31, 2018

www.dailymail.co.uk

65p



Before tragedy struck: Pippa Griffiths died aged one day; Rhannon Davies lost daughter Kate after just six hours; and Jack Burn died at 11 hours old

NEW MATERNITY DEATHS SCANDAL

By Sophie Borland and Tom Payne

MORE than 60 babies and mothers are feared to have died or suffered devastating harm at a maternity unit.

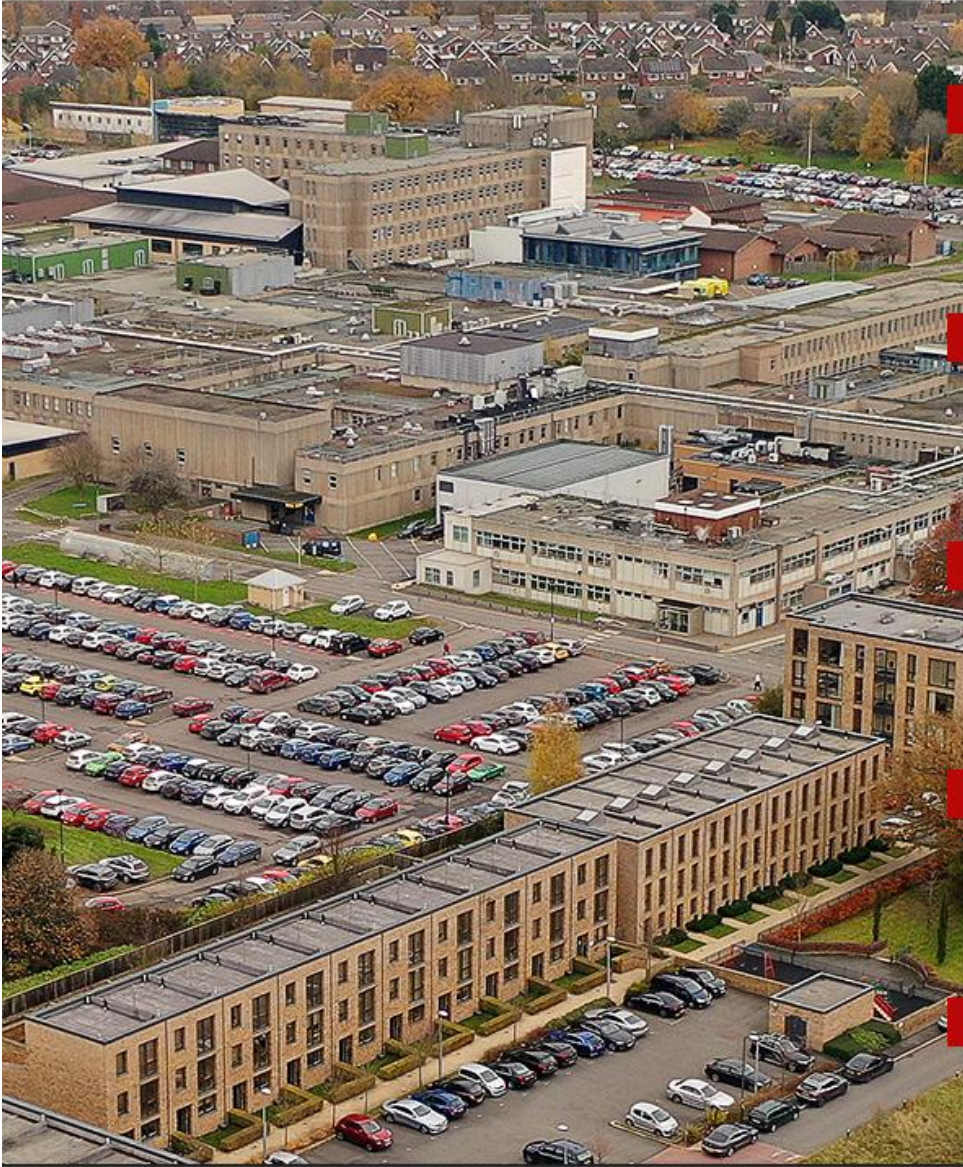
An investigation began last January into 23 suspicious incidents at the Shrewsbury and Telford hospital trust. But the Mail can reveal that this number has almost trebled to at least 63.

The vast majority of the cases involve the deaths of babies and mothers during childbirth. The rest include babies suffering lifelong harm. Some parents say they were

Turn to Page 6

REVEALED: Probe finds 60 babies and mothers have died or suffered serious harm at ONE hospital trust – three times more than first thought

The Ockenden report findings



- Examined almost **1,600 cases** spanning **20 years**
- **201 deaths** where concerns over care found
- **131 stillbirths** and **70 neonatal deaths** affected
- Also **29 cases** where babies suffered severe **brain injuries**
- And **65 incidents** of **cerebral palsy**

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Scandal of the 'Musketeer' midwives: Five staff who triggered baby deaths scandal at NHS hospital to finally face justice after being allowed to keep working there for seven years

The problems within the Trust fell into five problem areas, which resulted in the service being described as seriously dysfunctional. These were:

1. Clinical competence of a proportion of staff fell significantly below the standard required for a safe, effective service
2. Working relationships between different groups of staff were extremely poor
3. Midwifery care in the unit became strongly influenced by a small number of dominant individuals
4. Advice to mothers that it was appropriate to consider delivery at FGH was significantly compromised by a failure to assess the risks properly
5. A grossly deficient response from unit clinicians to serious incidents with repeated failure to investigate properly and learn lessons

Issues identified in numerous reports

Standards and
guidelines

Communication

Extension of
roles beyond
training

Tolerance of
exception

Unacceptable
becomes
acceptable

Lack of care
and
compassion

My challenge to you

Can you see anything of what I have discussed in your organisation?

What is the culture – what do you feel?

How will you describe what you do to your family and friends?

“Do not wait for leaders;
do it alone, person to person”

~Mother Teresa

