# BMJ Group

## BMJ Group

The basics of co production

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#### Today's agenda

01

What is co production and what are the key terms used

02

Co production principles and examples

03

Group discussions

04

Ask us anything

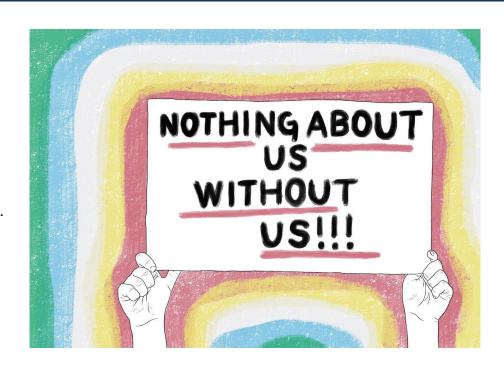
#### What is co production?

#### The definition

Patient involvement means **actively engaging** patients, carers, and the public in all aspects of healthcare, rather than just **passively receiving** care or being subjects of research.

Doing things with patients, not for or about them.

#NothingAboutUsWithoutUs



#### What are the common terms used?

#### The words and phrases we use (the who and what)

- Patient and/or public
- Consumer
- People with lived experience (PWLE, PLEX)



- Involvement (PPI)
- Partnership (patient/community)
- Engagement



## What are the key principles?

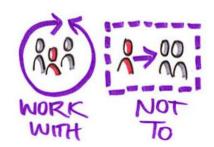
- → Collaboration
- → Starting as early as possible
- → Listening and hearing
- → Setting and managing expectations
- → Building relationships



#### Busting some myths

#### What co production is NOT

- → Recruiting patients to a study
- → A survey or focus group
- → A tick box exercise
- → An extractive relationship





### What does co production actually look like?



#### What does co production actually look like?



Esther Greaney

Lived Experience Peer Support Worker, NHS England

#### Group discussions

- Within your groups identify one piece of work about to start, or ongoing, where co production would be relevant
- Develop a co production plan for this work - you have a facilitation guide to support (25mins)
- 3. Sharing learnings/feedback (15mins)



## Ask us anything









#### Where can you find more information



Scan the QR code for a list of resources (in both English and Dutch) on co production

Thank you for joining us