

Bridging the gap – reducing inequalities between physical and mental health care

Simple

the same as others

but lack of

station (forensic)

Confidence

needed.

Career Health

#mhimprove

20


#mhimprove

How would you feel  
in my shoes?

People with severe mental illness die on average 20 years younger than the rest of the population, largely owing to poor physical health.


Brown et al (2010) British Journal of Psychiatry 196; Parks et al (2006), National Association of state Mental Health Programme Directors





“We can’t continue to accept the fact that people with mental health problems die 15 to 20 years earlier than the average in the population. We need to find a way of shaping our services to change that.”

#mhimprove

A man with dark, curly hair, wearing a blue blazer over a yellow button-down shirt, stands at a podium. He is holding a stack of papers in his left hand and looking towards the right. A microphone is positioned in front of him, and a laptop is open on the podium. The background is a light-colored wall with some faint, illegible text. The overall scene suggests a professional presentation or conference.

“We need those who have rejected us to reach out and to apologise and to try to do better rather than telling us that it is our own fault and that if we just retrained, took the meds and looked for work, life would be better.”

#mhimprove



A little bit of organised chaos...

#mhimprove

Simple  
"How are you?"  
the same as others  
but lack of

What am I currently doing?  
How can I support change?

Career Health

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What am I currently doing?  
How can I support change?

Tweet your change idea using  
#mhimprove



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