"Train the Trainers" in Highly Specialized Surgical Field - Reconstructive Microsurgery



Fu-Chan Wei M. D.





Distinguished Chair Professor Department of Plastic Surgery Chang Gung Memorial Hospital Chang Gung Medical College & University Taipei, Taiwan

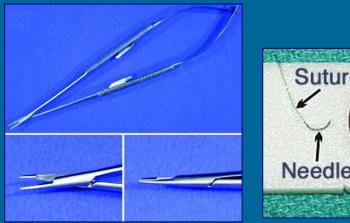
Train the Trainers v. Train the Trainees

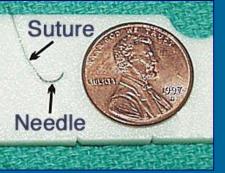
- Different goals
- "Training the Trainers" aims at cultivating future leaders and educators
 - Train higher order thinking
 - Think at least 10 years ahead
 - Ideally global strategy geographic

Reconstructive Microsurgery

- Operative Microscope (for magnification & illumination)
- Micro-instruments
- Micro-sutures
- Special skills







Clinical applications: (vascular, neural, lymphatic, tubular)

- Replantation surgery
- Free tissue transplantation

Replantation



Trimmed Toe Transfer (T.T.T.) for Thumb Reconstruction



Microsurgical Lower Extremity Reconstruction









Tongue Reconstruction with a Thin Anterolateral Thigh Flap





Immediate (Primary) Osteointegration Teeth in the Fibula Reconstructed Mandible





<u>Reconstructive Microsurgery Saves Lives, Reduces</u> <u>Amputation and Enhances Life Quality in Cancer and</u> <u>Trauma Patients</u>

It increases reconstructibility of tissue defect

- Enhances cancer resectability
- Enhances limb salvagibility

It provides one stage reconstruction

- Better functional and esthetical result
- Shorter rehabilitation
- Less suffering for the patient

Great Challenges Exist in Expanding Reconstructive Microsurgery Globally

- Labor, time and resource intensive
 - Require highly specialized healthcare team and infrastructure
 - Multi-disciplinary requires buy-in from others
- Lack of education within healthcare professionals Patients and doctors don't know what is possible!
- Perceived as economically unviable for most hospitals Huge problems with coding & tariffs esp. when large proportion of reconstructive cases are not 'routine'
- Lack of training place

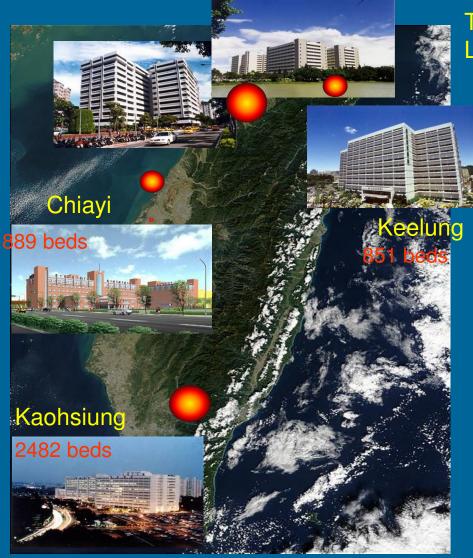
Chang Gung Memorial Hospital Established in 1976

Mr. YC Wang



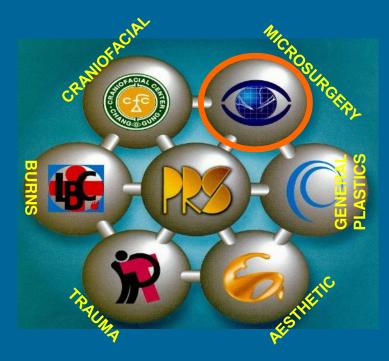


 Chang Gung Medical College, 1987



Taipei & Linkou 4582 beds

> Total : 7 hospitals, 1017 beds



CHANG GUNG MICROSURGICAL CENTER at Linkou

•	Attending faculty	15
	 Head and neck surgery: 	5
	 Upper and lower extremity: 	5
	 Breast/lymphedema: 	2
	• Peripheral nerve, brachial plexus:	3
•	PRS residents	21
•	International Fellows	8-12

Established in 1988

• <u>24 Beds Microsurgical I. C. U.</u>

2009



2011



<u>Rehabilitation Center</u>



15 Therapists

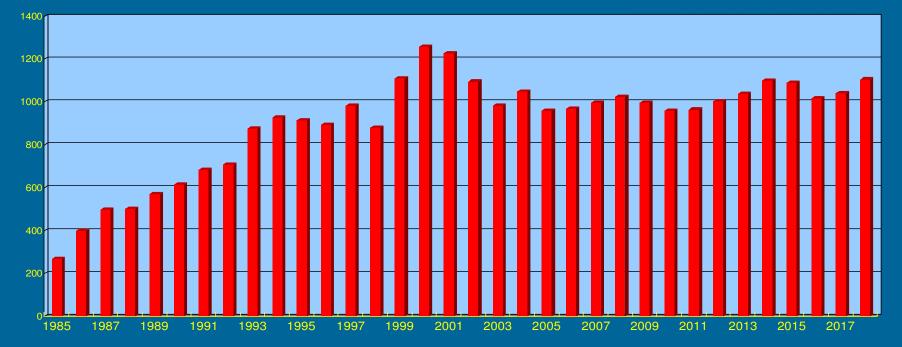
2016



All Major Microsurgical Cases

Total: 30765

From Jan 1985 to Dec 2018



Free Flaps: 22369 Replantations: 4711 Brachial Plexus: 2627 Hepatic Artery Anastomosis: 766 Lymphaticovenous Anastomosis: 216 Extracranial-Intracranial (EC-IC) bypass: 84

The Goals of Microsurgical Fellowship at Chang Gung (Train the Trainers)

• Clinical:

- Adequate knowledge
- Sound judgement (critical thinking)
- Competent and comfortable in all kinds of microsurgical reconstruction

• Teaching mind and hand: Willing and able to teach and to train future microsurgeons

• Academic capability: Capable of carrying out clinical/basic research

Rotations Schedule

(One mentor-one fellow, No overlap)

- Compulsory rotations in all 4 major fields (each 2 months)
 - Head and Neck
 - Upper and Lower Extremity
 - Breast / Lymphedema
 - Peripheral Nerve, Brachial Plexus
- 4 months elective courses for extra immersion in specific fields (to fit individual needs)

Rotation Schedule for International Microsurgical Fellows

2016-2017

Rotation course for International Microsurgical Fellows Updated: 2016/9/6 2016 2016 2016 2016 2016 2016 2017 2017 2017 2017 2017 2017 2017 2017 Fellow July August Sep Octob er Nov Dec Jan Feb March April May June July Aug. Charles Loh (O) Hsu CC Hsu CC Kao HK Kao HK [Malaysia, ~2016/9/30] Chew Wei Chong [Trauma] Lin Lin Chuan Chuan Lin CH Lin CH Lin Y [Malaysia, ~2013/12/31] Luke Luke g DCC g DCC Budhi Nath Adhikari Sudhin [O] Wu Wu Hsu CC Hsu CC Kao HK Kao HK Lin CH Lin CH [Nepal, ~2017/2/28] Jerry Jem Vincent Gregory Laurence Chuang Chuang Lin Lin Chuang Chuang Chuang Chuang Chuang Chuang Chuang Chuang [USA, -2017/6/30] DCC DCC Luke Luke DCC DCC DCC DCC DCC DCC DCC DCC Olivia Ho [5] Cheng Tsao Chuan Chuan Huang Chens Tsac Huang in CH Lin CH Wei FC Wei FC MH MH CK CK DCC DCC LL LL [Canada, ~2017/6/30] Lars Jonas Patrik Gustafsson[外] Cheng Lin Cheng Chuar Chuans Lin Wei FC Wei FC Lin CH Lin CH Kao HK Kao HK [Sweden, ~2017/6/30] MH MH DCC DCC Luke Luke Whi Alba de Pablo Garcia-Cuenca(#) Wu Teao Tsao Huang Huang Chuang Chuang Wei F Kao HK Kao HK Wei FC CK LL DCC [Spain-2017/6/30] CK Jerry Jerry JJ DCC Ahmet Hamdi Sakarya(外) Chuang Chuang Huang Huang Lin Lin Cheng Cheng Hau CC Hau CC Wei FC Wei FC (Turkey, ~2017/6/30) DCC DCC JJ JJ Luke Luke ΜН MH Cheng Fahad Khaled Aljindan(外) Chen Chen Cher Chuan Chuan Tsac Tsao in YT Lin Y Wei FC Wei FC [Saudi, ~2017/8/31] MH MH SH SH DCC DCC CK CK Yun-Huan Hsieh Barry Tsao Tsao Lu Lu Lin Lin Huang Huang Wei FC Wei FC [Australia, ~2017/9/30] CK. CK JJ JJ ohnny ohnny Luke Luke Marco Pappalardo Cheng Cheng Huang Huang Wei FC Wei FC Hsu CC Hsu CC Lin Ch Lin Ch [Italy, ~2017/8/31] MH MH JJ JJ

2017-2018

Rotation course for International Microsurgical Fellows

	2017	2017	2017	2017	2017	2017	2018	2018	2018	2018	2018	2018
Fellow	July	Aug.	Sep.	Oct.	Now.	Dec.	Jan.	Feb	March	April	May	June
Ahmet Hamdi Sakarya(外) (Turkey, ~2017/6/30)	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC	Chuang DCC
Fahad Khaled Aljindan(外) [Saudi, ~2017/8/31]	Wei FC	Wei FC	Chen SH	Lin Luke								
Yun-Huan Hsieh Barry (Australia, -2017/9/30)	Lin YT	Lin YT										
Marco Pappalardo (Italy, -2017/8/31)	Huang JJ	Huang JJ										
Charles Anton Fries(外) (UK, ~2017/9/30]	Chuang DCC	Chuang DCC	Lin YT	1								
Hubert B. Shih [USA, -2018/6/30]	Lao William	Lao William	Chuang DCC	Chuang DCC	Lin YT	Lin YT	Lin CH	Lin CH	Wei FC	Wei FC	Cheng MH	Cheng MH
Arash izadpanah (Canada, ~2018/6/30)	Cheng MH	Cheng MH	Lin CH	Lin CH	Chuang DCC	Chuang DCC	Tsao CK	Tsao CK	Lin Luke	Lin Luke	Wei FC	Wei FC
Frank Hsieh (Australia, ~2018/7/23)	Chang Tommy	Chang Tommy	Tsao CK	Tsao CK	Lin CH	Lin CH	Kao HK	Kao HK	Cheng MH	Cheng MH	Huang JJ	Huang JJ
Nicholas Thu Khoa Do (USA, -2018/6/30]	Hsu CC	Hau CC	Cheng MH	Cheng MH	Wei FC	Wei FC	Chuang DCC	Chuang DCC	Lin CH	Lin CH	Tsao CK	Tsao CK
Juan Carlos Ignacio Lamson (Argentina, ~2018/6/30)	Kao HK	Kao HK	Chang Tommy	Chang Tommy	Cheng MH	Cheng MH	Lin Luke	Lin Luke	Lao William	Lao William	Lin YT	Lin YT
Jhonatan Elia (Israel, ~2018/6/30)	Tsao CK	Tsao CK	Hsu CC	Hau CC	Huang JJ	Huang JJ	Wei FC	Wei FC	Lin YT	Lin YT	Chang Tommy	
Bassem Wassim Daniel (Germany, ~2018/6/30)	Chen SH	Chen SH	Wei FC	Wei FC	Chang Tommy	Chang Tommy	Cheng MH	Cheng MH	Tzao CK	Teao CK	Lin CH	Lin CH
Natalia Krzesniak (Poland, ~2018/6/30)	Lin Luke	Lin Luke	Huang JJ	Huang JJ	Chen SH	Chen SH	Lin 1T	Lin YT	Chuang DCC	Chuang DCC	Kao HK	Kao HP
Esteban Cardona Gonzalez (Colombia, -2018/8/14)		Wei FC	Lao	Lao William	Lin Luke	Lin Luke	Heu CC	Heu CC	Kao HK	Kao HK	Cheng	Cheng MH

Fellowship Training Opportunities at Chang Gung

- Operation Room
- Outpatient Clinic
- Teaching / Research Activities:
 - Morning meetings including journal club (3/week)
 - M&M (2/month, 1 in the division, 1 in the department)
 - Frequent international visiting professors
 - Preoperative case-based discussions (2/week)
 - Translational (2/month) & clinical research meetings (1/month)
 - Wet lab opportunities
 - External conferences

Final Preoperative Planning

- The best way to ensure quality and safety in surgical patients

- PowerPoint presentation of patient's profile book:
 - Concise, up-to-date patient's information
 - Precise description of surgical plan
 - Quick review of relevant literature
- Invitation for comments, questions and discussion
- Surgical plan confirmation
- Logistic considerations and tasks assignment
- Brain storming for possible research projects





Category: Microsurgical Head and Neck Reconstruction

Account:

Professor. Fu-Chan Wei

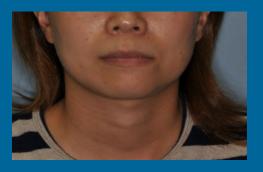
Additional Users of Different Levels: Che-Hsiung Lee, Anton Fries, and Nidal F. AL Deek

Date: 2016-12-26

Primary Microsurgical Reconstruction

10799226 39 year old female







IID: 40mm

Chief Complaint & History

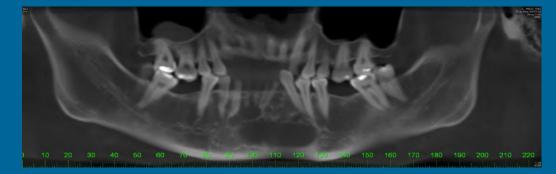
• Chief Complaint:

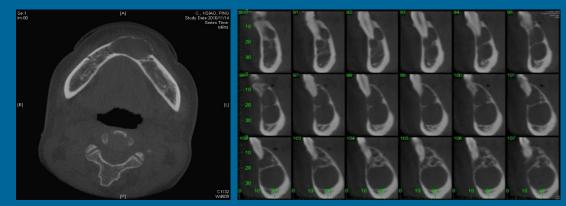
- Progressive enlarging lower gingival mass noted for 2 years
- Present Illness:
 - Lower gum swelling mass, painless, no open wound.
 - Diagnosed at LMD revealed ameloblastoma at 2016/10/25
 - No odynophagia, no dysphagia, no dyspnea, no hoarseness.
- Past Medical History:
 - Denied
- Past Surgical History:
 - Denied
- Allergies:
 - No known allergy.
- Social History:
 - Alcohol: Denied
 - Smoking: Denied
 - Betel nut: Denied

Panorex









Amelobalstoma over mandibular symphysis and left parasymphysis

2016/11/14

Additional Work-Up(s) & Diagnosis

- Exam:
 - Left PTA & DPA: palpable and audible
- Pathology :
 - 2016/10/25 at LMD
 - Ameloblastoma
- Image Study:
 - CXR:
 - MRA for extremity was not done
- Diagnosis:
 - Anterior lower gum ameloblastoma

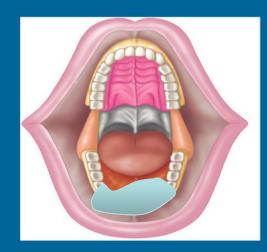
Surgical Plan

Two-Team Approach, Combined Case with: Dr. YM Chang

Ablation Team

Tracheostomy(-) Bilateral neck dissection(-) Tumor wide excision:

- Segmental mandibulectomy Right to left body : 6-7 cm
- Mouth floor: limited
- Pre-bending plate based on 3D printing model
- Dental implantation (?)





Surgical Plan - PRS

Reconstruction of Compound Mandibulectomy, C Type

Flap:

- Flap A : Left fibula OSC flap with small skin paddle
- Flap B : Alternative bony tissue flap.

Double barrel to central mandible? Nerve graft ?

Recipient vessels:

- No restrictions
- Choice are:
 - Left-sided lingual artery or superior thyroid artery/v

IDEAS AND INNOVATIONS

Jaw in a Day: Total Maxillofacial Reconstruction Using Digital Technology

Jamie P. Levine, M.D. Jin Soo Bae, D.D.S., M.D. Marc Soares, M.D. Lawrence E. Brecht, D.D.S. Pierre B. Saadeh, M.D. Daniel J. Ceradini, M.D. David L. Hirsch, D.D.S., M.D.





Background: Tumors of the mandible are complex, often requiring replacement of bone, soft tissue, and teeth. The fibula flap has become a routine procedure in large tumors of the jaw, providing bone and soft tissue at the time of the resection. In current practice, dental reconstruction is delayed for 3 to 6 months, leaving the patient without teeth in the interim. This can be disfiguring and anxiety provoking for the patient.

Methods: In this article, the authors present three patients with benign tumors of the mandible who underwent virtually guided resection, fibula reconstruction, and insertion of an implant-retained dental prosthesis in one operation. In addition, the authors report their early experience using this technique in the maxilla.

Results: The authors present a case series of three patients with benign mandibular tumors and one patient with a benign maxillary tumor who underwent total reconstruction using computer-aided design and computer-aided manufacturing technology in a single stage.

Conclusions: In the right situation, total mandibular reconstruction is possible in a single stage. This is demonstrated by the successful outcomes of these patients. (*Plast. Reconstr. Surg.* 131: 1386, 2013.)

CLINICAL QUESTION/LEVEL OF EVIDENCE: Therapeutic, V.

Summary

Strengths

Weaknesses

Implications for our practice



Discussion and Paper review

- Ameloblastoma is a rare benign tumour of the tooth enamel
- It commonly affects "high demand" patients
- "Immediate reconstruction" is a modern paradigm in breast and limb surgery
- Can we offer a "1-stop" service for these patients?

Discussion and Paper review

• Case series N=3

Summary

Strengths

34F – odontogenic myxoma 20M – ameloblastoma (21M AVM to maxilla)

28F – ameloblastoma

Case	Diagnosis	Location	Length of Stay (days)	No. of Implants	No. of Teeth Restored	Complications	Diet	Months since Discharge
1	Ameloblastoma	Anterior/ left mandible	8	6	12	None	Regular	22
2	Myxoma	Anterior/ left mandible	12	6	10	None	Regular	15
3	Ameloblastoma	Right mandible	29	4	4	Pneumonia	Regular	11
4	Arteriovenous malformation	Right maxilla	8	5	9	None	Regular	10

- Follow-up = 22 months
- NYU

• CAD-CAM

Osteotomy guides Implant guides Dental prosthesis





• Complications – none reported

Weaknesses

Implications for our practice

Summary

Strengths

Weaknesses

Implications for our practice

- **Discussion and Paper review**
- Novel approach in line with current innovative thinking in plastic surgical practice
- Single stage surgery
- Multidisciplinary working
- Use of technology
- "Reverse planning"

Start with optimal occlusion then work back to fibula design





Discussion and Paper review

Introduction

Summary

Strengths

Weaknesses

Implications for our practice

- Short follow-up, small numbers
- "Suitable for highly motivated patients" Implies that this is currently still a very involved process
- Suitability for oncology patients, adjuvant therapy?
- What if there are complications? Intra-op (CAD-CAM adjustment) Early Late (ameloblastoma recurrence in 15-25%)

Summary

Strengths

Weaknesses

Implications for our practice

patients

Resource requirement would make it difficult to follow

Depending on long term results this may be a

potential treatment option for very select few

 A modified (hybrid one) jaw-in-a day may be more feasible

Discussion and Paper Review

Final Plan

- Use left fibula osteoseptocutaneous flap with small skin flap to allow primary closure of the donor site
- One osteotomy, two struts
- Try to have double barrels in the center of the chin
- Nerve graft to bilateral inferior alveolar nerve
- Operator: Wei, Anton, Ike
- Video: Nidal

Intra-operative Pictures





2016-12-26

Intra-operative Pictures



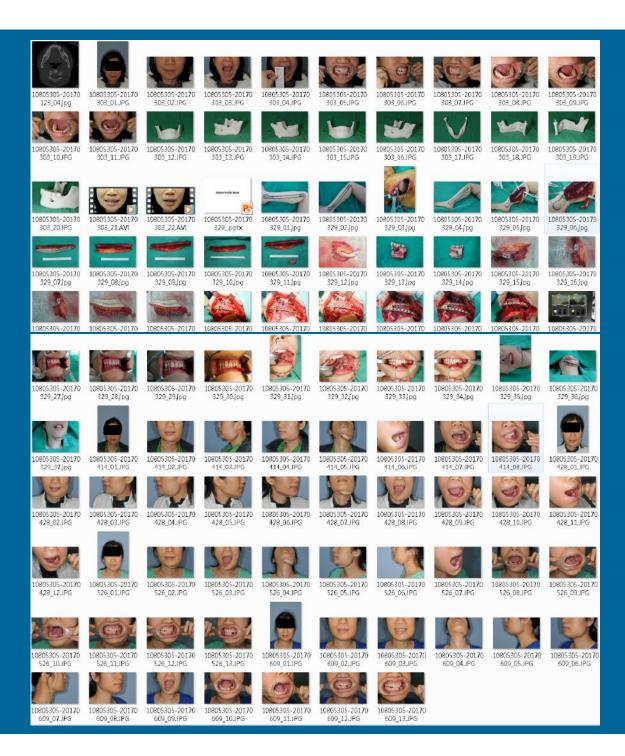


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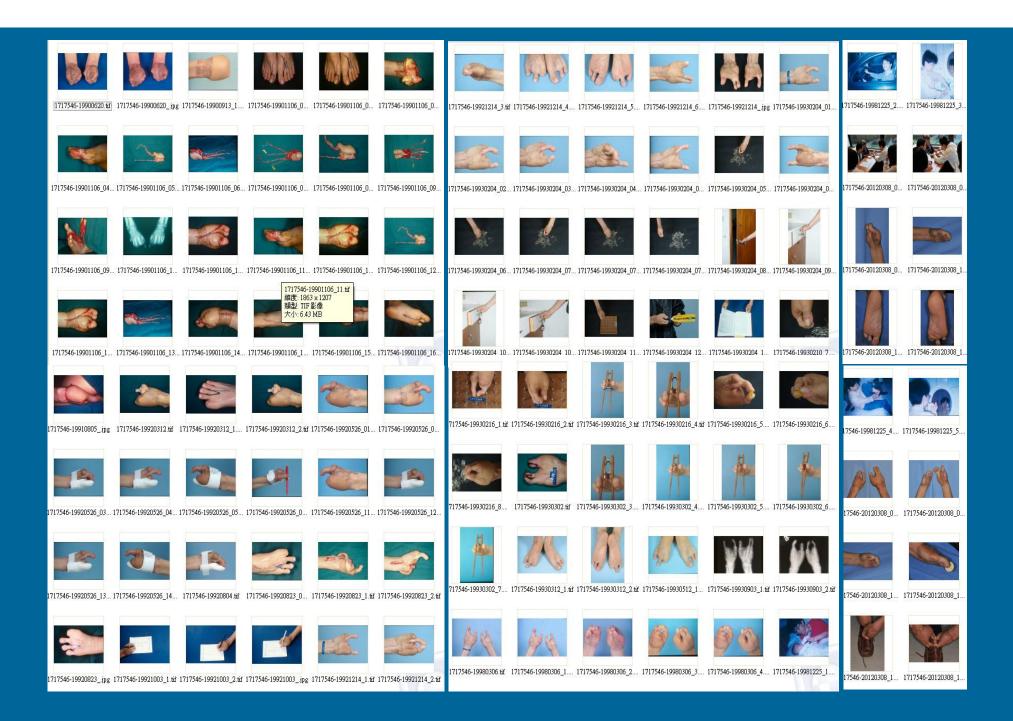
Patient's database

Name Sex F -	Birthday 1977/12/1 ID No: K	(
Chart. No TEL: (Address 苗栗	97號					
Date-OP DX	Excision	T FLAPs / Reconstruction					
(1) 2016/12/28 Anterior lower gum ameloblastoma (Dr. 張陽明)	compound segmental mandibulectomy	fibula, double barrels, bil nerve grafts to inferior alveolar nerve					
(2)		-					
(3)		•					
(4)		•					
Picture: <u>Dr.wei's slide 圖檔</u>	Expired	Pic.備註:					
First Picture Date:2016/11/25Last Picture Date:2017/6/7	Picture published 存檔位置 A-14 Ameloblastoma						
Comment: lithographic model, double barrel, bilateral nerve grafts to inferior alveolar nerve							



Patients' database

1	Name 1	Sex F -	Birthday 1978/2/18	ID No: F2		QOL:	2017/3/3
C	hart. No 108	305305 TEL: 0938153730	Address			LE:	2017/3/3
						TTH:	
	Date-OP	DX	Excision		FLAPs / Reconstruction	Cate	gory
(1)	2017/3/29	L't mandible pre-molar to molar region ameloblastoma (Dr. 張陽明)	segmental mandibulectomy		fibula	▲ A-14	Ameloblastoma
(2)						•	
(3)						•	
(4)						•	
	Pictur	e:\Dr.wei's slide 圖檔\108		Expired	Pic.備註:		
Firs	t Picture Dat	e: 2017/3/3	re published	存檔位置 A-14 Am	eloblastoma		
Las	t Picture Dat		ne published		cionastonia		Ľ
	Commer	It: Jaw in a day reconstruction. On	e reconstruction plate w/	addictional smaller	plate.		



Patients' database

Name	Sex M Birthday 1963/4	4/15 ID No:		
Chart. No 1	TEL: Address	•		
Date-OP DX		FLAPs / Reconstruction	Category	
(1) 1990/10/24 Bilateral a	metacarpal hand	combined 2nd & 3rd toe to meddle and ring finger	B-2d Finger ReconstrCombined 2nd & 3rd toe	•
(2) 1990/10/24 Bilateral 1	metacarpal hand	modified great toe wrap- around to R't thumb	B-1c Thumb ReconstrGreat toe wrap-around	•
(3) 1992/3/9 R't 3rd to	e to L't thumb	3rd toe	B-1e Thumb ReconstrOthers	•
(4) 1992/8/26 R't 4th too	e to L't ring finger	4th toe	B-2b Finger Reconstr4th toe	•
Picture:Dr.weit	s slide 圖檔/171	Expired	Pic.備註: lecture	
First Picture Date: 19	90/6/20	存檔位置 B-3b Metacarpa	ll Hand-Type II	
Last Picture Date: 20	012/3/8			
Comment: 4th to Bilate				
錄: ዞ ◀ 4929 之 844 🛛 ▶ ▶ ▶ ₩	▼ 未篩選 搜 (Þ

Monthly Clinic Research Meeting

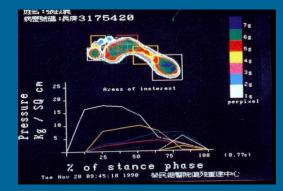
- Individual research proposal presentations
- Individual research progress reports
- Experts discussion and feedback
- Teaching videos



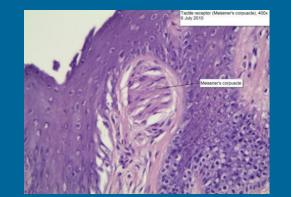
Clinical Research Related to Toe-to-Hand Transfer

Bio-Mechanic: Gait Analysis



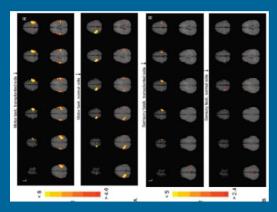


Histological study: Meissner corpuscle for sensory recovery in transferred toe





Functional MRI : sensorimotor cortex after toe-tohand transfer

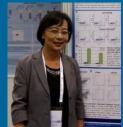


VCA Meeting Twice a Month

- On going research projects
- Update on clinical VCAs done by our group
- Review & presentation of recent publications on VCA from established groups



Lab. Research in Vascular Composite Allotransplantation at CGMH/CGU (Since 2000)



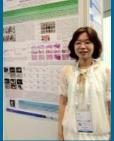
HY Cheng, PhD. 鄭惠云博士







- Animal model
- Immunomodulation strategy with Cell
- therapy (BMSC, ADSC, DC, Treg)
- Vascularized bone marrow



YL Wang, PhD 王燕玲博士





VCA



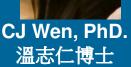




- molecular mechanism
- cell/ cytokine profile

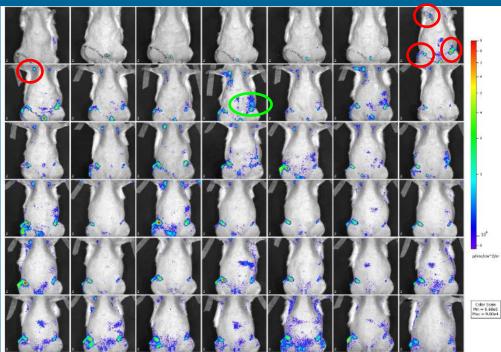
Survival (donor-specific tolerance)

- Functional recovery
- Cell tracking
- Molecular mechanism & cell/cytokine profile



In vivo Bioluminescence Imaging for Cell-tracking of Treg (PID1 = POD11)

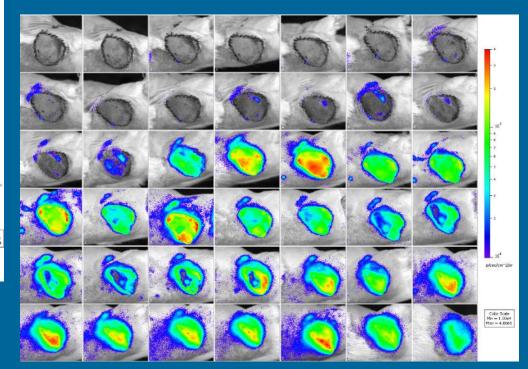
Experimental BN -> Lewis





Recipient

In vivo Bioluminescence Imaging for Cell-tracking of Treg (PID1 = POD11)



Allotransplant

spleen

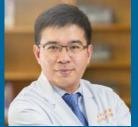
Five Hand Allotransplantations in Four Patients

YR Kuo



Godina Lecture Award, ASRM 2007

CH Lin



The Transplantation Society Travel Award (IHCTAS 2011) Young Investigator Award (ATC 2011) Young Innovator Award (AST ASE 2011) Young Innovator Award (AST CEOT 2014) 2014-09-03













n



2018-03-14

-03-14







International Fellows and Visiting Scholars of Plastic Surgery, Chang Gung Memorial Hospital





31 Professors and 28 Chiefs / Program Directors (from survey of 90 previous fellows in 2014)

<u>A Combined Program of Fellowship and Master Degree in</u> <u>Science in Reconstructive Microsurgery (since 2014)</u>

- Strengthen and emphasize "train the trainer" philosophy
- Empower critical and scientific thinking to uplift them into an even better future trainers
- Pave the road for a future "surgeon-scientist" hybrid

Celebrating the 3rd Academic Year of the "International Master's Program of Medical Science in Reconstructive Microsurgery" at Chang Gung University and 33 Years of Microsurgical Fellowship at Chang Gung Memorial Hospital



CULTIVATING WORLD LEADERS in RECONSTRUCTIVE MICROSURGERY and HONORING the LANCET OLOBAL SURGERY' CALL-OUT

長庚首創培訓顯微手術研究員 國際人才來取經

2017-09-08 21:43 聯合報 記者裏裕珍/即時報導





ранотали 10-25 - 10 катарание катарание



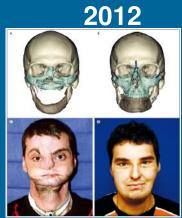


From year Sep. 2014 - Jun. 2019 : 18 graduates / 38 students

Face Allotransplantations

Eduardo Rodriguez









2<u>01</u>8





2016

Samir Mardini









Aleksandra McGrath, MD, PhD Senior Consultant & Lecturer Department of Hand and Plastic Surgery

Norrland's University Hospital, Umeá, Sweden

Free perforator flaps for small finger defects





Alexander Cardenas, MD Department of Plastic Surgery Professor of Reconstructive Plastic Surgery (Peripheral Nerve Surgery) Hospital General Dr. Manuel Gea Gonzalez, Mexico City

Facial Reanimation in Möbius Syndrome



Upper limb replantation



Alejandro E. Ramirez. M.D. Chief of Plastic Surgery and Reconstructive Microsurgery Florida Metropolitan Hospital Clinic Director of Reconstructive Plastic Surgery Clinic Santiago, Chile.





Shan Shan Qiu MD, PhD Consultant Plastic Surgery Department of Plastic Surgery at Maastricht University Medical Center The Netherlands

Microsurgical Fellow in Chang Gung Memorial Hospital 2013-2014

Abdominal Wall and Sentinel Flap Allo-Transplantation, ex vivo Perfusion



Dennis S. Kao, MD Assistant Professor of Plastic Surgery and Orthopedic Surgery (adjunct) University of Washington

Microsurgical Digit Reconstruction



Dr. Georgios Kolios FACS, MBA

Chair, Department of Plastic and Aesthetic Surgery, Fleetinselklinik, Hamburg Chair, Plastic and Aesthetic Surgery, Hanse Chirurgie, Hamburg Chair, Department of Plastic and Aesthetic Surgery, Klinikum Itzehoe

Teaching Hospital University of Hamburg, Kiel, Lübeck



C Anton Fries MB BChir MA (Castal) FRCS(Plast) Consultant Plastic Surgeon Oxford University Hospitals, UK







- Senior Consultant, Chair of peripheral nerve surgery, Dpt. of Hand-, Plastic and Reconstructive Surgery, Burn Center, Dpt. of Hand- and Plastic Surgery of Heidelberg University,
- - BG Trauma Center Ludwigshafen
- Germany

4 months after NIAtransfer



example knee prothesis infection, pedicled, chimaric MSAP Flap



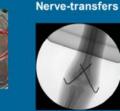
Perry Liu, MD, FACS **Board Certified Plastic Surged** ety of Plastic Surgeons y, Emory University, New Yor e, Tulane University, Harvard

tics and Plastic Surger



































Derrick C. Wan, MD

Associate Professor, Department of Surgery Director of Maxillofacial Surgery, Lucile Packard Children's Hopsital Endowed Faculty Scholar, Child Health Research Institute Hagey Family Faculty Scholar in Stem Cell Research Stanford University School of Medicine

Craniofacial Reconstruction







Steven Lo Consultant Plastic Surgeon

Functional Limb **Reconstruction in**

The pictures are of an ext

articular knee resection for

sarcoma with a quadrice

hamstring and sartorius transfer. The picture at th top is the Motek

environmental gait analy which is used to assess restoration of normal gait

reconstruction with

and function.

Sarcoma

Canniesburn Plastic Surgery

Unit, Glasgow, Scotland

Thorir Audolfsson, MD National University Hospital of Iceland Oslo University Hospital, Norway

Microsurgery



Ricardo Fernández Riera, MD, MSc.

- Microsurgery Program Coordinator, Department of Plastic Surgery, Rubén Leñero General Hospital, Mexico City.
- Associate Professor of Plastic and Reconstructive Surgery Medical Specialty, Rubén Leñero General Hospital, Mexico City
- Professor of Medical Propaedeutics, Faculty of Medicine, Saint Luke University, Mexico City.
- "Dr. Mario González Ulloa" Prize Laureate 2017. Mexican Association of Plastic and Reconstructive Surgery (AMCPER)

Post-trauma microsurgical reconstruction



Preop: two years of failed treatment for open 2 months postop: bone debridement + free tibial fracture and osteomyelitis



tibialized fibula flap + ALT flap + STSG



United Kingdom

 Complex Head and Neck Reconstruction General Microsurgery Melanoma Skin Cancer Surgical Oncology General Trauma Reconstruction

Royal Devon and Exeter **NHS Foundation Trust**



Holger Engel, MD, PhD, FACS Vice-Chair, Department of Plastic-, Reconstructive-, Aesthetic Handsurgery, Kassel, Germany Associate Professor of Plastic Surgery

Lymphatic Surgery

WEIF. CHEN, MD, FACS ASSOCIATE PROFESSOR OF PLASTIC AND RECONSTRUCTIVE SURGERY UNIVERSITY OF IOWA HOSPITALS AND CLINICS DIRECTOR, CENTER FOR LYMPHEDEMA RESEARCH AND RECONSTRUCTION PRESIDENT, MIDWESTERNASSOCIATION OF PLASTIC SURGEONS

"OCTOPUS" LYMPHATICOVENULAR

ANASTOMOSIS





No pain / No infections



n Wong Jemic Consultant Plastic S

enior Lecturer University of

Manchester CGMH Fellow 2013













ior Trauma Lead for Plastic Surgery vivo per sed Comp Key Role in Manchester Terror Attack



Humanitarian Work First ALT free flap in Zimbabw BFIRST

















Hattan Aljaaly, MD, MRM, FRCS(C) Chair, Division of plastic surgery Assistant Professor of Surgery. King Abdulaziz University Hospital Jeddah, Saudi Arabia

Breast Reconstruction

Reconstructive Microsurgery

Gisela Tirpitz





IMAGE-GUIDED PRECISION

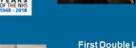
YMPHATICOVENULAR ANASTOMOSIS

Cost P

Ruprecht-Karls University Heidelberg



ULTRA-THIN FLAPS & VASCULARIZED LYMPH VESSEL TRASNFERS





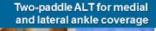


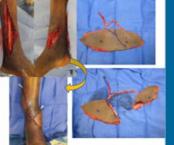
- Duretti Fufa, MD
 Assistant Professor of Orthopaedic Surgery
 Residency Program Director
 New York Presbyterian Hospital-Weill Cornell Medical
- School
- Hospital for Special Surgery
 New York, NY
- New York, NY

Hand and Extremity Reconstructive Surgery

Toe-to-Thumb Transfer Preop Post-op









Jonathan Zelken, M.D.

- 1. CEO and Founder, Zelken Institute for Aesthetic Medicine
- 2. Newport Beach, CA, USA

POST-TRAUMATIC CRANIOFACIAL RECONSTRUCTION







Free supra-fascial groin flap For alveolar reconstruction



Thomas Constantine, MD, CM, FRCSC, is a board certified plastic surgeon practicing in Toronto, Canada.

He is a graduate of both McGill University's Medical School and Plastic Surgery Residency Program, where he trained under Dr. H. Bruce Williams.

Dr. Constantine fellowship trained under world-renowned surgeons. He completed a coveled fellowship in reconstructive microsurgery (Fu-Chan Wei, Taiwan), lutthering his training with a jvmphatic and advanced microsurgery fellowship (Hung-Chi Chen, Taiwan), and an aesthetic surgery fellowship (Eric Auclair, France).

He currently works in Toronto, where he practices privately, and also leads the Breast Reconstruction Program at Humber River Hospital.







New Lymphedema Treatment Offered in Canada



Paolo M. Fanzio, MD Medical Affairs - Dompé US Boston, MA – USA

Lymphedema: Lymph node transplantation







Dompé





VIEWPOINTS

The Chang Gung Memorial Hospital Microsurgery Fellowship: A Review of 1 Year of Experience

Hattan A. Aljaaly, MD, FRCSC*+

Sir:

The microsurgery fellowship at the Chang Gung Memo-rial Hospital in Taiwan was founded in 1984 by Professor Fu Chan Wei.1 The Department of Plastic and Reconstructive Surgery offers a 1-year fellowship in microsurgery. The fellowship setup, diversity and number of cases, and high success rate make it a sought target for training. In this article. I share my personal experience from a 1-year fellowship as a guide tool for those considering microsurgery training at this prestigious institution.

FELLOWSHIP SETUP

This fellowship is provided by the Division of Microsurgery at the Department of Plastic and Reconstructive Surgery. In total, 6 to 8 fellows are selected annually for duration of 1 year. Different areas of reconstruction are covered during the fellowship, and rotations can be customized based on the need and interest of the fellows. and these areas include head and neck reconstruction. breast reconstruction and lymphedema surgery, upper limb reconstruction, lower limb and trauma reconstruction, peripheral nerve, and facial reanimation. The fellowship is based on the principle of mentorship, and the year is composed of six 2-month rotations, where in each rotation, the team is composed of the professor, the fellow, and 1 resident. The fellow is engaged actively in the clinical and operative activity including the preoperative planning and postoperative care. There is no assigned on-call schedule for the fellow; however, he/she is expected to be in any flap takeback for the team as part of the learning experience. Table 1 summarizes the structure of the fellowship.

EDUCATION

Activities that emphasize educational value to enrich the theoretical knowledge and surgical judgment skills are as follows:

From the *Department of plastic and reconstructive surgery, Chang Gung Memorial Hospital, Taoyuan, Taiwan and †Department of Plastic and Reconstructive Surgery, Faculty of Medicine, King Abdulaziz University Hospital, Jeddah, Saudi Arabia.

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Plast Reconstr Surg Glob Open 2016;4:e859; doi10.1097/ GOX.0000000000000845 Published online 12 September 2016.

- 1. Biweekly plastic surgery grand rounds: Valuable review of topics in plastic surgery, updates, and new researches are discussed.
- 2. Weekly microsurgery teaching rounds: During this meeting, a review of scientific microsurgery articles, book chapters, and all cases mandates exploration during that week. Thirty-four scientific articles and 8 book chapters were reviewed this year.
- 3. Operative education: Formal teaching about surgical cases is done at the day of surgery where there will be a full presentation of the cases followed by relevant literature review.

SURGICAL CASES AND WORKLOAD

There was an average of 3 operative days, with 2 rooms running simultaneously, and 11/2 clinic days each week. The cases included microsurgical cases (free flaps, peripheral nerve surgery, and lymphatic surgery), pedicle flap, and secondary revision for all procedures. I was involved in a total of 164 cases: 101 microsurgical cases, 4 pedicled flaps, and 59 nonmicrosurgical cases. Table 2 summarizes the areas and flaps for reconstruction.

Table 1. Fellowship Structure

Fellowship title Fellowship supervisor	Microsurgery Fellowship Fu Chan Wei				
Location: city, hospital	Chang Gung Memorial Hospital, Linkou, Taiwan				
Length of fellowship	12 mo				
Start date	July 1				
Number of fellows	6-8 fellows selected following same general guidelines for residency selection ² (1-2 fel- lows from the 2yr program after complet- ing the first research year in vascularized) composite allotransplantation laboratory)				
Resident support	Available				
Accommodation	Complimentary accommodation is pro- vided at the dorms of the Chang Gung Hospital				
Salary	Payment cannot be promised (usually stipend provided to 4–5 of the selected fellows depending on the funding they receive from different sources in that particular year)				
Requirement/experi- ence	Completed a residency/training of plastic and reconstructive surgery				
What was particularly good?	Educational fellowship with high volume and diversity of cases				
Suggestion for future improvement	To be able to have an academic degree during the fellowship (already imple- mented this year)				
Conference	One conference (not paid)				
Vacation	2 wk				

Combined Research and Clinical Microsurgical Fellowship at Chang Gung Memorial Hospital and Chang Gung University in Taiwan

Between June 2005 and March 2008, a period of almost 3 years, I undertook a combined microsurgical research and clinical fellowship at Chang Gung Memorial Hospital (CGMH) and Chang Gung University (CGU) in Taiwan. The combined fellowship is a recent addition to the traditional pure clinical fellowships available at this microsurgical center and was introduced to encourage fellows to undertake basic sciences research. During the first year, I conducted full-time laboratory- and universitybased research. During the second year I undertook the traditional clinical fellowship. as reviewed elsewhere, but spent free evenings and weekends in the laboratories continuing my research projects. The principle investigator for all my projects, experimental and clinical, was Professor Fu-Chan Wei.

The microsurgical laboratories of the Department of Plastic Surgery at CGMH have a strong track record in the fields of microvascular sciences (particularly ischemia-reperfusion injury) and composite tissue allotransplantation (CTA) in animals. The main laboratory and animal house are both located on the CGMH site, which is ideal for monitoring the progress of one's experiments during the clinical phase of the fellowship. There is a preponderance of wellmaintained research facilities that would satisfy most project proposals in these fields. These are supplemented by access to expertise and facilities in numerous other professorial laboratories at CGU and CGMH, which allows one to propose and complete truly multidisci-

Note from the editors: We welcome submissions of fellowship reviews initially via a presubmission enquiry to both: kshokrollahi@hotmail.com and iainwhitaker@fastmail.com

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1

www.microsurgeon.org Rating

- Strong points • Free
- Concise
 - Good illustrations
- Easily accessible on Internet using computer or iPhone/ iPod Touch (Apple, Cupertino, CA)

Weaknesses

- · Illegible text in some illustrations
- Occasional typographic errors

plinary and collaborative research proposals. In addition, the laboratory has forged close ties with CTA research centers in North America and Europe, and is frequently visited by academic visiting professors.

Currently, there are up to 2 combined research and clinical fellowships available annually, usually commencing in July or August, which are heavily competed for by an international field. The basic commitment is to a minimum of 1 year full-time laboratory research and an additional 1 year of clinical microsurgery; there exists some scope to modify the clinical commitment or to prolong the overall duration of the fellowship according to one's progress and interests. Having completed the two 12-month commitments, I elected to prolong my fellowship to complete various journal publications and book chapters, complete, submit, and successfully viva for my Master of Surgery degree and to continue gaining clinical microsurgical experience.

Although I conducted collaborative projects with other disciplines, my main basic research was in the field of immunologic tolerance induction for CTA. My proposal involved investigating a system of mucosal tolerance that had not been assessed previously for CTA. The project entailed performing numerous microsurgical vascularized allotransplants (such as of hindlimb, auricle, and of various cutaneous flaps) between rat strains and conducting investigative mechanistic laboratory studies. These included mixed lymphocyte reactions, suppressor lymphocyte culture assays, splenocyte purification, ELISA, histopathology, immunostaining, flow cytometry, bead arrays, and several others. All optimization and troubleshooting was overseen and guided by the laboratory postdoctorate, principle investigator and experts in other laboratories at CGMH and CGU. Funding for all research projects that I conducted, of which the above was one, was provided for by established laboratory funds when I started and supplemented by additional successful national grant applications that I wrote or cowrote. Funds are generally

available for international conference presentations and a small stipend is provided when possible to help cover basic living expenses (which are generally less expensive than in the United States or United Kingdom). Guidance and supervised training was available at all stages of my research. Progress meetings were conducted weekly and, more formally, monthly. The working atmosphere was tireless, enthusiastic, friendly, and welcoming while productive and efficient. The working language is English in the laboratory as well as the hospital and university, but an enthusiasm to pick up a

little Mandarin is warmly welcomed! Particular highlights of the combined

microsurgical fellowship are 1) research projects are not prescribed, and freedom and reasonable funds are granted to pursue initial feasibility studies for one's research ideas/ proposals before settling on a final project; 2) one will gain wide clinical microsurgical experience in the second year and this will be predated by extensive laboratory microsurgical experience; and 3) there is scope for collaborative research projects with many other basic sciences and clinical subspecialists. While the provision of initial research funds is generous, longer term funding can be more difficult to establish and thus applications should still be submitted early. It should be noted that this laboratory prefers to submit their more substantial research projects to higher impact factor periodicals.

When applying for the combined microsurgical fellowship one would preferably have completed and published basic sciences laboratory research previously. The fundamental requirements are a sincere interest in microsurgical basic research, enthusiasm, stamina, some proof of microsurgical dexterity (a microsurgical course with an evaluative component is one option), and a disposition for teamwork. While most applicants are from plastic surgery, orthopaedic, and trauma backgrounds, applicants from other surgical specialties are encouraged. Visits to the laboratory and department of plastic surgery prior to application are recommended and can be arranged directly through Professor Wei's secretary.

Peer-Reviewed Journal Publications

In Press Further esthetic refinement for great toe transfers. CG Wallace, FC Wei, J Plast Reconstr Aesthet Surg.

In Press Two small flaps from one anterolateral thigh donor site for bilateral buccal mucosa reconstruction after release of submucous fibrosis and/or contracture. JJ Huang, CG Wallace, JY Lin, CK Tsao, HK Kao, WC Huang, MH Cheng, FC Wei. J Plast Aesth Reconstr Surg.

In Press Current status, evolution and future of facial reconstruction. CG Wallace, FC Wei. Chang Gung Med J.



SPECIAL TOPIC

The Microsurgery Fellowship at Chang Gung Memorial Hospital: Blossom of Caterpillars

Mohamed Abdelrahman,

MD*

Summary: Against a background of globalization and medical migration, issues have been raised regarding training outside the clinician's own context. Fellowship was not commonly used as a career step, or a means of migration, but as a process of professional and personal development. Taking Chang Gung Memorial Hospital Microsurgery Fellowship as the case study, I would like to highlight an example of a long-running successful training program in a special field such as plastic surgery. (*Plast Reconstr Surg Glob Open 2015;3:e376; doi: 10.1097/GOX.00000000000255; Published online 16 April 2015.*)

nternational elective training in medicine at the postgraduate level is becoming increasingly sought.¹ Yet this is almost exclusively in the context of "global health"² rather than recognizing that international electives can offer excellent technical training in absolute terms. Plastic surgery is a case in point.

Reflections on training in plastic surgery have primarily focused on the structure and process of formal postgraduate or residency training programs. Technical issues, such as the use of simulation³ and training models, or process issues, such as selection,⁴ are readily discussed. However, more fundamental questions of the nature of learning and skills acquisition are also being added to the debate,⁵ and this widens the notion of what constitutes effective and safe training.

Given this widening discourse, I describe an established program that has been innovative in placing itself outside the traditional formal training

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DOI: 10.1097/GOX.000000000000255

structures as well as having offered excellent technical training with the intention of this being returned to the country of origin of its trainees. In addition, this training model demonstrates effective education and training processes in incorporating some of the best features of appropriate pedagogy for specialty training, which only relatively recently have been discussed in the published literature.⁶

THE MICROSURGERY FELLOWSHIP AT CHANG GUNG MEMORIAL HOSPITAL, TAIWAN

This sentinel program is the Microsurgery Fellowship at Chang Gung Memorial Hospital (CGMH) in Taiwan that was established almost 3 decades ago. During this time, the plastic and reconstructive surgery department at the CGMH has been the main destination for many surgeons seeking highly specialized training in reconstructive microsurgery outside the traditional structures.

CGMH was founded in 1976. From a modest start, it has grown into 6 branches in Taiwan and 1 branch in China, with an overall capacity of more than 9000 beds. The hospital established a new era of medicine in Taiwan by making an affordable high-quality service widely available.

The Microsurgery Division is located in Linkou and is the largest branch with 3800 beds and more than 90 operating rooms. The division comprises 14 full-time staff, with very busy schedules throughout

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MICROSURGERY 32:168-170 2012

CLINICAL ELECTIVE REVIEW AT CHANG GUNG MEMORIAL HOSPITAL, TAIWAN, UNDER THE SUPERVISION OF PROF. DR. FU-CHAN WEI

Plastic and reconstructive surgery is my passion. I knew it from the very beginning of my medical education. The creativity of the reconstructive surgery, the variety of possibilities, and the surgical precision in the complex reconstructive microsurgery fascinate me. That is the reason I went to my professor in The Netherlands and asked him somewhat in a childish manner: "Who is the greatest reconstructive surgeon of the world? I want to visit him." After his answer, I searched on internet, mailed and contacted several persons. Within 1 week I got a reply. I could not believe it, it was him personally: "I'm most pleased to host your elective at Chang Gung. Best regards. Fu-Chan Wei."

MICROSURGERY

The first Chang Gung Memorial Hospital was established in 1976 and has six different branches in Taiwan now. The division of reconstructive microsurgery is located at the main branch in Linkou. This branch has 3,700 beds, 87 operating theaters, and 24 specialized beds dedicated to the Microsurgical Intensive Care Unit, which is one of the most sophisticated and extensive microsurgical centers in the world. The microsurgical staff comprises 10 microsurgeons, four of which are professors (Table 1), 15 residents, and 6 international fellows. This division receives around 100 visiting fellows per year from all around the world (Fig. 1). The number of cases is phenomenal; ~ 1,000 free flaps a year, 90 brachial plexus procedures, and 125 cases of replantation (Fig. 2). It was impossible for me to follow all the high-

Published online 17 October 2011 in Wiley Online Library (wileyonlinelibrary. com). DOI 10.1002/micr.20954

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skilled surgeons, so I decided to use my time effectively and spend the majority of my elective with Prof. Fu-Chan Wei.

PROF. FU-CHAN WEI

Prof. Fu-Chan Wei is considered as one of the world's most famous microsurgeons of this moment. He is internationally recognized for his contributions to plastic surgery in the areas of microvascular tissue transfer, hand surgery, and perforator flaps. The bulk of his operations consist of head and neck reconstructions. Nowadays, the tumor removal is performed by ENT surgeons, proceeded by reconstruction by his team. Half an hour discussions are generally held prior to the surgery, with the ENT surgeon, fellows, residents, and the visitors. These discussions were always very useful and informative. He explains everything clearly and is very approachable for questions. Besides, Prof. Wei always takes everyone seriously. Even though I was a medical student at that time. I have been involved in his team and had several times the honor of assisting Prof. Fu-Chan Wei. Even if I only had to hold the hook, my day could not get any better (Figs. 3 and 4). Three free flaps in 1 day were not uncommon, but despite this fact the atmosphere in the operating theatre was always positive and uplifting. Everybody worked very hard and nobody seemed to mind if they had to work until late at night. I was also granted the opportunity to spend parts of my free time writing articles and learning the fundamentals of microsurgical techniques in the animal lab. He was very generous even outside the hospital. Every Friday, he took the staff, fellows, and visitors to wonderful restaurants for lunch with authentic cuisine from the various regions.

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Fu-Chan Wei—Surgeon, Innovator, and Leader of the Legendary Chang Gung Microsurgery Center

Nidal Farhan AL Deek, MD* Donald H. Lalonde, MD†

Abstract: Fu-Chan Wei is a world-renowned plastic and reconstructive surgeon. He is clearly one of the most influential and innovative surgeons in the history of plastic surgery. The Taivanese legend is the innovator of the osteoseptocutaneous fibula flap, which revolutionized the reconstruction of composite bone and soft tissue defects in the jaw and extremities. He has pioneered several perforator flaps, including the free style variety. He has taken toe-to-hand microsurgical transplantation to a whole new level. He is not only recognized for his surgical skills and clinical innovations, but also for his vision, leadership, and teaching. The establishment and development of the famous Microsurgery Center at Chang Gung Memorial Hospital is unparalleled anywhere. The international fellowship program in microsurgery there remains the envy of all microsurgical trainees. Dr. Wei and his colleagues have trained and influenced more than 1,500 surgeons from all over the world. The aim of this video article is to share what we learned by interviewing Ru-Chan Wei at Chang Gung. The story of Fu Chan Wei, his colleagues, and the development of the Microsurgery Center in Taiwan is worth knowing. (Plast Reconstr Surg Glob Open 2016, 4:e1042; doi: 10.1097/ GOX.0000000000001042; Published on Bre 27 September 2016.)

n the 75th anniversary of the founding of the American Society of Plastic Surgery, a list of 20 top true innovators and pioneers of plastic surgery was suggested.¹ Dr. Fu-Chan Wei was one of them. He has been a national and international founder and leader. Inspired by the heroes of his time, such as Samuel Noordhoff, Fu-Chan Wei and his colleagues established a center for plastic and reconstructive surgery and successfully led that center to become a legendary institute.

Thinking big, aiming high, and reaching out toward others have made Fu-Chan Wei more than a microsurgery wizard and Chang Gung more than a 'Disney Land' for plastic and microsurgeons.⁴ Everyone who visits Chang Gung and Fu-Chan Wei feels the energy of this man and this center. They hear and witness the stories of ordinary men who become heroes and make history. This article tells the story both in print and in a comprehensive video in terview with Fu Chan Wei.

Hom the "Plastic Surgery Department, Chang Gung Memorial Horpital Chang Gung University and Melical College, Tahaan; and †Plastic Surgery Division, Dabwaie University Soint John, Canada Received for publication February 28, 2016; accepted August 3, 2016.

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ON THE WAY TO BECOMING A MICROSURGEON

When Fu-Chan Weigot in to medical school in Taiwan, he had no idea what plans the future might have for him. It was his destiny and good fortune to meet Dr. Samuel Nordhoff. Sam had come to Taiwan in 1959 as a missionary doctor. He later became the first superintendent of Chang Gung Memorial Hospital.

Fu-Chan Wei and his colleagues were all touched by Dr. Nordhoff's gracious attitude toward patients. He considered serving patients an act of honoring God. Dr. Nordhoff assigned Dr. Wei, the newly minted plastic surgeon, to 'go abroad to bring home something new.' To young Dr. Wei's mind, that new thing was not clear, but he was determined to honor his mentor.

Following the footsteps of Dr. Nordhoff, Dr. Wei did a fellowship at the University of Toronto from 1979 to 1981. In that setting, everything was interesting to the ambitious Dr. Wei. However, he fell in love with the new field of microvasoular surgery. He imagined its potential application in so many areas. This was his birth as a microsurgeon. He then did a hand and microsurgery fellowship at the

Disdosure: The authorshowno financial interest to declare in relation to the content of this article. The Article Processing Charge was paid for by the authors.

Supplemental digital content is available for this article. Clickable URL citations appear in the text.

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Foto: Esteban Cardona junto a Fu-Chan Wei.

Gente UdeA

21/04/2017

su historia.

Egresado UdeA, con los mejores

Por: Esteban Cardona González – Egresado Facultad de Medicina

Esteban Cardona Gonzalez realiza estudios de

microcirugía reconstructiva junto a uno de los

mejores cirujanos del mundo, un sueño realizado de

formarse en uno de los centros de referencia a nivel

mundial en cirugía plástica. Desde Taiwán cuenta

ciruianos en Taiwán

Rápidamente en mi formación como cirujano plástico s entí interés por la microcirugía reconstructiva, campo quirúrgico que se especializa en reparar anomalías con la ayuda de un microscopio e instrumental fino, tanto que se puede realizar la unión de vasos sanguíneos, nervios y vasos linfáticos.

Un microcirujano puede restaurar los defectos más complejos después del tratamiento de un tumor o de un trauma, por ello se requiere utilizar, en diversas o casiones, tejidos cutáneos, musculares, ós eos y unir los vasos sanguíneos que los nutren. Usualmente estos tejidos son to mados de siti os anatómicos prescindibles del mismo paciente, pero teniendo en cuenta los últimos desarrollos en el área es posible l'atransferencia de tejidos de otros seres humanos. El trasplante de mano y de cara, también conocidos como trasplantes de Periódico Alma Máter tejidos compuestos es un ejemplo de ello, y son podos los centros pioneros en el mundo que practican estos procedimientos reconstructivos.

VOL 12 ISSUE 1

NEWSLETTER

Overseas Training in Microsurgery and Hand/Wrist Management

By Dr Margaret FOK

It was a privilege to go for a 6-month overseas training in 2012. It comprised of attachments to 3 different internationally renowned centres in Switzerland and Taiwan, following the world masters in the field of Microsurgery, and Hand and Wrist pathology.

I started off this training with the AOTrauma fellowship in June, 2012, attached to Professor Diego L Fernandez 's unit in the Department of Onthopaedic Surgery, Lindenhof Hospital, Berne, Switzerland

Throughout the attachment period, I participated in both operations and out-patient clinics, learning from the master ways of operating with the newest implants as well as improving my surgical techniques. As Professor Diego Fernandez's department is a renowned referral centre for hand surgery in Switzerland for years, I was able to observe and take part in a sizable number of cases involving a wide variety of management. The cases were explained to me patiently and the rationale for each specific management was discussed in detail. I am very grateful to the unreserved teaching which I have received not only from Professor Fernandez, but also from the staff members of his team. This has made my stay most fruitful and enio vable.

Besides practical skills, I was also drawn into some research. projects, one of which is in preparation for publication. These ventures have opened up my horizon to explore new approaches in hand surgery and I shall definitely to low them up on return to Hong Kong.



My next stop was Taiwan. Istarted my orthopaedic training in the Department of Orthopsedic Surgery, Eds-Hospital, Kachsuing (from 16th July to 31st August, 2013). Professor Yuen- Kuan Tu is a well recognized expert in microsurgical skills in

Photo with Professor YKTU on thopsedics as well as brachial plexus reconstruction.

Over the 7 weeks period, I was intrigued by Professor Tu's energy and resourcefulness. Every day, the ward round started at 6:30a.m. - ON TIME and was immediately followed by either operations, or moming meetings. A normal operation day meant a few spine cases and/or joint replacement surgeries, alus a complicated microsurgical case (of which it could be a brachial plexus reconstruction or free flap surgery). Professor Tu would run between 2-3 theatres to make good use of every minute of his operation time. The operation day usually finished late at around 9-10pm, if not later. On the other



MARCH 2013

Photo with Pripessor DL Fernande

hand, the workload in the outpatient clinic was not light. It was common to have over 250 patients for every outpatient day. The clinic usually ran from early morning till late without a proper Linch break. Even so, he was still able to be patient to the sick, listening in detail to their problems, which patients with e.g. brechial plexus injury, had encountered in their daily lives. Following Professor Tu's tight schedule, I was opened up to a wide variety of cases and have learnt quite a number of different microsurgical management techniques.

I am very grateful to the entire department, as both the doctors and the nursing staff welcomed me with open arms. It reflected the good natured and hospitable characters of the people in the southern part of Taiwan. I was always well looked after and was included in many of their social departmental events.

Finally, I finished my oversees training in the Department of Plastic and Reconstructive surgery, in Chang Gung Memorial Hospital (CGMH), a place which has nourished so many world known plastic and hand surgeons. I was



there from September to Photo with Professor FCWei November, 2012. I had

the honor to learn from the 2 great masters, i.e. Professor Fu-Chan Weiland Professor David Chuang over my 3-month stay.

CGMH, itself, is a huge private hospital complex with many different branches in Taiwan and even China. The Linkou branch, its headquarter, houses more than 3000 bleds. Under the leadership of Professor Wei and Professor CH Lin (the currently Chief of Service), the Department of Plastic and



Reconstructive surgery has been known to be a "sacred" place to train soft tissue reconstruction and microsurgery, attracting many visiting fellows from all around the world. It is normal to have seven to eight operating theatres. with microsurgical cases scheduled each day, ranging from free flaps, toe to hand transfer to brachial plexus reconstruction. The case load was enormous. In fact, I had the opportunity to see how a flap could be harvested in

different ways tailored to patients' needs. Professor Cheung and surgeon's preference.



World Society for Reconstructive Microsurgery (WSRM)



Fu-Chan Wei Club

"Fu-Chan Wei Lectureship Award". The aim is to select one who has great contribution to the reconstructive microsurgery specialty a s a role model for all reconstructive surgeons to follow.



2017





2019



A Comprehensive Reconstructive Microsurgery Center at CGMH / CGU

Service Center

- Trauma
- Cancer
- Congenital, developemental
- Difficult wounds
- Education, training Center
- Research Center

Conclusions

- "Train the trainer" is the most cost-, time-, sourceeffective way of spreading knowledge and skill in highly specialized surgical fields
- Success of "train the trainer" depends on:
 - Appropriate faculty with adequate support
 - Setting appropriate goals of fellowship
 - Selecting suitable fellow candidates
- Combined clinical fellowship and Master (PhD) degree of Science may help obtain even better result in the goals of "Train the Trainer"

"Train the Trainers" in Highly Specialized Surgical Field - Reconstructive Microsurgery



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