

Adopting Lean in Healthcare: An Experience of Paradigm Shift in Taiping Hospital

CHUNG WAI MUN

Malaysia

Declaration of Interest

No conflict of interest













New Straits Times

Taiping is No 3 most sustainable city in t





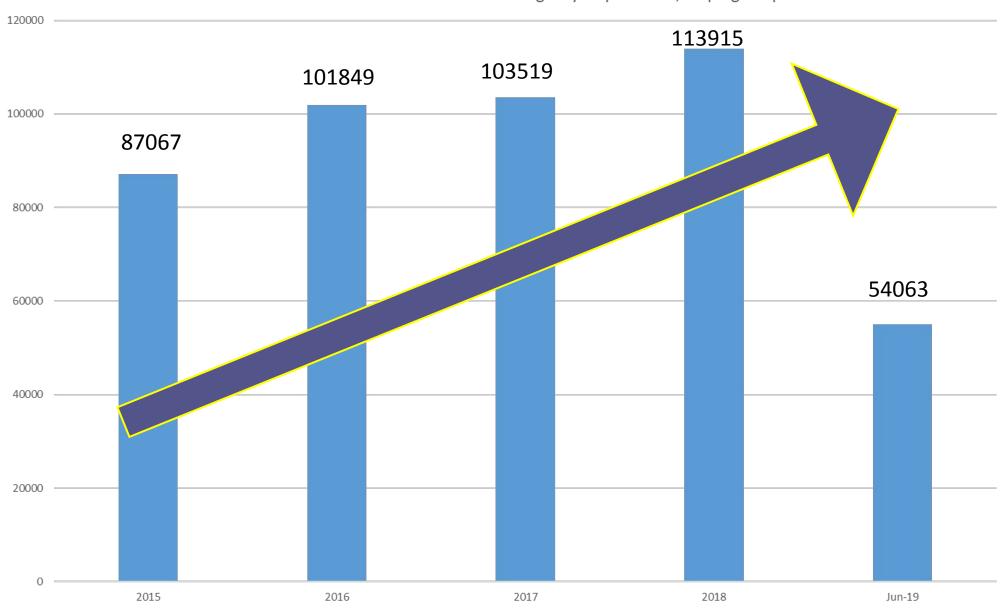
Content

- Introduction
- Lean Healthcare in Emergency Department
- Kaizen & Challenges
- What's Next?

• Lean.... You have invited a CHANGE....

Where it all started....





No. Of Clinical Beds In Emergency Department

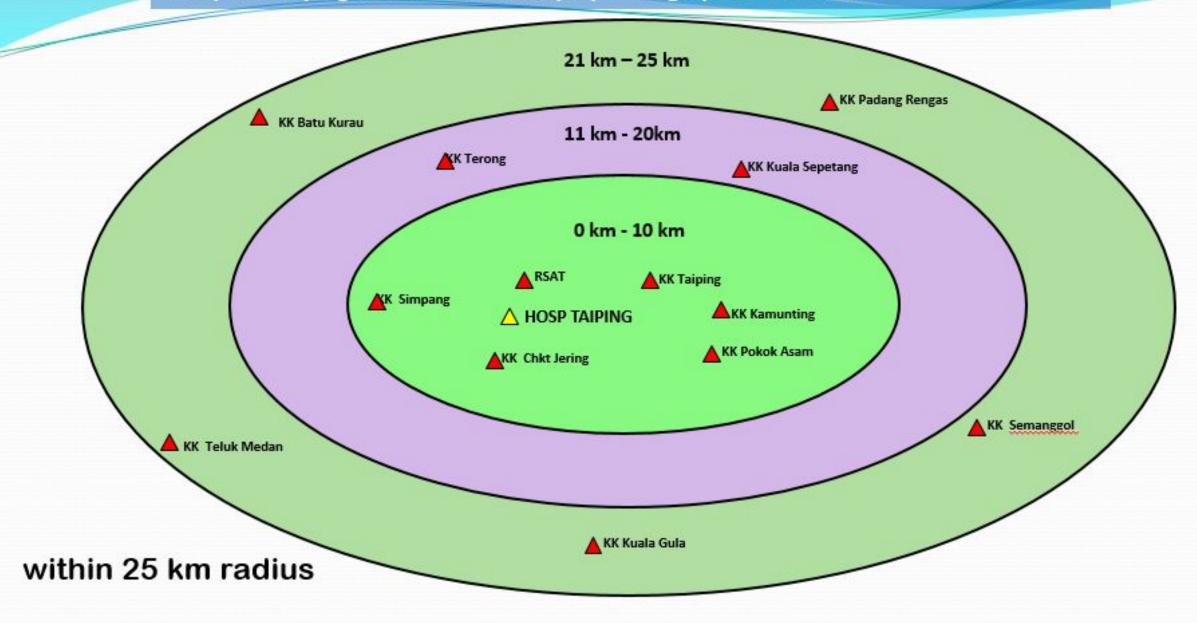
ZONE	NO. OF BEDS
RED (CRITICAL)	3
INTERMEDIATE RED/YELLOW	5
YELLOW (SEMI-CRITICAL)	9
OBSERVATION ROOM	8
ISOLATION	1
TOTAL	26

ZONE	ROOM
GREEN (NON-CRITICAL)	2

Staff Strength in Emergency Department

NO	STAFF	QUANTITY
1	Specialist	3
2	Medical Officer	18
3	House Officer (Interns)	22 (Seasonal)
4	Chief Medical Assistant (Paramedics)	8
5	Chief Nurse	2
6	Medical Assistant (Paramedics)	26
7	Staff Nurse	22

Hospital Taiping and Health Clinics (KK) - Geographical Illustration



Global Issue

- Access Block
- Overcrowding
- Burn-out
- Multitasking
- Limited spaces
- And the list continues.....

•We need changes....

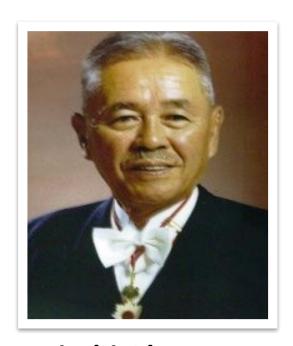
WHAT IS LEAN?



Lean refers to a **collection of principles** and methods that focus on the **identification and elimination** of **non-value added activity (waste)** in any process

James Womack, Daniel Jones, and Daniel Roos coined the term "lean" in their 1990 book *The Machine that Changed the World* to describe the manufacturing paradigm (often referred to as the Toyota Production System) developed by the Toyota Motor Company based on principles pioneered by Henry Ford.

LEAN THINKING (by Father of Lean)



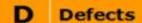
"Lean enable the production and delivery of the right amount of high quality products and service (as defined by your customers) at the right time at the first time while minimizing waste and being open to change..."

Taicchi Ohno
Father of Toyota Production System,
Kanban
Production Engineer Toyota

LEAN AND 8 WASTES

The 8 Wastes

To remember The 8 Wastes, you can use the acronym "DOWNTIME."



O Overproduction

W Waiting

N

Non-Utilized Talent

T Transportation

I Inventory

M Motion

E Extra-Processing



Defects

Efforts caused by rework, scrap, and incorrect information.



Transportation

Unnecessary movements of products & materials.



Overproduction

Production that is more than needed or before it is needed.



Inventory

Excess products and materials not being processed.



Waiting

Wasted time waiting for the next step in a process.



Motion

Unnecessary movements by people (e.g., walking).



Non-Utilized Talent

Underutilizing people's talents, skills, & knowledge.



Extra-Processing

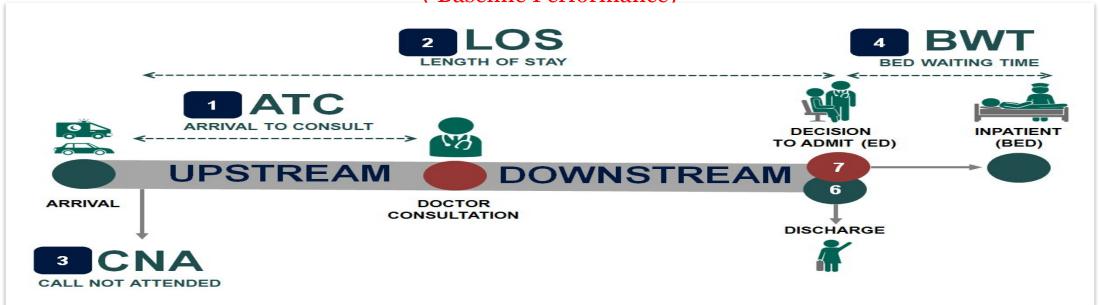
More work or higher quality than is required by the customer.



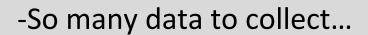


CURRENT SITUATION

(Baseline Performance)



NO	DATA (PERFORMANCE METRICS)	PRE LEAN	KPI	THROUGHPUT
1	ARRIVAL TO CONSULTATION (ATC)	37 mins	<90 Mins	95.8%
2	LENGTH OF STAY (LOS)	1 hr 19 mins	< 2 hrs	81.6%
3	BED WAITING TIME (BWT)	1 hr 19mins	< 2 hrs	83.6%
4	CALL NOT ATTENDED (CNA)	0.8%	<1.0%	-



- -So much work to do....
- -Is Lean applicable even for us?
- -The patient waiting time/ work flow in our department was quite good... Is Lean really worth the shot?



Methods

- Spaghetti diagram
- Heijunka
- Facility layout
- Visual workplace
- 5S

Value Stream Mapping

• AND many others.....

Value Stream Mapping (VSM) in ED (GREEN ZONE) Registration Consultation & **Secondary** Drop zone / **Pharmacy** Discharge: Counter & Triage /E-triage : **Assessment Primary** 1. Prescription slips **Payment** I.Vital Signs triage **Patient Leaves** P/T: 10 mins (Medication, MC, 2.V.S. + ECG P/T: 3 mins the Hospital P/T: 1 min Time slip,F/U) Qtv: 1 Room + P/T: 1. 5 mins P/T: 3 mins Referral letters Qty: 1 Qtv: 1 counter 1 Locum 2. 11 mins 60+ counter P/T: 1. 3 mins 2 min min min-? Qty: 5 counters 3 min Qty: 2 counters M/P: 1 MO & 1 HO M/P: 1 PPP 2. 5 mins M/P: 1 PT Locum: 1 MO M/P: 2 PPP M/P: 10 Pharmacist 6 Asst Pharmacist 10 min Prosedure Room: 1.Dressing 2.T&S Observation 3.POP **Referral to Respective** room Admission & Wad 4.Minor Intervention procedure 10 min Radiology: Department: 2 min **Registration:** 5.Medication 1.X-Ray (with exception) 1.Review patient 6.Bedside Ix (ECG,UPT) 1.Inform Ward 2.X-Ray (Spine/Abd) P/T: 120 mins 2.Direct Admission 7.Blood taking (Lab Ix) 3.CT-Brain 2.Register Ward Qty: 8 beds **(**) P/T: 1. 20mins * P/T: 1. 60 mins 11.0 mins P/T: 1. 2. 20mins * M/P: 1 S/N 2. 3 mins 23.7 mins 3. 20mins - 40mins P/T: 1. 2 mins 12.7 mins 2. 5 mins M/P: 1 Radiographer 6-14mins 20min Laboratory Ix 6.9/9.7 mins 1 PPK Qtv: 2. 1 Counter 1.FBC 9.6/ 8.4mins ADMIT 2.RP/LFT/Trop I etc 10.4 mins Reassessment & M/P: 2. 1 PT **Decision** Qty: 3 beds, 1 chair P/T: 1. 45 mins 2. 45 mins M/P: 2 PPP 30+ min P/T: 5 mins Qty: 1. 2 machine 2. 2 machine 5 min Patient sent to the ward

M/P: 1. 2 lab technician 2. 2 lab technician

Emergency Department Green Zone VALUE ADDED / NON VALUE ADDED / BUSSINESS REQUIREMENT

	VALUE ADDED	NON VALUE ADDED	BUSSINESS REQUIREMENT
PRIMARY TRIAGE			
Primary triaging/ Ask chief complaint	ſ		
WAITING AREA			
Wait at secondary triage			
, 3			
SECONDARY TRIAGE			
Brief history taking	\checkmark		
Check vital signs and record	\checkmark		
Perform simple procedure / dressing / medications if needed	V		
Register patient into E-Triage using patient's IC/Passport			\checkmark
REGISTRATION COUNTER AND PAYMENT			
Register patient into system using IC			\checkmark
Patient make payment/present GL			
Patient's ticket will be printed in Bilik A (Green Zone) via E-Triage			\checkmark
WAITING AREA IN GREEN ZONE			

	VALUE ADDED	NON VALUE ADDED	BUSSINESS REQUIREMENT
CONSULTATION & ASSESSMENT			
History taking	1		
Physical examination	√		
Documentating the history and examination			1
Refer to respective team if required		1	
Prescribe medications & Discharge	V		
Endorse medical leave	V		
Fill in forms - investigation, x-ray, notifications etc.			٧
Give forms (investigation, x-ray, procedure) to patient		1	
Give radiology form to radiographer Wait till being called for radio imaging			<u> </u>

	VALUE ADDED	NON VALUE ADDED	BUSSINESS REQUIREMENT
OBSERVATION ROOM			
Give prosedur slip to staff nurse			√
Patient was put on a bed	$\sqrt{}$		
Vital Signs taken			
Prosedur being done (Blood taking, ECG,CBS, Branula)	\checkmark		
Treatment administered (Medication, IV drips)	\checkmark		
Patient being monitored in observation room		$\sqrt{}$	
Staff nurse trace lab investigation results		$\sqrt{}$	
Inform Dr to review patient		$\sqrt{}$	
LABORATORY INVESTIGATIONS			
Compile blood sample and forms		$\sqrt{}$	
PPK send blood sample to lab		$\sqrt{}$	
Register lab form at lab counter			\checkmark
PPK take investigation results from pigeon hole		√	
PPK bring the investigation results to green zone		\checkmark	
Staff trace lab results via computer			
•			

	VALUE ADDED	NON VALUE ADDED	BUSSINESS REQUIREMENT
RE-CONSULTATION (ASSESSMENT & DECISION)			
Review investigation results		\checkmark	
Consultation with patient	\checkmark		
Fill up forms - procedure form / consent / notifications / referral letter / etc			V
Prescribe medications & Discharge	V		
Endorse medical leave	\checkmark		
Refer to respective team for admission/early clinic appointments/opinions		\checkmark	
Write diagnosis in patient census/ documentation			$\sqrt{}$
Give ticket to patient for registration		\checkmark	
ADMISSION & REGISTRATION			
Patient /relative register at counter for admission with IC		\checkmark	
PT confirm bed availability in ward		\checkmark	
Registration form and patient sticker printed			\checkmark
Registration form/ticket given to patient/relative to be given back to staff		V	
Staff inform ward regarding admission			\checkmark
Put Registration form/ticket at PPK counter		\checkmark	
Patient wait at green zone/ observation room before being sent into the ward		√	

KAIZEN / STRATEGIES

Kaizen/Strategies

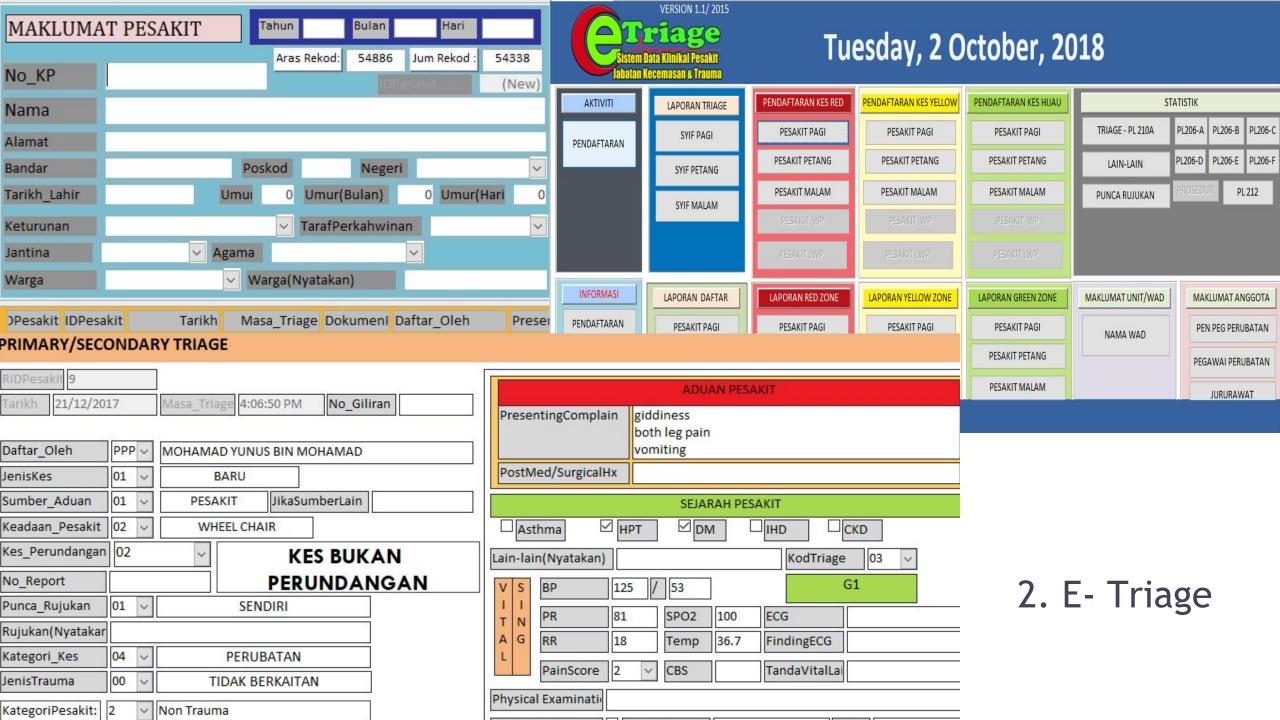
- 1. Triage Screener
- 2. E- Triage development
- 3. Patient Pitstop
- 4. Directives/Signage
- 5. Laboratory Notification System
- 6. Availability of Abdominal & Spine Xray in Satellite X-ray

+

- 1. Microphone in Green zone consultation rooms
- 2. Rearrangement of forms
- 3. Patient Disposition Status Monitoring (PDSM)
- 4. Bed Status in Ward

18/07/2016 11:39

Triage
 Screener



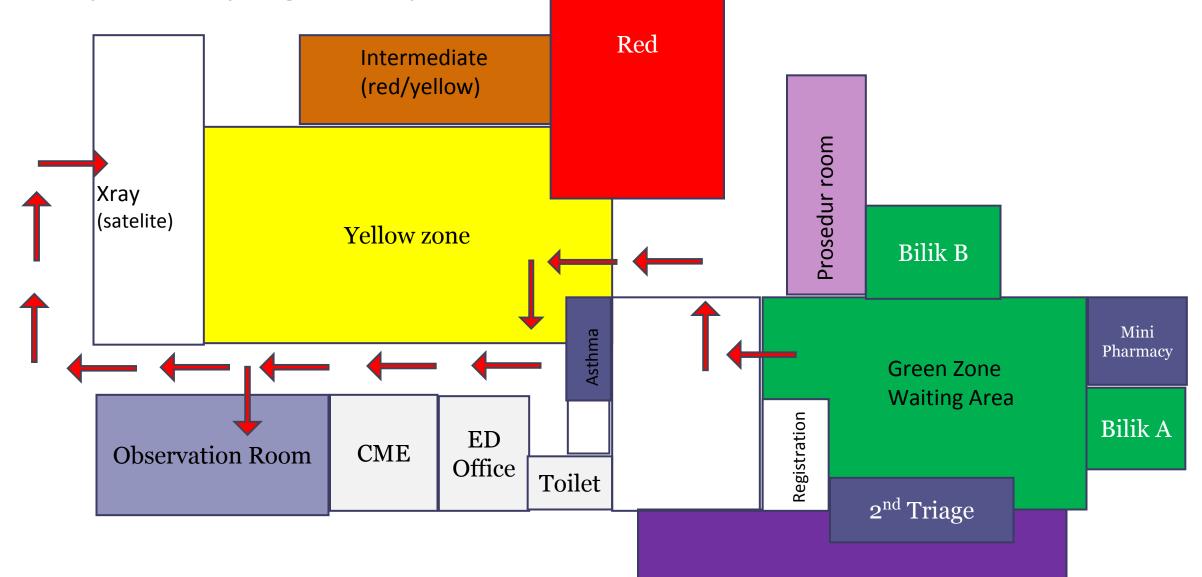
3. Patient Pitstop



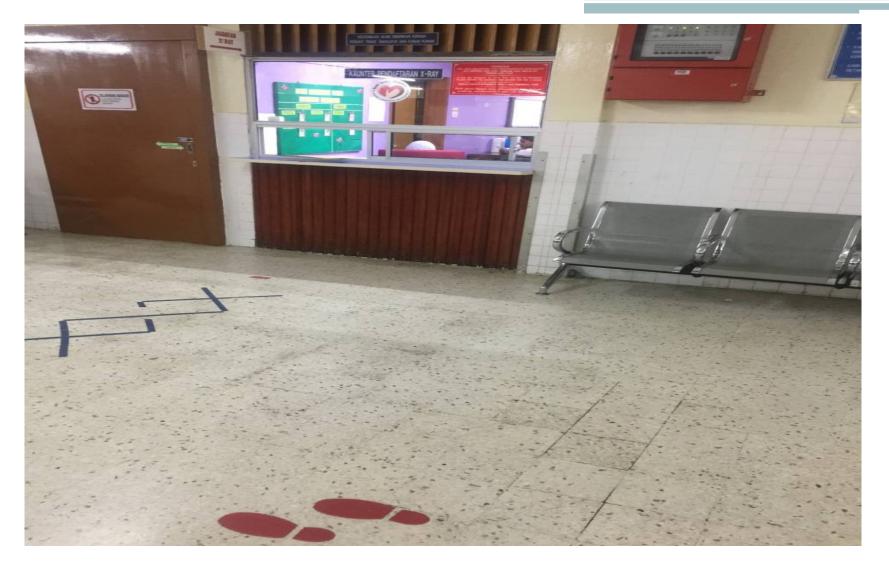
4. Microphones in consultation rooms



Hospital Taiping ED Layout







6. Availability of Abdominal & Spine Xray in Satellite X-ray

7. Rearrangement of forms

BEFORE

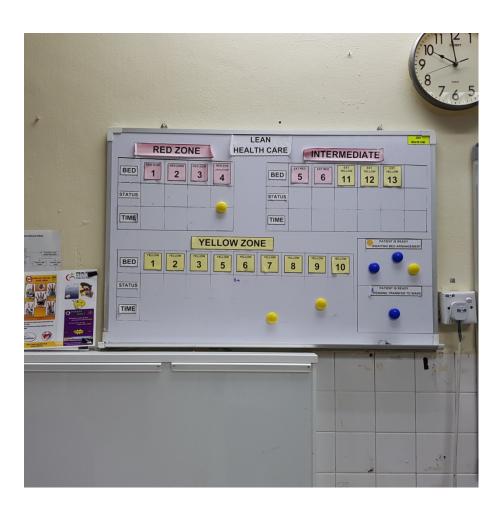




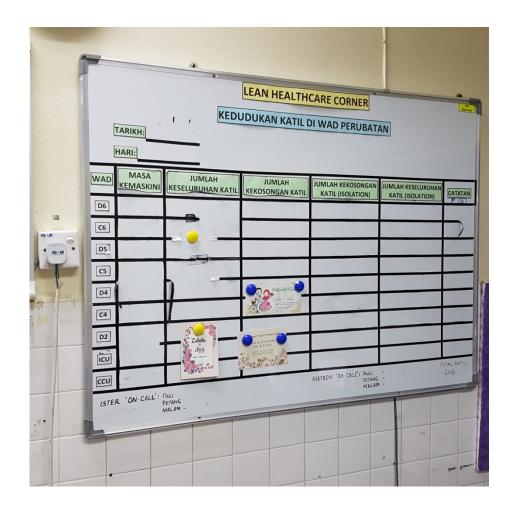
AFTER



8. Patient Disposition Status Monitoring (PDSM)



9. Bed Status in Medical Ward



DATA COLLECTED IN EMERGENCY DEPARTMENT

NO	DATA	PRELEAN 12/04/16 - 26/04/16	POST LEAN 1 19/09/16 - 02/10/16	POST LEAN 2 10/07/17 - 16/7/17	POST LEAN 3 30/04/18 - 06/05/18	POST LEAN 4 19/11/18 - 25/11/18
1.	SAMPLE SIZE	ATC: 2188	ATC: 1819	ATC: 651	ATC: 1134	ATC: 1336
		LOS : 2188	LOS: 1673	LOS: 642	LOS: 1134	LOS: 523
		BWT: 201	BWT : 171	BWT : 74	BWT:90	BWT: 53
2.	Mean ATC (Green Zone)	37 mins	27 mins	31 mins	33 mins	33 mins
3.	Throughput ATC (<90mins)	95.8 %	97.3 %	94.5 %	95.1 %	96.9 %
4.	Mean LOS (Green Zone)	1 hr 19 mins	1 hr 17 mins	1 hr 27 mins	1 hr	1 hr 25 mins
5.	Throughput LOS (<2 hrs)	81.6 %	82.0 %	78.8 %	77.3 %	72.1 %
6.	Mean BWT (Medical case)	1 hr 19 mins	1 hr 57 mins	2 hrs 32 mins	3 hrs 13 mins	2 hr 51 mins
7.	Throughput BWT (< 2hrs)	83.6 %	69.6 %	54.1 %	36.7 %	34.0 %
8.	CNA (Call not available)	0.8 %	1.6 %	1.2 %	0.8 %	0.67 %
	(KPI ≤ 1%)				0.11	ival to consultation

ALC: Arrival to Consultation

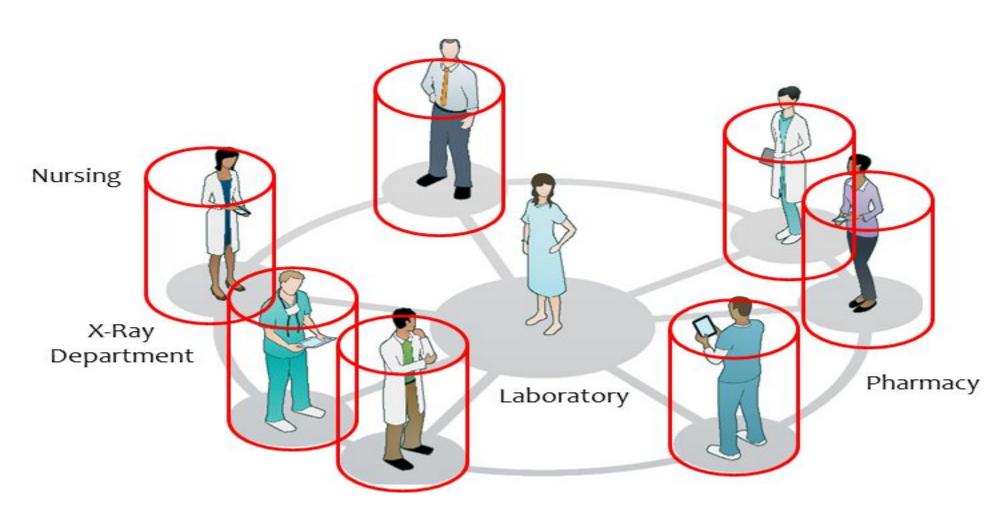
LOS: Length Of Stay BWT: Bed Waiting Time CNA: Call Not Attended

What's next?

CHALLENGES IN HEALTHCARE SERVICE IN ADOPTING LEAN

- 1. Failure to recognize
- 2. Resistance to accept / change
- 3. Sustainability
- 4. Existence of silo

Another important value creation generated from this project is breaking-up the silos.



Creating awareness in other Depts







...and share the knowledge...







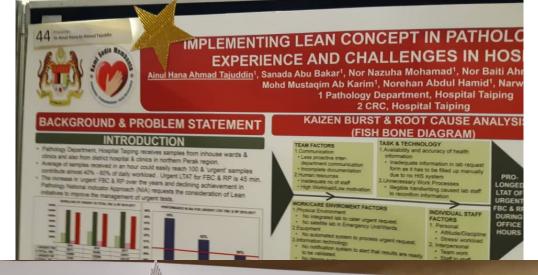
...involve the top level....





NATIONAL LEAN HEALTHCARE CONFERENCE 2018: Everybody Can Lean (25th Sept - 27th Sept 2018)







Nor Masniwati Saidin, Rohaiza Abdul Hamid, Fariduddin Mohamad Ali, Mohamad Syazwan Jahaya, Nor Fadzilah Kamarul Azhar Department of Ophthalmology, Hospital Taiping

INTRODUCTION

congestion and long waiting time for patients has always been a clinical urden in Ophthalmology Clinic. Implementation of multi staged Lean lealthcare initiatives with emphasis on continuous improvement and raste elimination was done to improve the quality of service of the core epartment and providing endless benefit for the patients.





Until June 2019.....

- Emergency Medicine
- Internal Medicine
- Pathology
- Opthalmology
- Radiology
- Orthopedics
- Pharmacy
- Pediatrics
- Diatetics
- General Surgery
- Research Center
- Administrative office

Since Year 2017.... The idea of clintroduced...

- Lead Hospital : Taiping Hospital
- Non Lead Hospital :

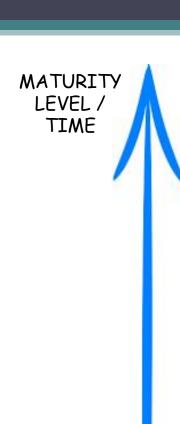
Selama Hospital (46.5km)

Parit Buntar Hospital (52.7km)

Grik Hospital (124km)

Kuala Kangsar Hospital (36.5km)





Steps of Lean Characteristics



ESTABLISH TEAM AND SUPPORT

3

BUILD EXPERIENCE

2

LEAN KNOWLEDGE

WILLINGNESS

Focus Effort

Typical way of doing improvement



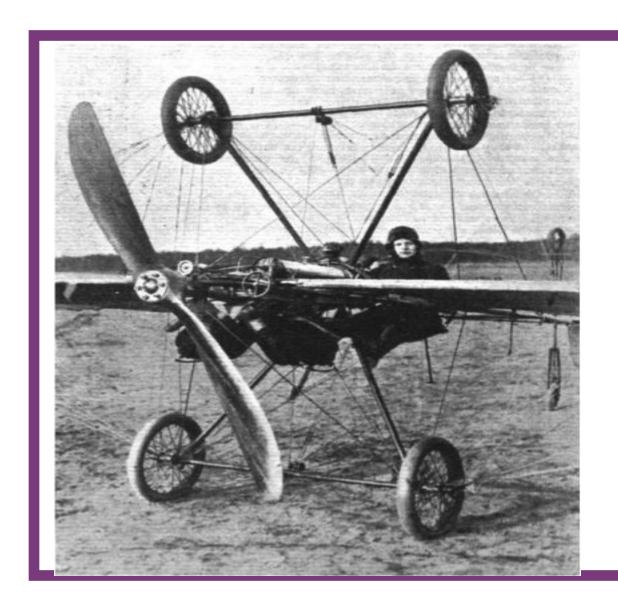
FIRE FIGHTING



New way of doing improvement



FIRE PREVENTION



Knowing is not enough. We must apply. Willing is not enough. We must do.

~ Bruce Lee

"Lean

Height problem of all ..."

Taiichi

Ohno

 Lean Healthcare is not a project, it is a journey...As you go along this journey, new hurdles will emerge and we need to try to solve it. This is an ongoing cycle...

Thank you