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C7 #qfc7





# Patients, staff, citizens, institutions, communities, populations - improving health & care together

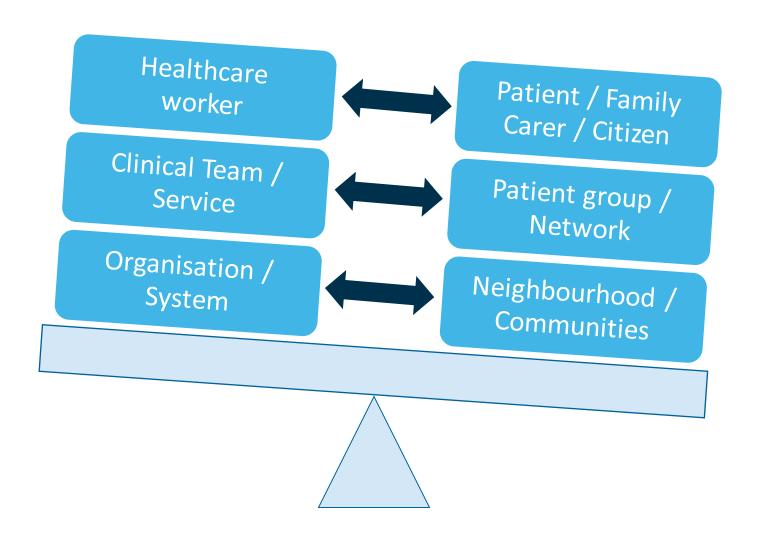
Sibylle Erdmann, Parent Carer, London Neonatal Parent Advisory Group @LdnNeonatal\_ODN

**Bob Klaber,** Consultant General Paediatrician and Deputy Medical Director, Imperial College Healthcare NHS Trust @bobklaber

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#### Improving health & care together

A framework for partnership, balancing power & action



## Reflections on my role as an individual



"Thunderstorm", 2012

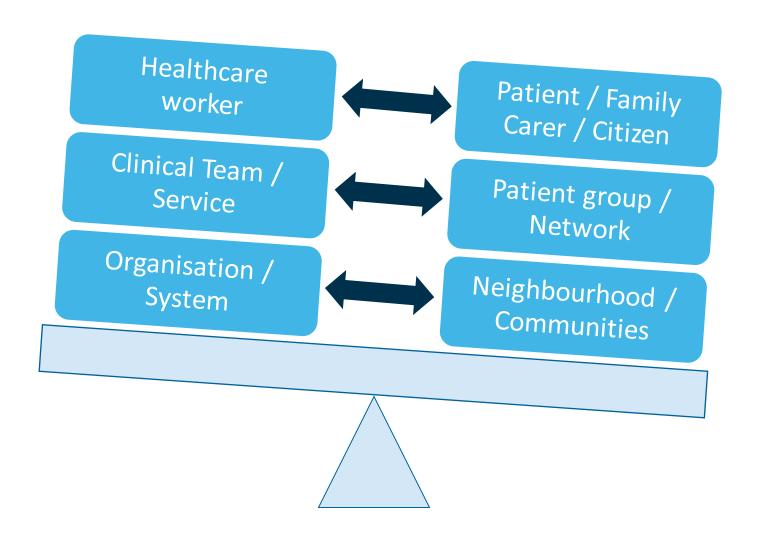
#### First reflections

- Task: 3-4 minutes of reflective conversation
- With the person next to you

- 1. How do you feel after hearing these stories?
- 2. What resonates with any experiences you have had yourself?

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#### London Neonatal Network

- 27 neonatal special care and intensive care units across a wide geographical area
- Each year, arranging the care for over 12,000 babies and supporting their families during this time
- Improving access to specialist neonatal services, better outcomes and experiences for babies and their families
- Involving parents at all levels in our work
- Creating a whole systems change through working as a network, for example through systematic data collection
- Reaching beyond the network, collaborating with maternity services on a number of projects

#### **London Neonatal ODN 2018 Update**

#### Objectives

Improving access to specialist neonatal services to improve outcome and patient experience

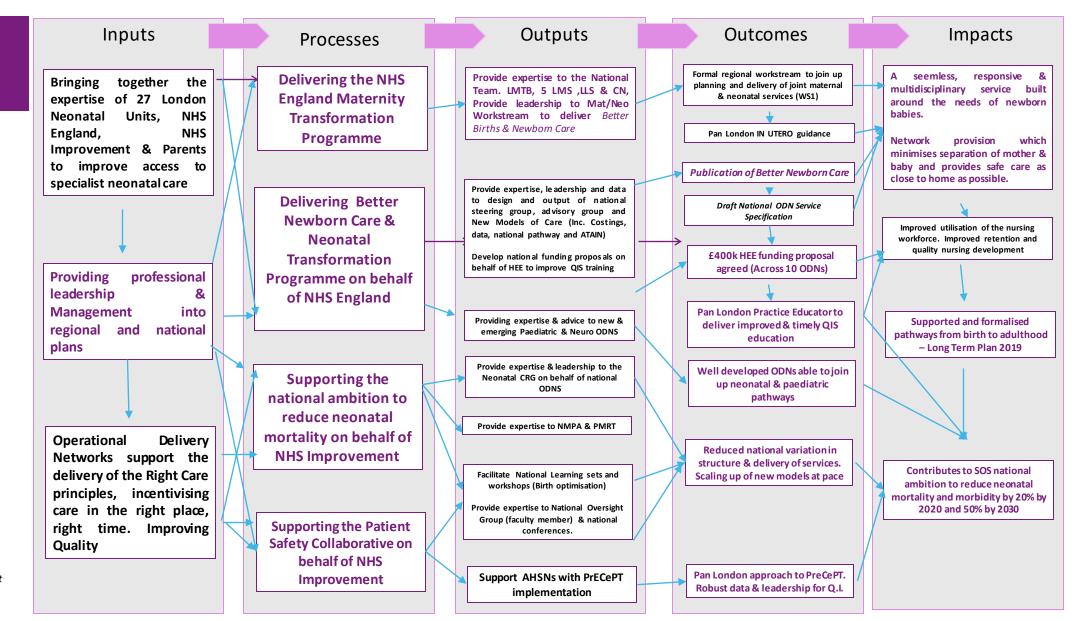
#### **Projects**

Implementation of Better Births

Maternity and Neonatal Transformation

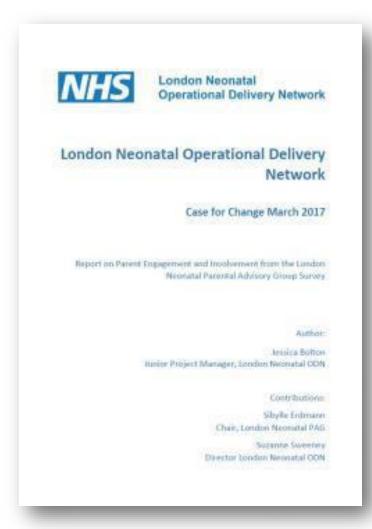
Reducing variation and mortality

<sup>\*</sup>Italics = planned next steps and/or target outcomes and impacts



#### Case for Change

A shared document on parental involvement



- The Case for Change document reflected what many units were doing or planning to do on parental involvement
- The report was supported by NHSE and Bliss
- The Case for Change aligns with principles of Family Integrated Care and 'New Models of Care'



#### Parent Advisory Group

#### What our role can be

- Set membership
- Pre-determined agenda
- Centralised location
- "Strategic"
- Outcome focused
- A process of its own



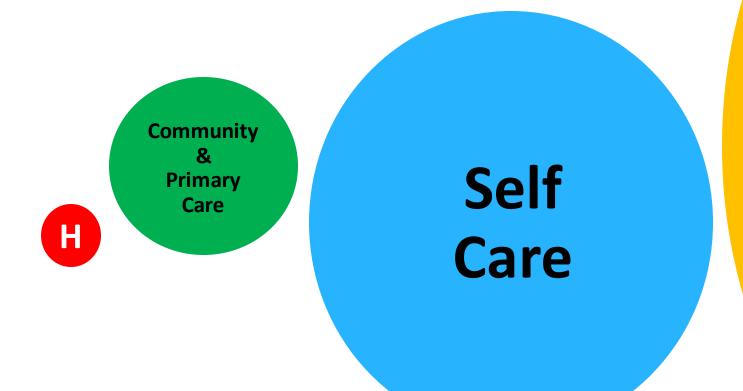
- Fluid membership
- Evolving agenda
- Mobile
- You can bring yourself
- Organic
- Linked to existing local processes

We have become a travelling conversation....





## 8760 hours....



## Life



## Community Organising An improvement methodology





1. Build a diverse alliance

5. Celebrate, evaluate & hold to account

2. Listening Campaign

4. Action

3. Prioritise issues



### Listening to People





We had over 500 conversations

Conversations with patients





Face to face conversations



Via focus groups





St Mary's Hospital



Western Eye



**Charing Cross Hospital** 



Hammersmith Hospital And Queen Charlotte's and Chelsea Hospital







 The Al Manaar Islamic Centre

The Abbey Centre

 Willesden New Testament Church

 Refugee Group, Ealing Council

Southall Community
Allicance

 HM Prison Wormwood Scrubs

Parkview Clinic

Mind











### An Organisational Approach to Involvement

#### Maximising individual health and wellbeing

#### Supporting care and service delivery

Activities to support greater ownership of health and care (such as selfmanagement, expert patient programmes, peer support, shared decisionmaking)

Fundraising,
volunteering
and potentially
'paid' patient
roles, including
to support
other
categories of
involvement
(such as
collecting
patient
feedback or
acting as a peer
support worker)

#### Improving care and services

Taking part in activities to develop and test our understanding of what improvements are needed, how they can be achieved, and whether they have worked (such as experience-based codesign, focus groups, clinical and health service research, providing feedback)

#### Strategy, policy and planning

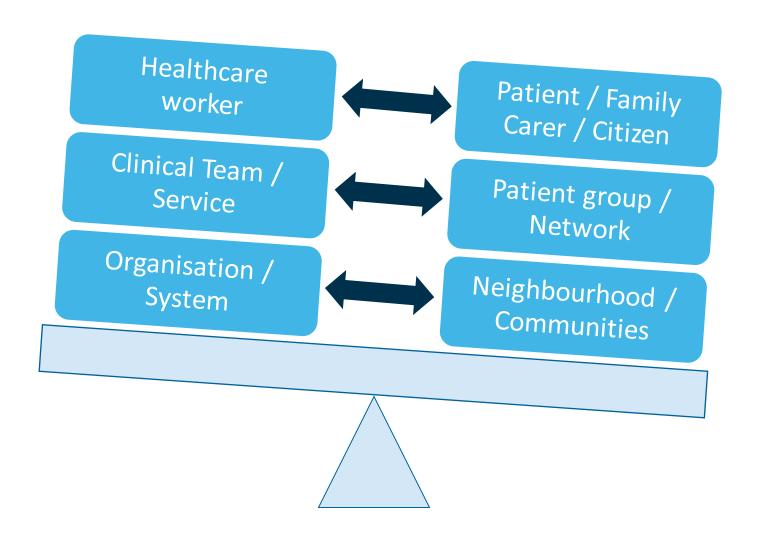
Involvement in developing and implementing strategy and policy (such as lay representative roles on programmes and project boards)

#### **Agency & URGENCY**



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## More than buildings and services



We are more than buildings and services, we are staff and our communities

We impact peoples lives through healthcare and beyond



#### An anchor institution in the community



Healthcare organisations need to think about how they can harness their potential and deliver a range population health benefits to their communities through:

- Responsible employers and job creation working with local residents
- Innovative use of facilities and estates to benefit the community
- Working with local businesses
- Volunteering both ways
- Environmentally sustainable practices



#### Healthcare organisations as anchor institutions



#### A few examples





Employment pathways for local residents in disadvantaged groups

Staff undertaking volunteering activities with local community

Staff running food banks

Open and green spaces to support local business e.g. farmers markets

Local charities and community groups using non clinical areas

Engaging with local business to develop skills

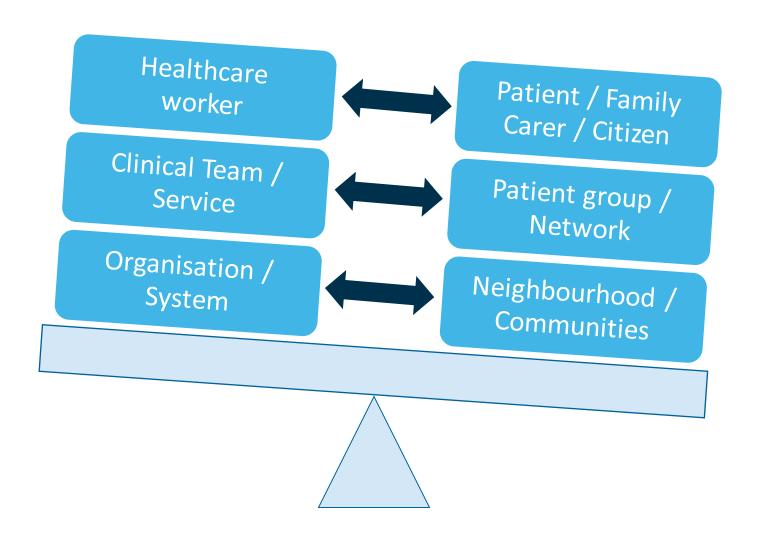
#### Further reflections

- Task: 7-8 minutes of reflection, discussion & planning
- In groups of 3-4 people

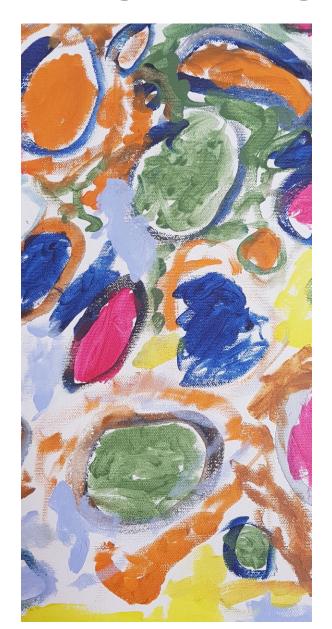
- 1. What jumps out at you from what you have heard?
- 2. Are there activities or approaches that you now want to initiate or strengthen as a result? How?

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## Closing thoughts



"Circles", 2018

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