

Nursing-Building a Better Today and a Vibrant Future

BMJ/IHI Forum

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President Emerita and
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Opportunities for Us All

- Working with today's nurses to create great work
- Improving care with nurse-led innovations
- Building a vibrant pipeline for the future



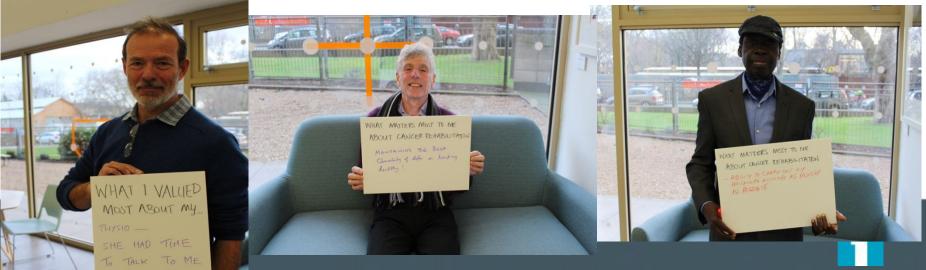
1. Identify **Royal Free Hospital** Area / Team **What Matters To Staff** Improvement Cycle 2. Asses Team Readiness and devise time lines Divisional / team leaders begin team discussions to prepare staff for a WMTY survey 3. Survey 8. Staff wellbeing 4. Analysis on the agenda 5. Report to 7. Team Action Senior Team Plan 6. Present to whole Team

WMTY: Vital to ask when developing

services







WMTY Matrix

Significant time, planning, structural or process changes needed

Patients 25%

Staff 34%

Complex but small scale

Involves one individual or local team

Patients 54%

Staff 42% Simple and meaningful – Just Do It!

Very complex, requires blue-sky thinking!

Patients 11%

Staff 7%

Requires involvement from internal or external teams

Collaboration required but do-able

Patients 16%

Staff 17%

Minimal planning, structural or process changes needed



Ask

Listen

Do

What Matters to Staff (JiW)

what matters to you?

What Matters to Patients

What Matters to the Organisation



The Backpack Nurse



Katrine Seier Fridthjof, RN Region H, Rigshospitalet, Denmark



Chemotherapy at Home

- A new service allows patients to have high intensive chemotherapy treatment at home without any staff being physically present
- Possible due to a portable digital pump carried in a sleek backpack codesigned by patients, clinicians, and the Copenhagen Design School



Benefits to Home Chemotherapy

- Patients can:
 - Spend more time with their families
 - Enjoy their own home meals
 - Keep up with physical training
 - Enjoy usual pastime routines
 - Avoid risks of acquiring hospital acquired infections (HAIs)



Rigshospitalet Making the Case	Denmark Ability to Grow	International Ability to Scale
The Concept: Chemo high intensive chemotherapy treatment at home. Prophylactic antibiotics treatment at home. Complete redesign of work flow. Design Principles: Designed and tested with patients. Identifying key touch points in the process from a patient's perspective. Feedback from patients and staff ensures that the concept is safe to use. Trained staff available by phone	Pull effect from other DK Clinics: The five other DK Haematology Clinics at Herley, Odense, Roskilde, Aalborg and Aarhus are implementing the concept during 2016. Adapting the concept: Program management by Rigshospitalet and local project management – both with in depth knowledge of all relevant clinical issues. Rigshospitalet provides the framework + textbooks and then	Moving onwards: Working with Copenhagen Healthtech Cluster (Greater Copenhagen) to make the concept available internationally. First foreign leads are in the book. The concept was awarded a European Public Sector Best Practioner Award 2015 by The European Institute of Public Administration (European Union).
24/7. Impact:	invite clinics to finalise details relevant to local requirements. Implementing:	
 Shortening stays in bed wards from 30 to 10 days. During first year implementation a net saving of 550 bed days. 	A minimalistic and disciplined approach to drive the new concept towards shared patient/clinic value. Create impact to patient quality and costs a lot faster than before.	

Source: Rigshospitalet, Denmark

















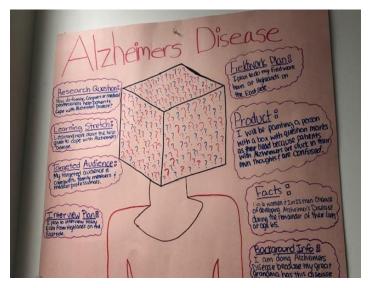








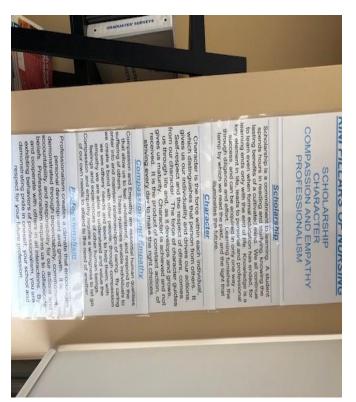










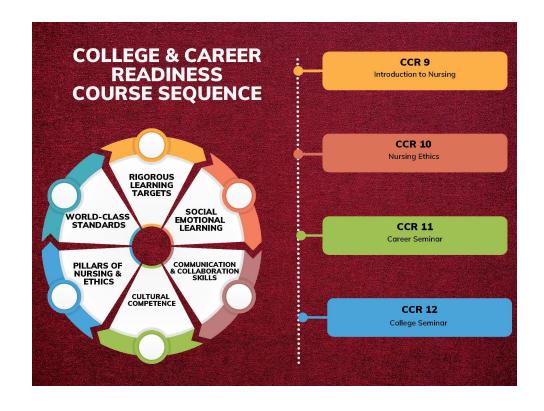






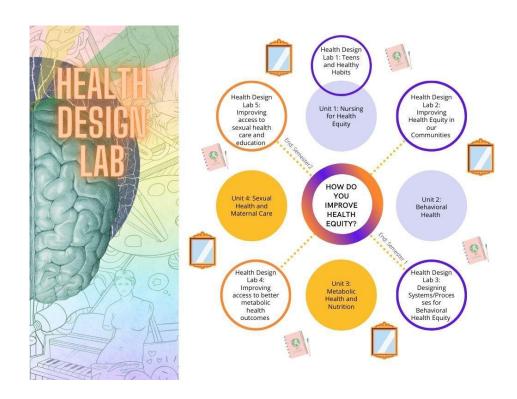


College & Career Readiness Course Sequence





Health Design Labs Infographic





Thank you!

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