

A bootcamp for leaders

Welcome!

Declaration of Interest

- Who has paid you to give talks - none
- Who has paid you for advice - none
- Who has funded your research - none
- Who has paid for you to attend conferences – SALAR and Swedish Medical Managers' Association
- If you have any other interest that could be connected with your work as a doctor (for example share holdings in pharmaceutical companies) - none



Tina Crafoord

Tina Crafoord is Chairman of the Swedish Medical Managers' Association, part of the Swedish Medical Association. She is also a member of the federal board of the Swedish Medical Association.

Another of her assignments is as Head of delegation for CPME (The Standing committee of European Doctors).

She is a chief physician in anesthesia and intensive care and has worked for many years as a manager and leader in complex organizations.



Marie Blom Niklasson

Marie Blom Niklasson is senior adviser in quality and leadership, with many years of experience.

She works at SALAR (The Swedish Association of Local Authorities and Regions) with leadership programs for managers and politicians who lead the transformation to a person-centered and integrated care.

She is also the host of SALAR's top-management program. She has a background as an anesthesia nurse but with further education in quality, economics and political science.

Why a bootcamp?

- The challenge of the future requires a lot of leadership
- We need to make big changes in healthcare
- It requires courageous and clear leadership
- The management needs to show the right way and to show courage and vulnerability
- That is the reason why we go outside our comfort zone and stands here dressed in training clothes
- It all begins with YOU!



Why a bootcamp?

- We believe in a leadership filled with courage
- We have to challenge ourselves
- Training together in a safe environment
- Be each other's PT, personal trainers
- Think new thoughts, get creative
- Get out of our common, comfortable habits
- Prepare ourselves to lead the management of healthcare forward, maybe in new ways

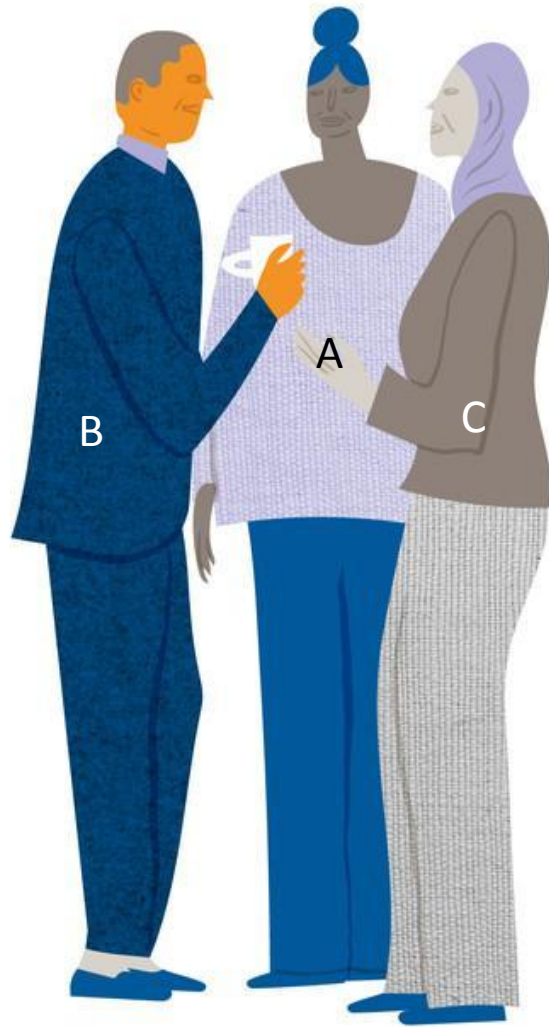


Agenda

- 11.00 Welcome
- 11.05 Warm up and a short introduction
- 11.15 Bootcamp
- 11.30 Bootcamp
- 11.45 Bootcamp
- 12.00 Reflections around the table
- 12.10 Summary and stretching
- 12.15 Lunch



Warm up



Instruction for the bootcamp

- Find two training buddies.
- Decide who will be person A, B and C.

"IKEA healthcare"

Person A is the leader and describes for 3 minutes what he or she is the leader of.

Person B: Patient/client

Person C: PT

B and C help person A to get creative by asking questions inspired by "IKEA healthcare".

"Design by patients"

Person B is the leader and describes for 3 minutes what he or she is the leader of.

Person C: Patient/client

Person A: PT

C and A help person B to get creative by asking questions inspired by "Design by patients".

"Hell-care"

Person C is the leader and describes for 3 minutes what he or she is the leader of.

Person A: Patient/client

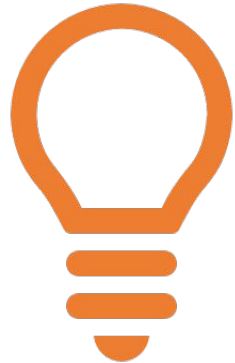
Person B: PT

A and B help person C to get creative by asking questions inspired by thinking in the opposite way".

Instruction

- Go to one station – feel free to choose.
- You have 15 minutes per station.
- When you hear the music, it's time to change station. Go with the same buddies to each exercise.

Reflections?




My best idea to take home




Other lessons / reflections



We hope....

- You have at least **one** new idea for the future!
 - You have **two** new friends!
 - You would like to take a photo of you and your new friends and publish it on Twitter/Linkedin with hashtag: #Bootcamp and #Quality2022
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Thank you and
keep up the
exercise!

Tina and Marie