

Ask Us!

Participatory quality improvement
by clients, family members and
professionals together

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Credits go to:

Heerings, Marjolijn, et al.

"Ask us! Adjusting experience-based codesign to be responsive to people with intellectual disabilities, serious mental illness or older persons receiving support with independent living." Health Expectations (2022).



The Experience Experts

And.....

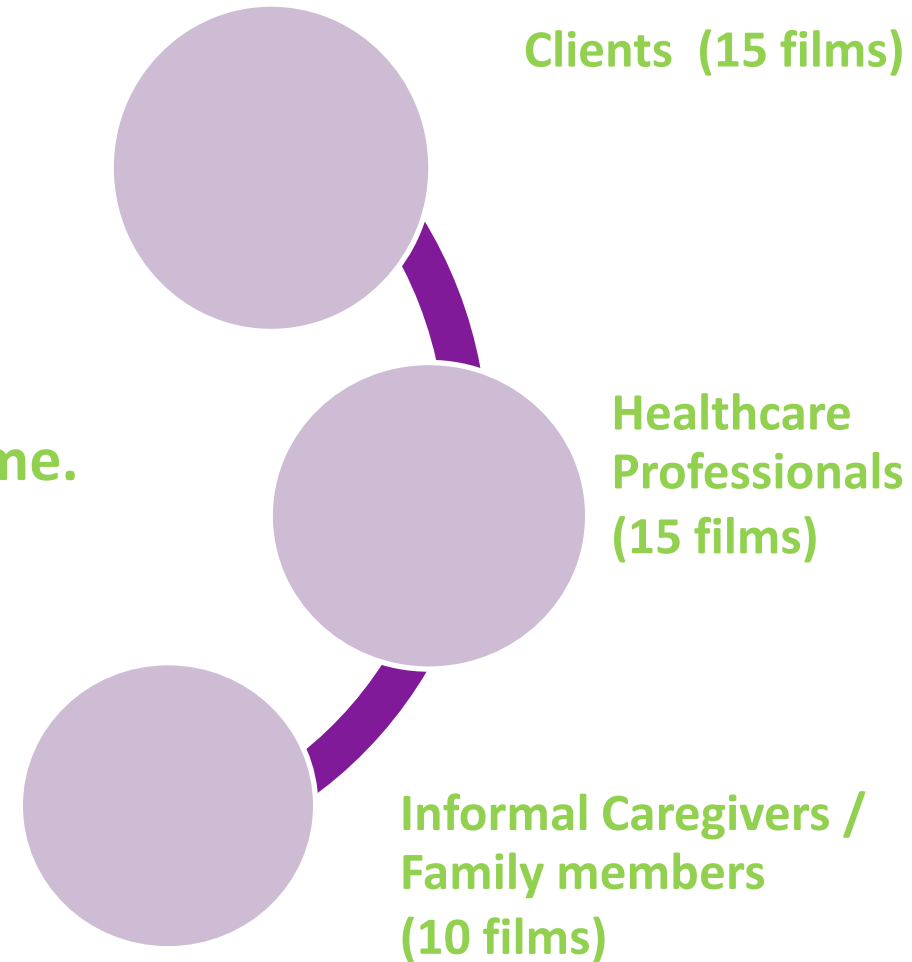
to all the participants who bravely shared their experiences.

'Ask us!' a Method for critical reflective co-design

- Adapting the *Experience based co-design* method for long term care
- Focus for now on people living with intellectual disabilities, serious mental illness or older persons receiving home care services or living in a nursing home.

- Trigger films

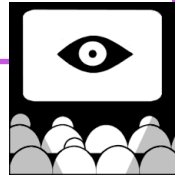
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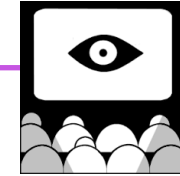
Ask us! Overview

1. Collecting experiences

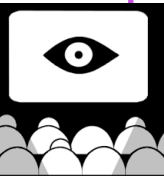
Group session
professionals



Group session
clients

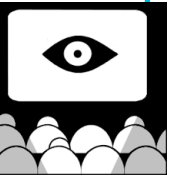


Group session
significant
others



2. Reflection on similarities and differences regarding improvement themes

Bringing clients, professionals and informal carers
together to share experiences



3. Developing care experiments

Co-design groups per theme of
professionals, clients & significant others

Celebration events



Ask Us!

Thank you so for your time and attention!

If you would like to receive an article with more info on this approach, please feel free to contact us on:

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