

E8: “Channel your inner stoic” –
seven actionable improvement
leadership tips from ancient
philosophy



International Forum on
QUALITY & SAFETY
in **HEALTHCARE**
COPENHAGEN



Adapting to a changing world: equity, sustainability
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 Institute for
Healthcare
Improvement

BMJ

“Channel your inner stoic”

**seven actionable improvement leadership tips
from ancient philosophy**

Disclosures

We have no conflicts of interest to disclose with regards to this presentation:

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Focus on what you can control

Ruth Glassborow

Director of Improvement

Healthcare Improvement Scotland

Take action and lead by example

Wendy Korthuis-Smith
Executive Director
Virginia Mason Institute

Be virtuous and put aside your ego

Karen Turner

Senior Improvement Advisor

Royal Free Hospital, London

Practice resilience when faced with failure

Cat Chatfield

Director

Health Services Research UK

Act with empathy and understanding

Karen Turner

Senior Improvement Advisor

Royal Free Hospital, London

Eliminate toxic emotions and their effects

James Mountford
Health Strategy Officer
Galileo Global Education

Never blame others; shoulder the burden

Birgit Hartoft
Danish Society for Patient Safety
and
WHO Patient Safety Champion