

E9: Delivering equity and sustainability



International Forum on
QUALITY & SAFETY
in **HEALTHCARE**
COPENHAGEN



Adapting to a changing world: equity, sustainability
and wellbeing for all



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International Forum on
QUALITY & SAFETY
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COPENHAGEN

15-17 May 2023

Bella Center | Copenhagen, Denmark

E9: Delivering equity and sustainability short oral presentations



International Forum on
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in **HEALTHCARE**
COPENHAGEN

Welcome

Jan Mainz, Region North Denmark & Aalborg University



H Institute for
Healthcare
Improvement

BMJ



International Forum on
QUALITY & SAFETY
in HEALTHCARE
COPENHAGEN

Disparities in emergency care among patients with mental illness

*Julie Mackenhauer, Danish Center for Health Services
Research*



INDGANG SUND

DISPARITIES IN EMERGENCY CARE AMONG PATIENTS WITH MENTAL ILLNESS

Julie Mackenhauer

MD PhD

Why mental illness?

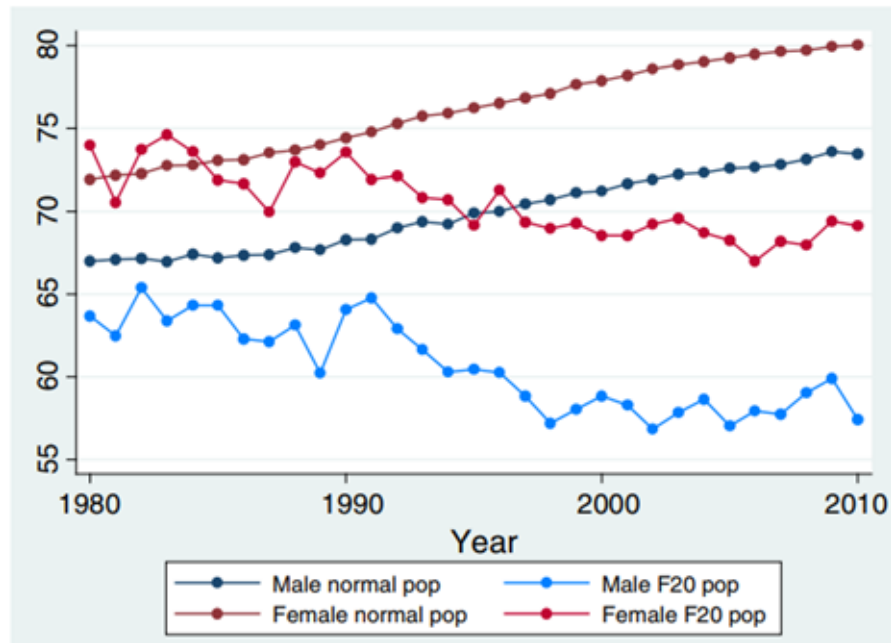
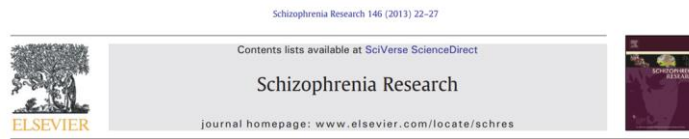


Fig. 2. Average age of death by year for the schizophrenia and general population over three decades with intentional self-harm excluded as cause of death.

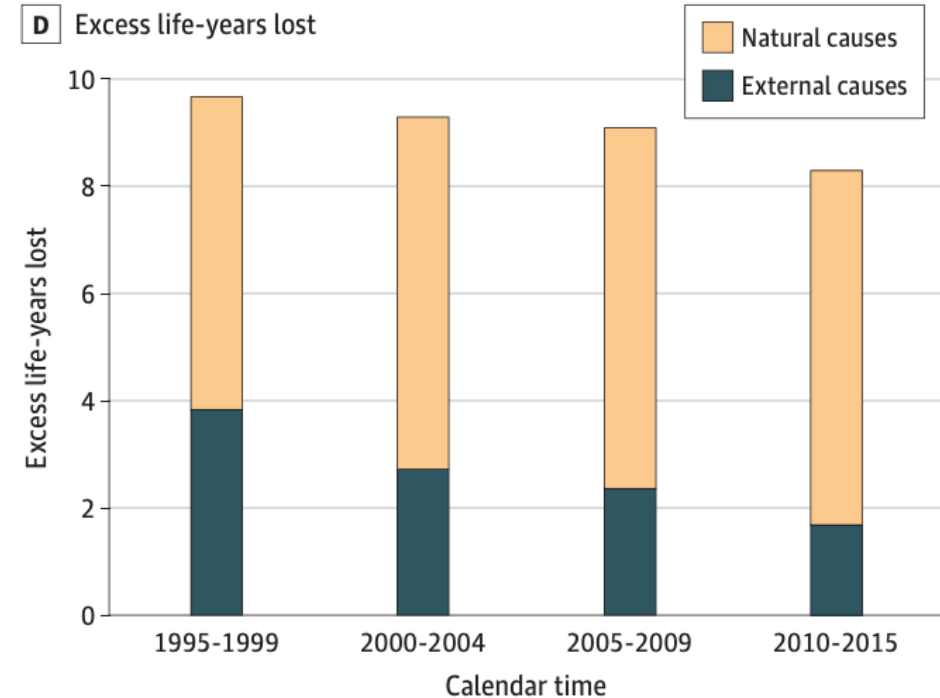


Increasing mortality gap for patients diagnosed with schizophrenia over the last three decades – A Danish nationwide study from 1980 to 2010

René Ernst Nielsen ^{a,b,*}, Anne Sofie Uggerby ^a, Signe Olrik Wallenstein Jensen ^a, John Joseph McGrath ^{c,d}



PSYCHIATRIC HOSPITAL



RESEARCH LETTER

Changes Over Time in the Differential Mortality Gap in Individuals With Mental Disorders

JAMA Psychiatry June 2020 Volume 77, Number 6

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Nanna Weye, MSc
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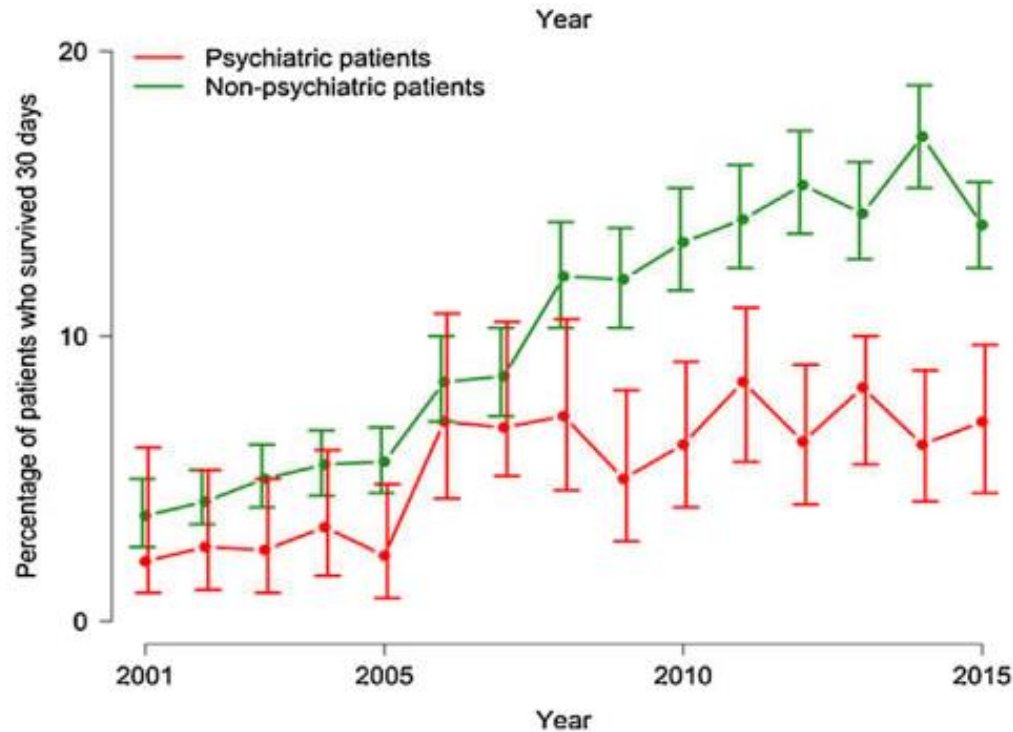
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Emergency care

8

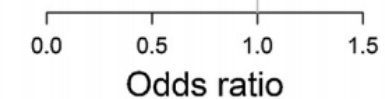


Reference: Patients without psychiatric disorders

Estimate (CI₉₅)

Patients with any psychiatric disorders

Public location of cardiac arrest	0.99 (0.92-1.08)
Witnessed arrest	0.75 (0.70-0.80)
Bystander CPR	0.77 (0.72-0.83)
Bystander CPR among bystander witnessed OHCA	0.73 (0.66-0.81)
Bystander defibrillation	0.50 (0.39-0.64)
Shockable heart rhythm	0.37 (0.33-0.40)
ROSC upon hospital arrival	0.66 (0.59-0.72)



Unfavourable OHCA characteristic

Favourable OHCA characteristic



Available online at www.sciencedirect.com

Resuscitation

journal homepage: www.elsevier.com/locate/resuscitation



Clinical paper

Out-of-hospital cardiac arrest in patients with psychiatric disorders — Characteristics and outcomes

Carlo Alberto Barcella^{a,*}, Grimur H. Mohr^{a,b}, Kristian Kragholm^{c,d,e}, Paul Blanche^{a,f,g}, Thomas A. Gerds^{f,h}, Mads Wissenberg^{a,i}, Steen M. Hansen^{d,e}, Kristian Bundgaard^d, Freddy K. Lippertⁱ, Fredrik Folke^{a,i}, Christian Torp-Pedersen^{c,k}, Lars V. Kessing^l, Gunnar H. Gislason^{a,h}, Kathrine B. Søndergaard^a



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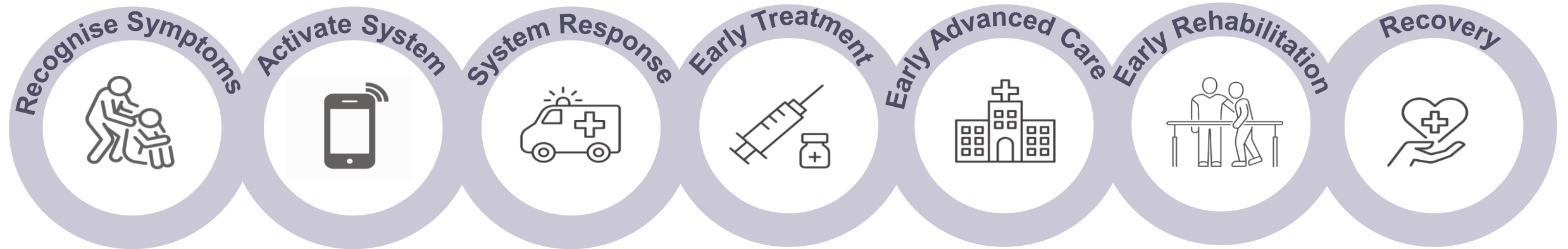
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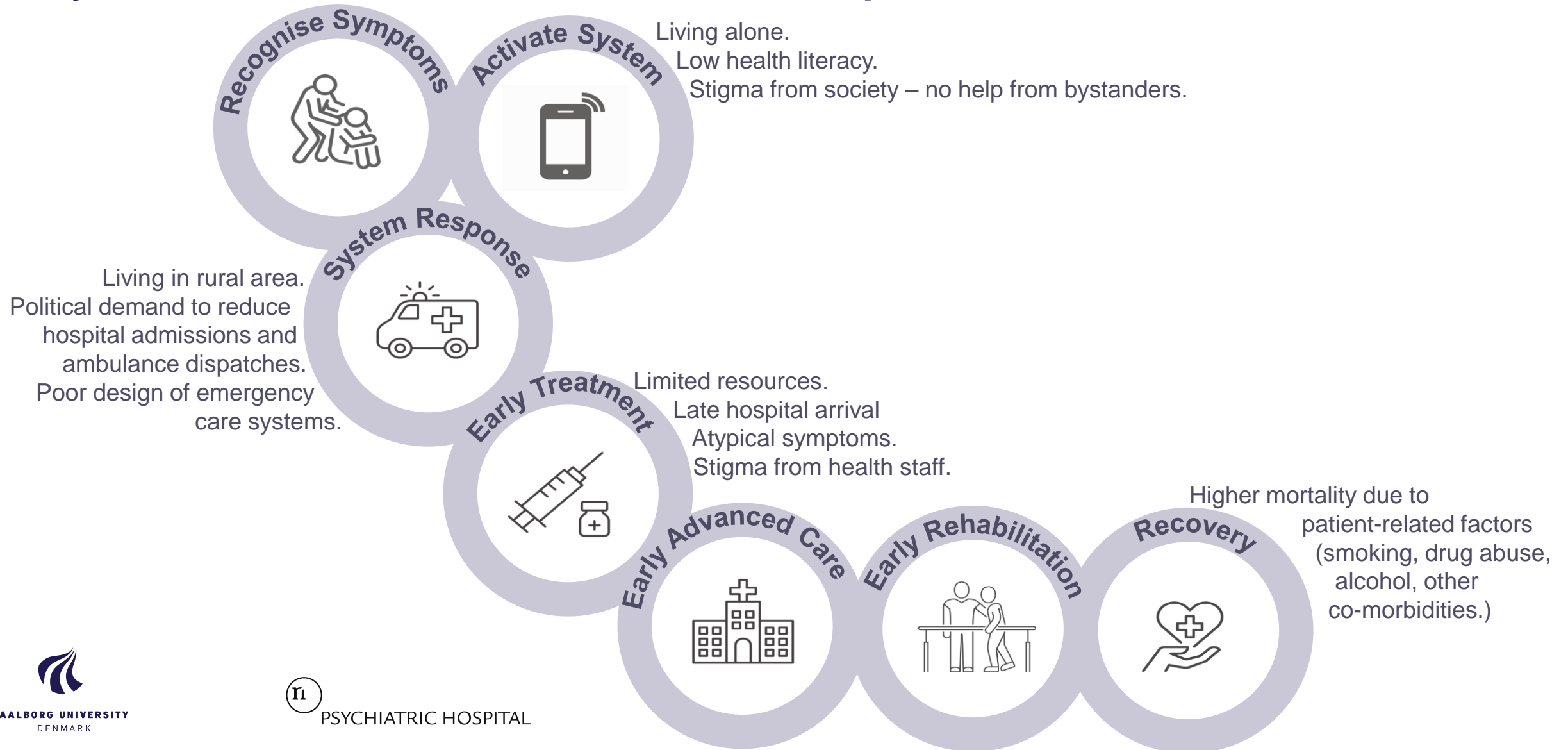
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Chain of Survival

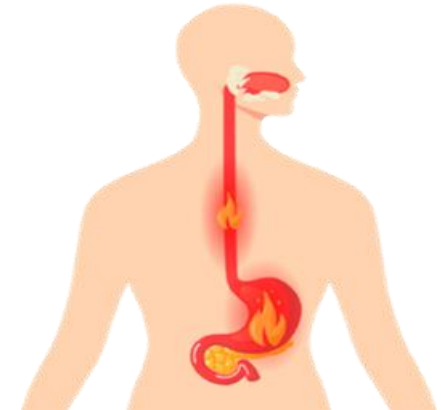
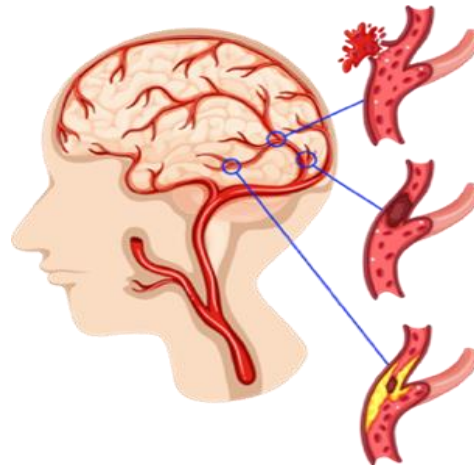
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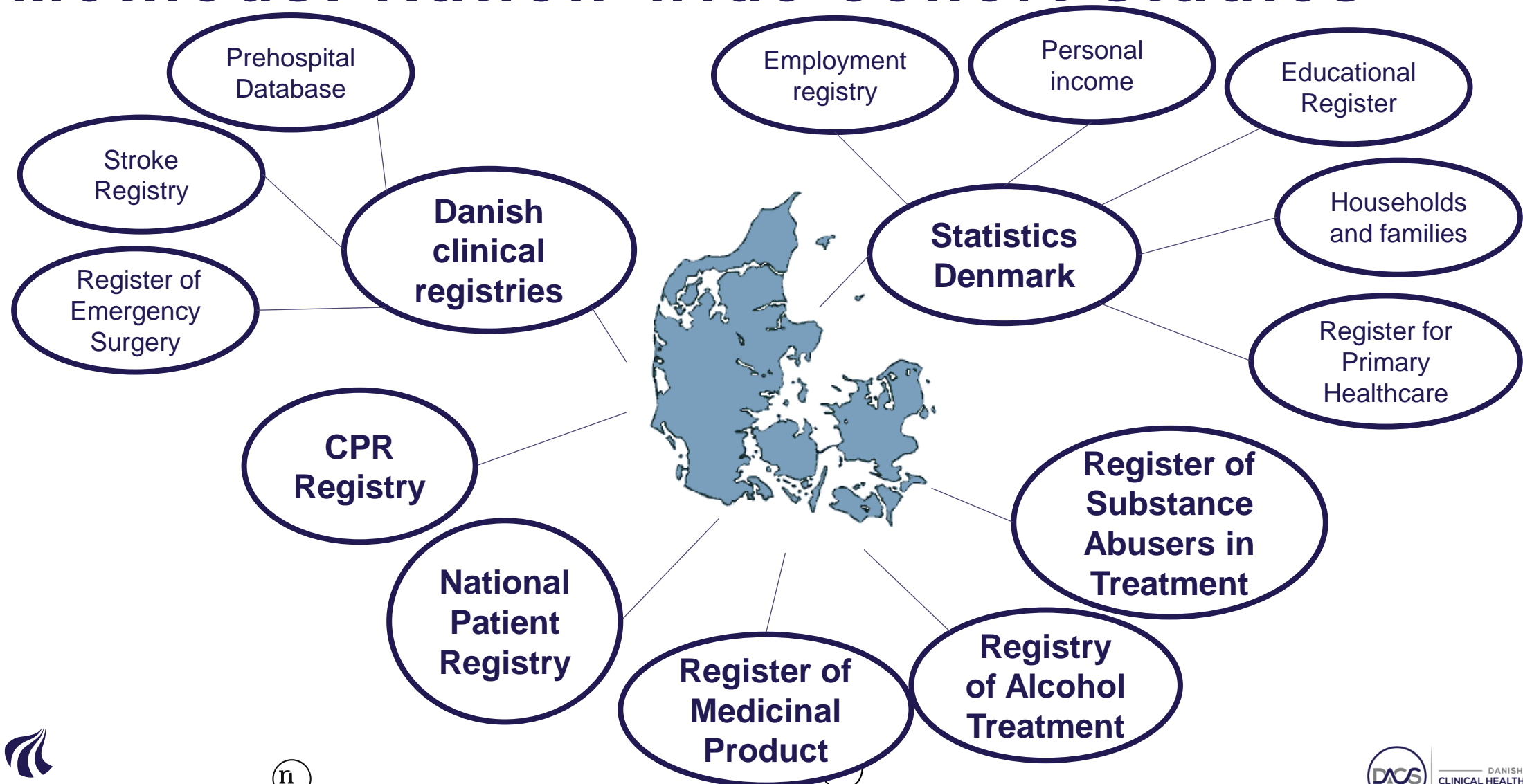
CHAIN OF SURVIVAL: Impact of society, healthcare system, mental health and social position



4 studies: compare patients with and without a history of mental illness



Methods: Nation-wide cohort studies



The 4 groups

History of MAJOR mental illness:

- Schizophrenia or bipolar disease
- Severe depression or personality disorder

History of MODERATE mental illness

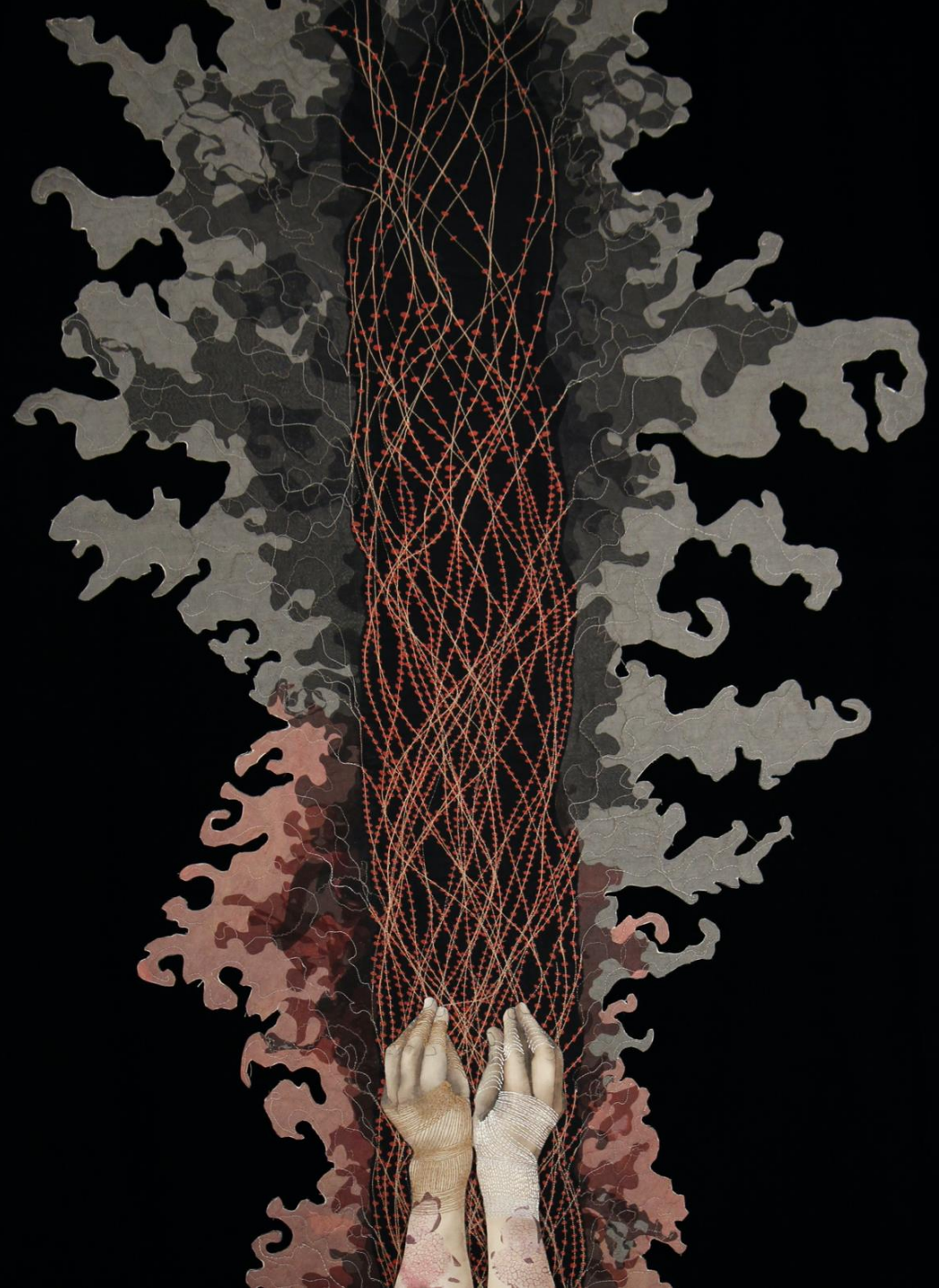
- Any other psychiatric diagnosis
- Consultations at a private psychiatrist

History of MINOR mental illness

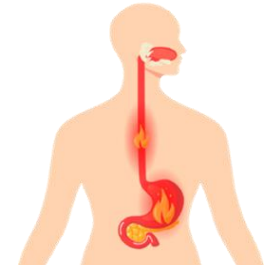
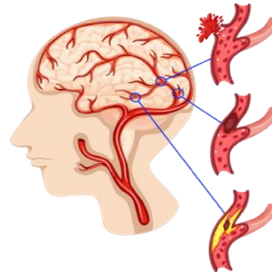
- Two or more
 - redeemed prescriptions: Antidepressiva or benzodiazepins
 - talk therapy or psychometric testing in a primary care setting
 - referral to a private psychologist

No history of mental illness

- None of the above



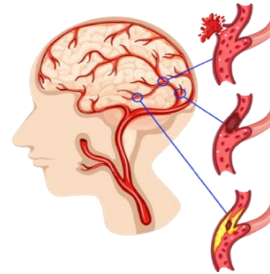
Process and outcome measures



RESULTS!

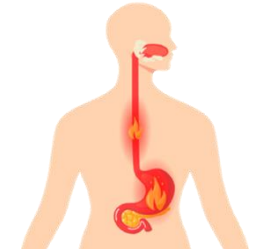


I:
2016-2017
492,388 112-calls



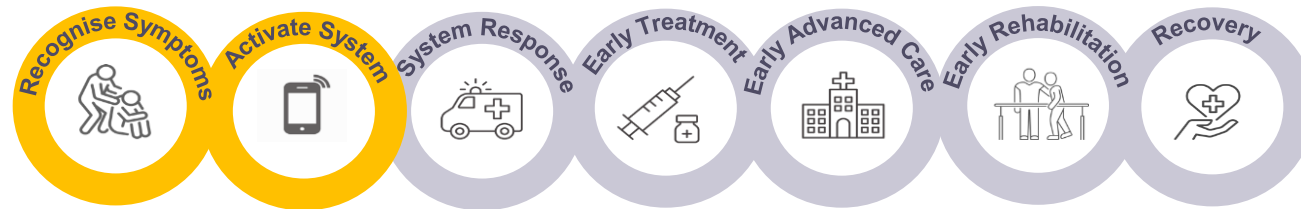
II:
2016-2017
19,592 admissions

III:
2007-2018
117,548 admissions



IV:
2004-2018:
5,767 admissions

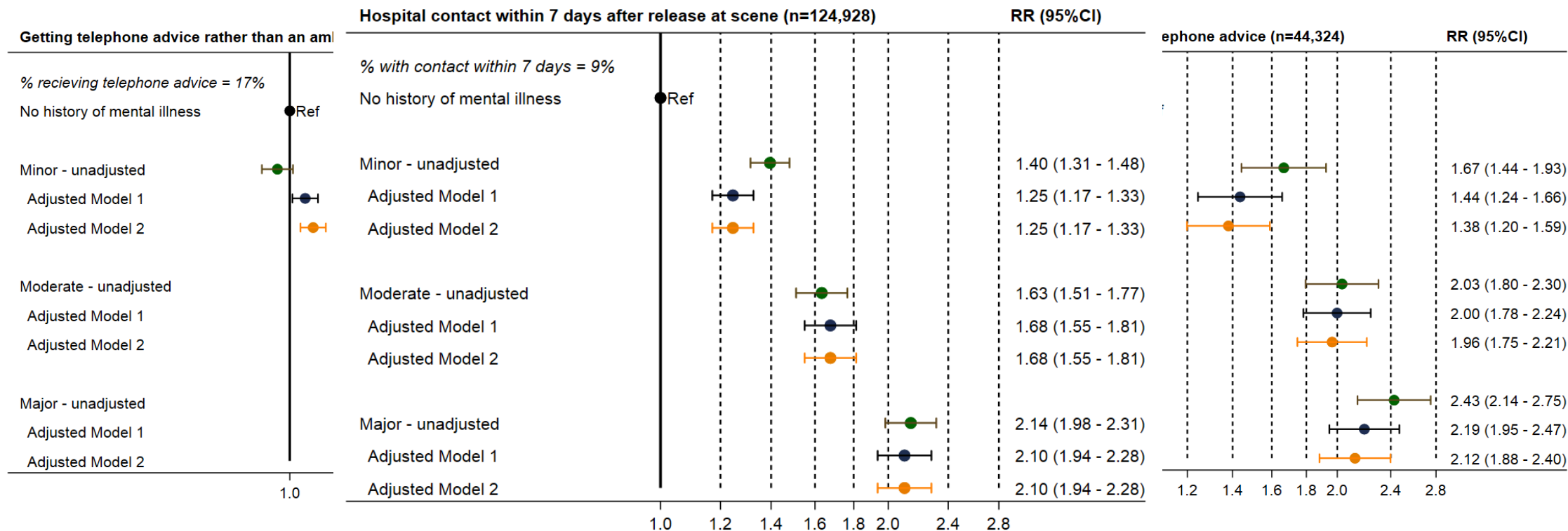
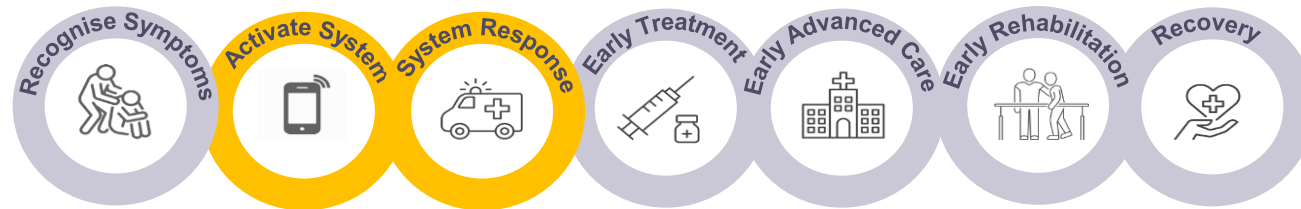
Symptoms when calling 112



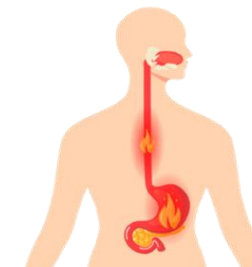
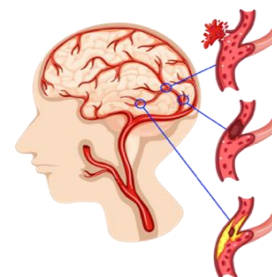
None	15% Unclear problem 14% Chest pain 12% Accident
Minor	16% Unclear problem 13% Chest pain 13% Dyspnoea
Moderate	15% Unclear problem 13% Chest pain 9% Alcohol, intoxication, overdose
Major	18% Unclear problem 11% Chest pain 10% Alcohol, intoxication, overdose



Quality of prehospital care

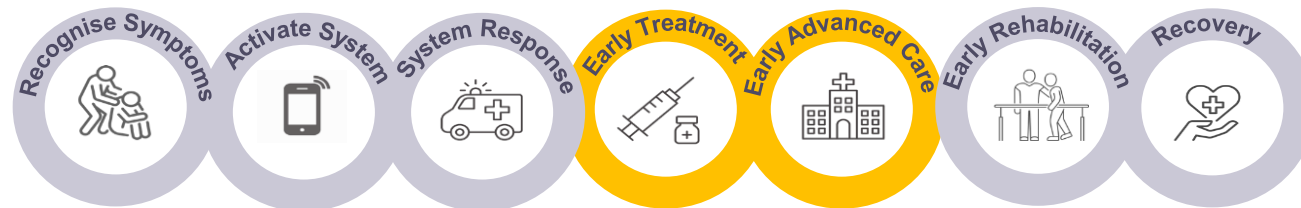
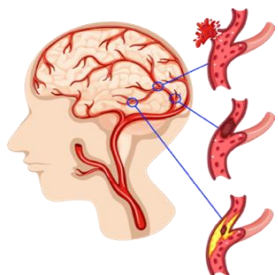


Time from symptom onset to hospital arrival



None		5h 44min
Minor		5h 30min
Moderate		6h 3min
Major		8h

Getting reperfusion therapy



Reperfusion therapy: Arrival within 4 hours (n=8 413)

RR (95%CI)

Proportion receiving reperfusion therapy = 38.2%

No history - reference

Minor - unadjusted

Adjusted Model 1

Adjusted Model 2

Moderate - unadjusted

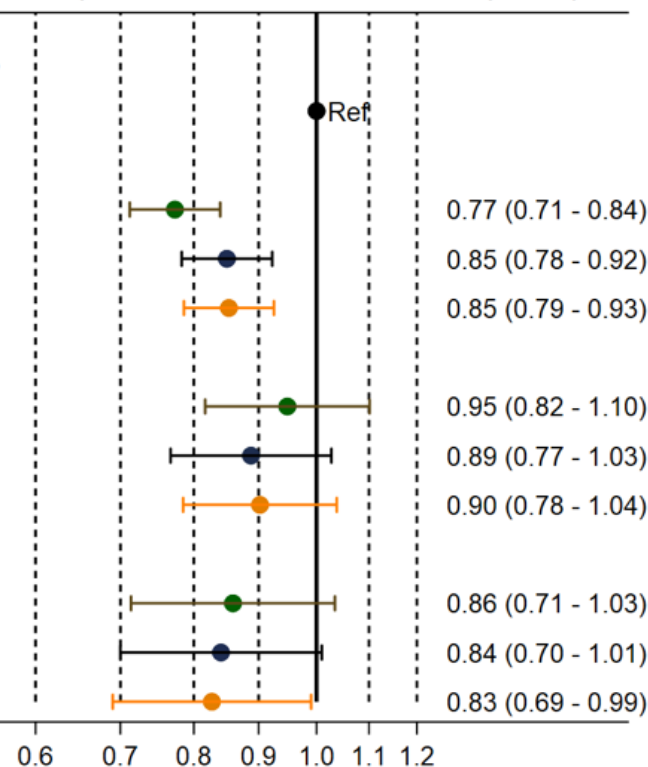
Adjusted Model 1

Adjusted Model 2

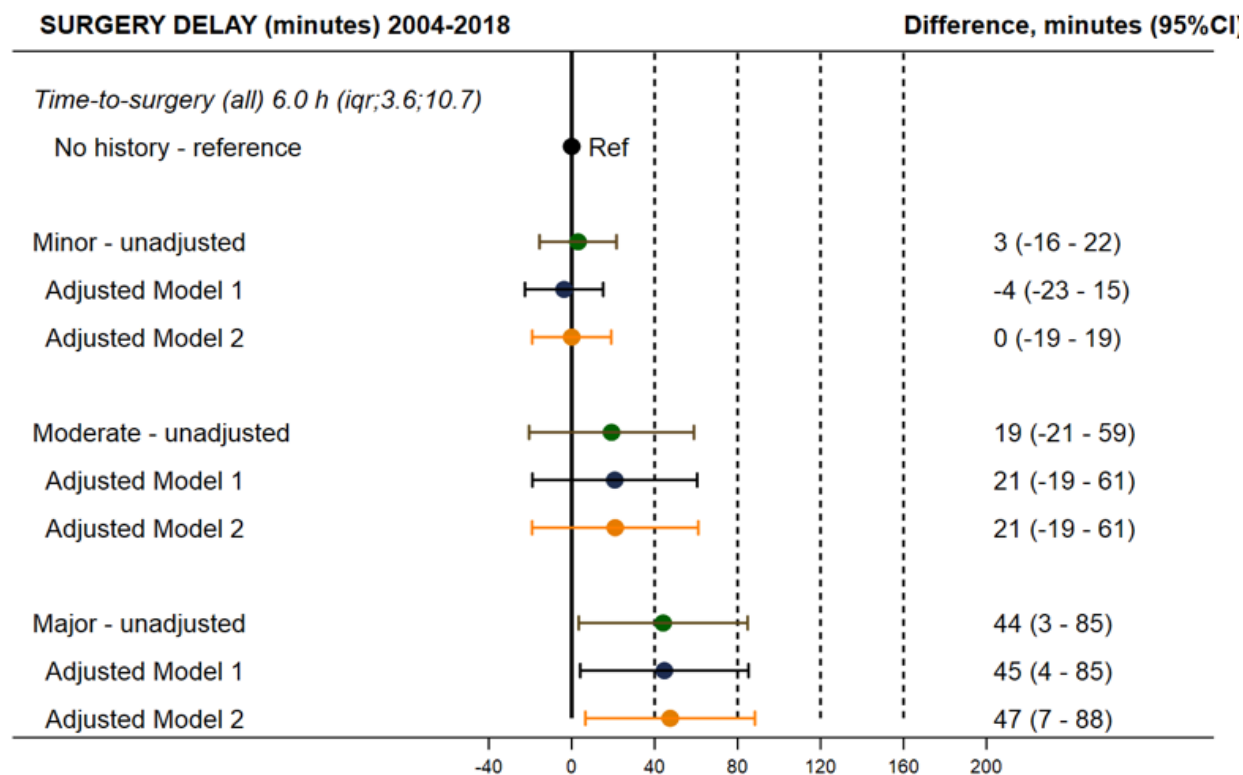
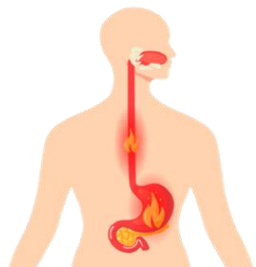
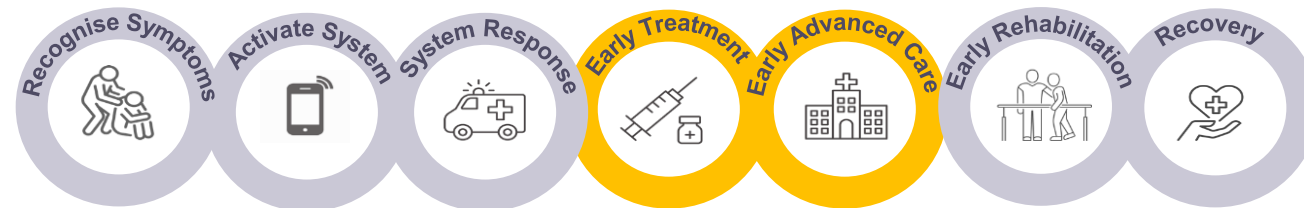
Major - unadjusted

Adjusted Model 1

Adjusted Model 2



Getting fast surgery





SUNDHEDSSTYRELSEN

ENGLISH SITES

Viden

Om os

Covid-19

Nyheder

Udgivelser

Puljer

Arrangementer

Selv

NYHEDER

Pulje skal styrke akutberedskabet i hele landet

Sundhedsstyrelsen har slået en pulje om en styrket akutindsats i hele landet op. I alt er der 276,6 mio. i puljen for perioden 2022 – 2026.

04 OKT 2022

Planlægningsgrundlag for de kommende 10 år



STYRKET AKUTBEREDSKAB
- planlægningsgrundlag for
det regionale sundhedsvæsen

2007

DEN AKUTTE INDSATS
I PSYKIATRIEN

- planlægningsgrundlag for
det regionale sundhedsvæsen

2009



Dato 30-09-2022

Sagsnr. 04-0400-878

Puljeopslag om et styrket akutberedskab i hele landet som led i aftalen om en Sundhedsreform

Hermed inviteres regionerne til at søge midler til at styrke akutberedskabet i hele landet.

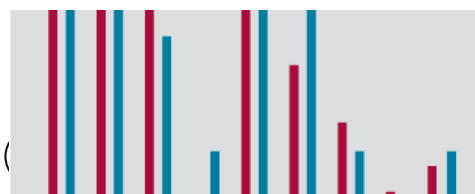
Med *aftale om en Sundhedsreform – Et sammenhængende, nært og stærkt sundhedsvæsen* afsættes i alt 276,6 mio. kr. i 2022-2026 til en styrket akutindsats i hele landet.

Fra 2027 udmøntes midlerne via bloktilskuddet til regionerne med forventet 65 mio. kr. årligt i alt.

Sundhedsstyrelsen
**Sund
mål
uds**
Udvalgt
Sundhed for alle

ULIGHED I SUNDHED
– ÅRSAGER OG INDSATSER

2011

**sundhedsvæsenet**

– en systematisk
litteraturgennemgang



SDU

Conclusion

Major:

Long delays from onset of symptoms to hospital arrival.

Major and moderate:

Telephone advice only
Unclear problems

Mental illness:

Call 112 again within 24 hours
Hospital with 7 days after release at scene

Mental illness:

Less reperfusion therapy

Major:

Less timely surgery *and antibiotics*

Mental illness:

More recurrent stroke

Major and minor:

Higher mortality

1/3 had a history of mental illness

1/3 called EMS



Equal ambulance response times for ambulances with highest level of urgency

Equal on-scene times and transport times

Equal timing of imaging and time-to-thrombolysis

High and equal quality of specialized in-hospital stroke care, except mobilization



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Acknowledgements

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Forskningsfond.

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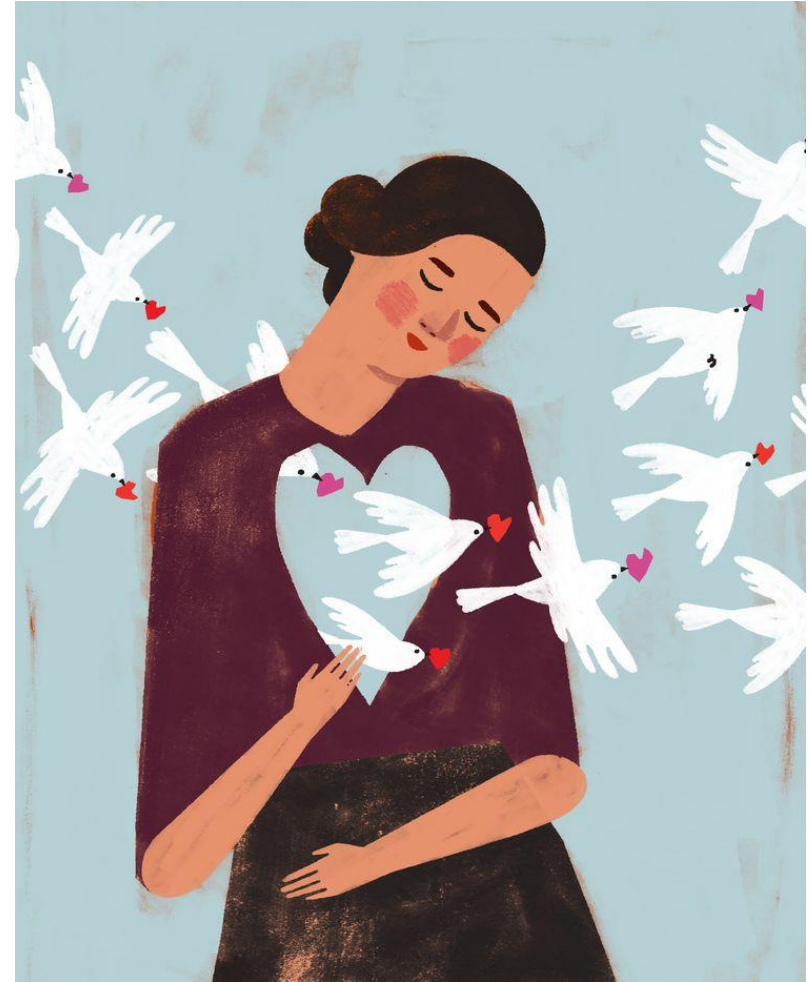
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Thank you

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Impact of COVID-19 on quality of care, activities and social inequalities on other diseases

*Søren Valgreen Knudsen, Danish Center for Clinical
Health Services*



Did COVID-19 contribute to health inequality?

Søren Valgreen Knudsen
MD, PhD, Postdoc

The background of the slide features a light blue world map. Overlaid on the map are several 3D models of the COVID-19 virus, which are depicted as grey, spherical particles with numerous red, spike-like protrusions. These virus models are positioned at the top, bottom, and right edges of the slide, framing the central text.

Direct Effects of the COVID-19 Pandemic

- The OECD has assessed that the COVID-19 pandemic represents the largest global health crisis in the last 100 years.**
- COVID-19 has threatened the global economy, social welfare, and the health of the world's population.**

Effects of the COVID-19 Pandemic

- **However, how did the pandemic affect the Danish healthcare systems ability to deliver high quality and equal care for the patients?**

The COVID-19 project in Denmark

- The COVID-19 project in Denmark examined the effects of the COVID-19 pandemic on the diagnosis and treatment and quality of treatment of other diseases
- The project was carried out by The Danish Clinical Quality Program – National Clinical Registries (RKKP) in close collaboration with clinicians within each disease area



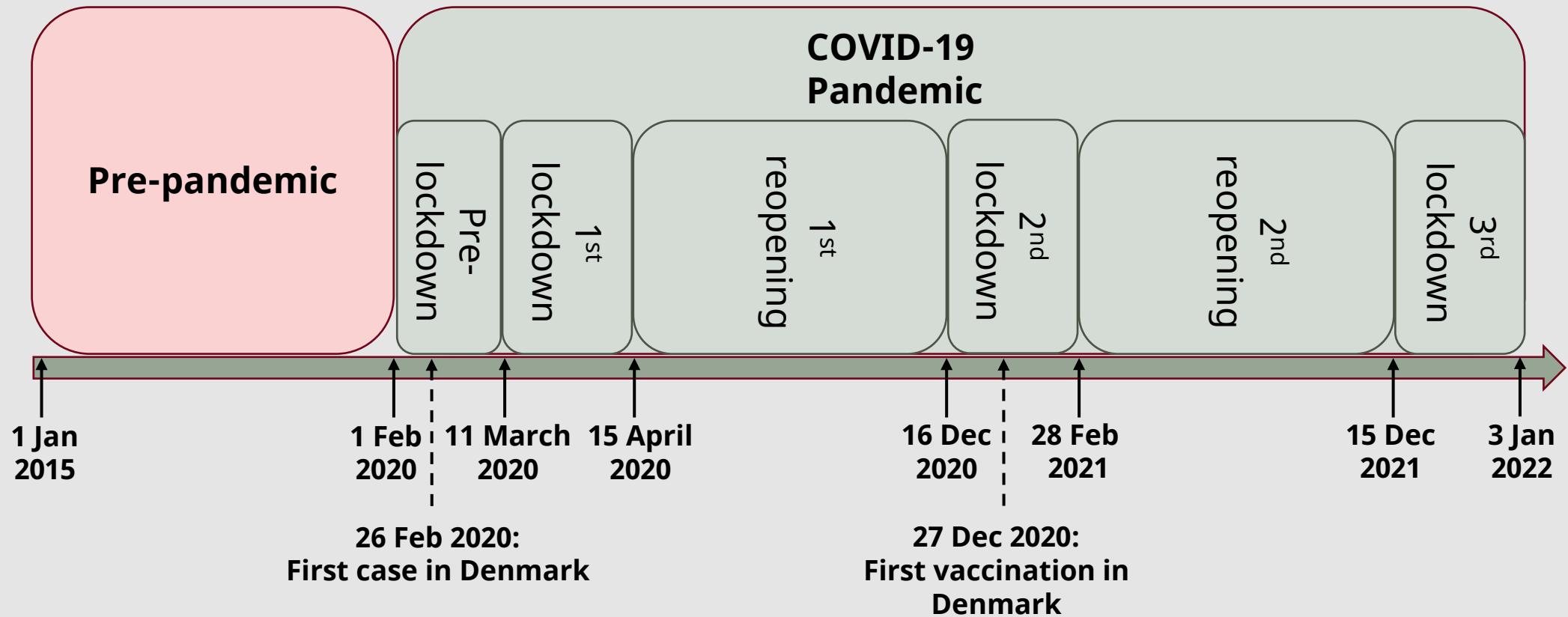
Overview of the study populations, databases, study periods and number of patients or hospital contacts

Main area	Disease area	Database	Period	Numbers
Emergency medicine	Emergency Hospital contacts	The Danish database for acute and emergency hospital contacts	01.02.2019 – 03.01.2022	3,908,304 contacts / 1,847,369 patients
	Stroke	Danish Stroke Registry	13.03.2019 – 27.01.2021	22,781 patients
Chronic Diseases	Chronic Obstructive Pulmonary Disease (COPD)	The Danish Register of Chronic Obstructive Pulmonary Disease	01.01.2015 – 15.12.2021	150,355 admissions 122,041 outpatients
Cancer	Breast cancer	Danish Breast Cancer Group	01.01.2015 – 30.06.2021	30,598 patients (women)
	Lung cancer	Danish Lung Cancer Registry	01.01.2018 – 31.08.2021	18,113 patients
	Colorectal cancer	Danish Colorectal Cancer Group Database	01.01.2018 – 31.12.2020	12,877 patients

Overview of the study populations, databases, study periods and number of patients or hospital contacts

Screening for cancer	Cervical cancer	<u>Danish Quality Database for Cervical Cancer Screening</u>	01.01.2015 – 30.09.2021	2,220,000 invitations / 1,466,353 patients (women)
	Breast cancer	<u>Danish Quality Database for Breast Cancer Screening</u>	01.01.2016 – 30.09.2021	1,828,791 invitations / 847,766 patients (women)
	Colon cancer	<u>Danish Quality Database for Colon Cancer Screening</u>	01.01.2018 – 30.09.2021	3,133,947 invitations / 1,928,725 patients
Palliation	Palliative care	<u>Danish Palliative Care Database</u>	01.01.2018 – 03.01.2022	69,696 referrals, 43,030 courses (admissions)
Psychiatry	Schizophrenia	<u>The Danish Schizophrenia Registry</u>	01.01.2018 – 30.06.2022	7,079 new cases, 64,055 admissions / 12,296 patients, 733,343 outpatient contacts / 24,243 patients

The pre-pandemic period and different phases of the pandemic



Methods

- **The activity was analyzed descriptively using numbers, proportions, and weekly averages.**
- **Quality of care and social inequality were analyzed both descriptively and using regression models, and the results were presented as prevalence ratios (PRs) with corresponding 95% confidence intervals (CI).**
- **The estimates were adjusted for sex, age, and seasonal variation.**
- **The PRs were estimated using a Generalized Linear Model (GLM) of the Poisson family with a log link.**

Unplanned hospital attendance

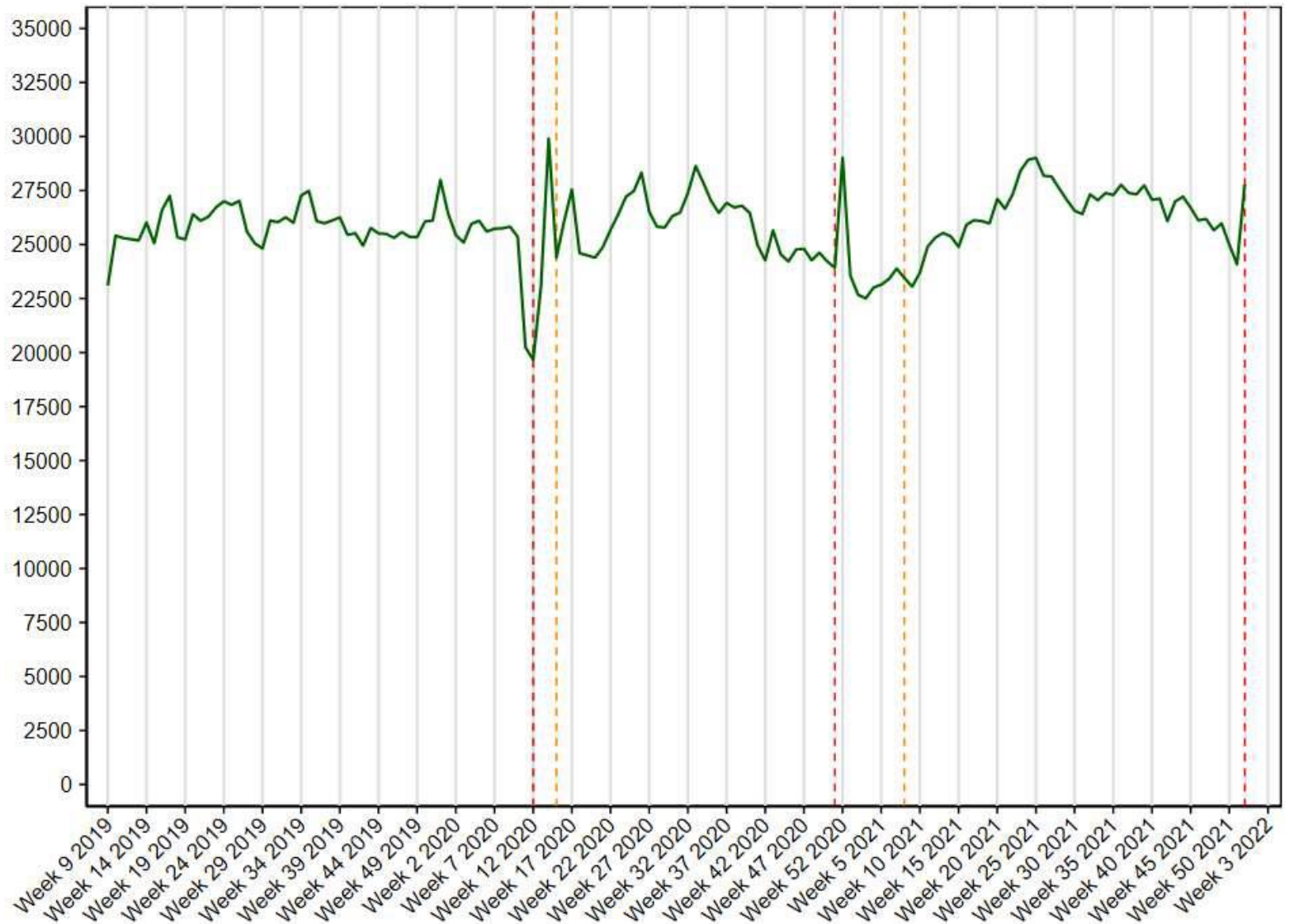
Vertical lines indicate the month of implementation of lockdown (red dotted) and reopening (orange dotted)

Before: 25,130

1st lockdown: 24,260

2nd lockdown: 24,500

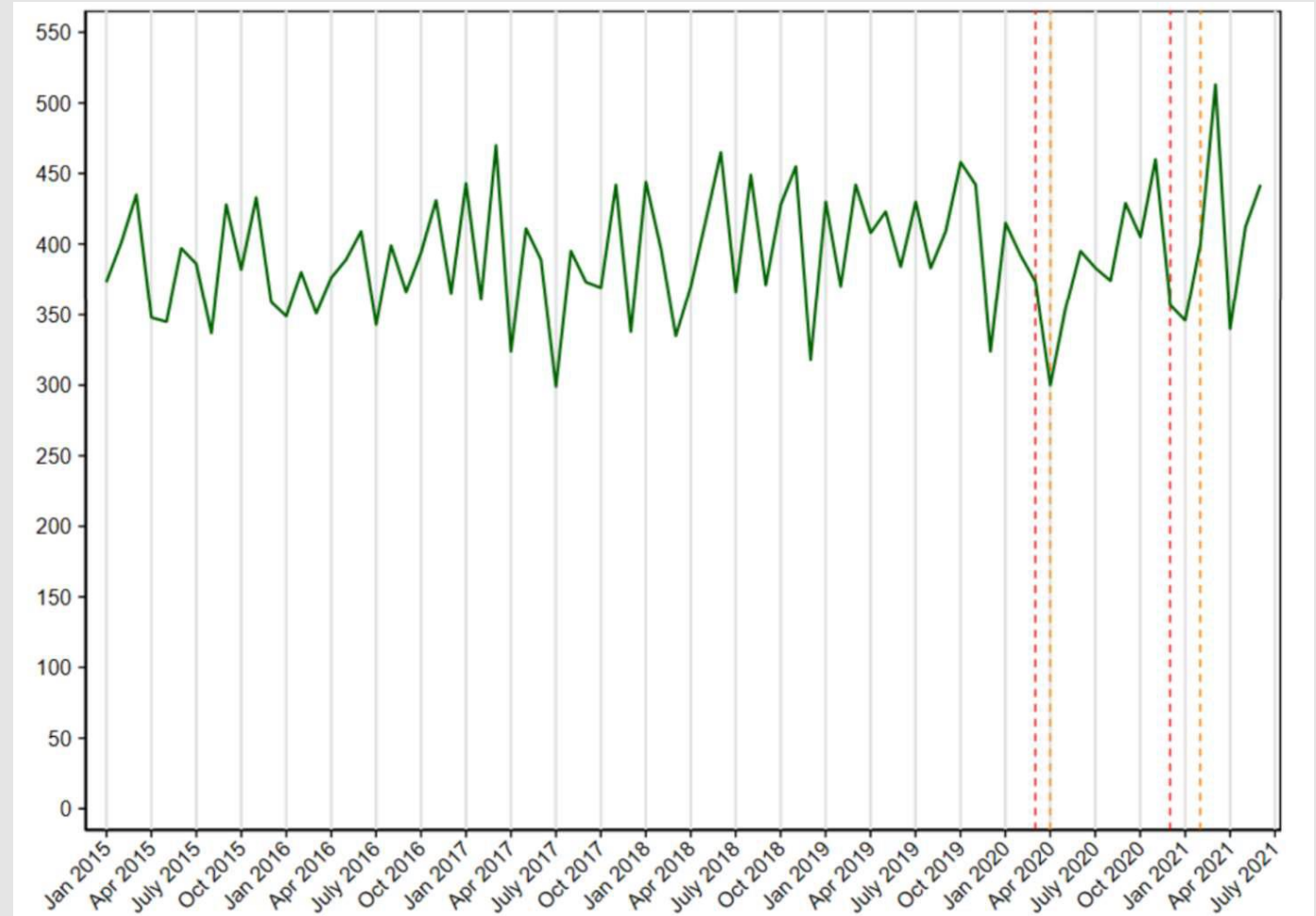
During: 26,020



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Number of newly diagnosed breast cancers

The number of women diagnosed with breast cancer decreased slightly (4%) in the pandemic compared to the pre-pandemic period

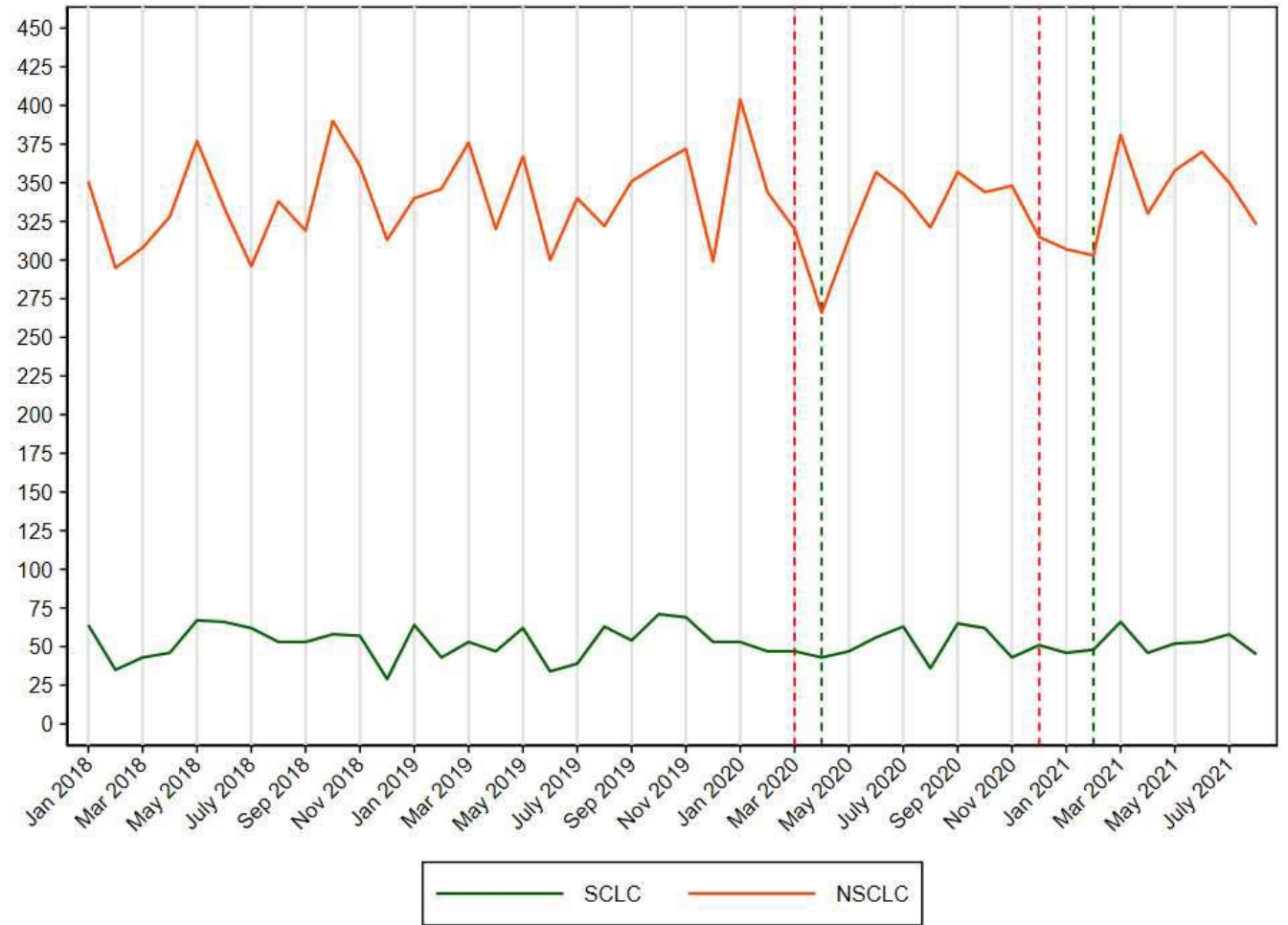


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Number of newly diagnosed lung cancers

The number of patients diagnosed with lung cancer remained unchanged:
4.912 before vs.
4.942 after.

(2020 numbers compared to average in 2018-2019)



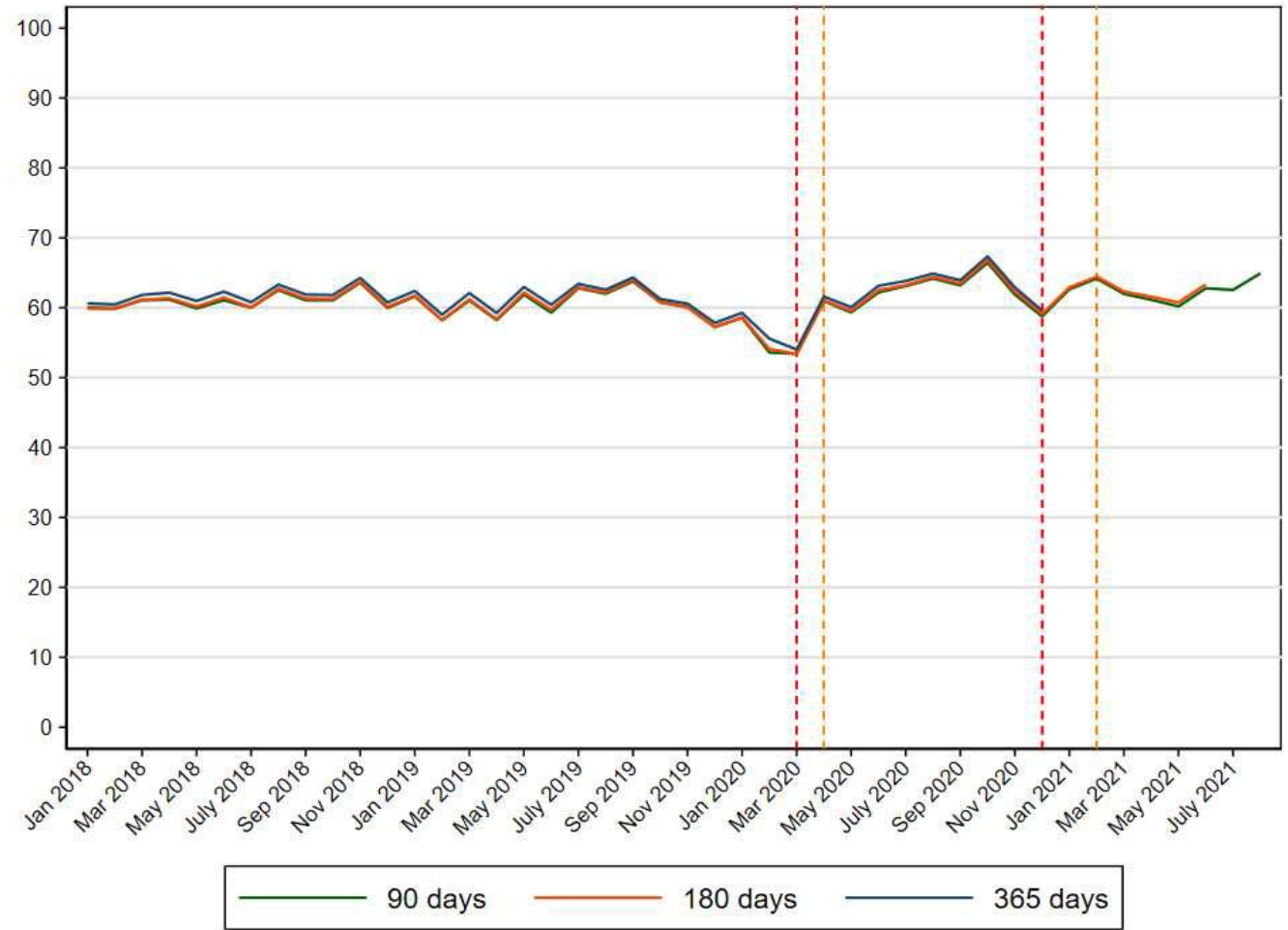
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Participation in bowel cancer screening

Cervical-, colorectal-, and mammography cancer screening participation initially declined.

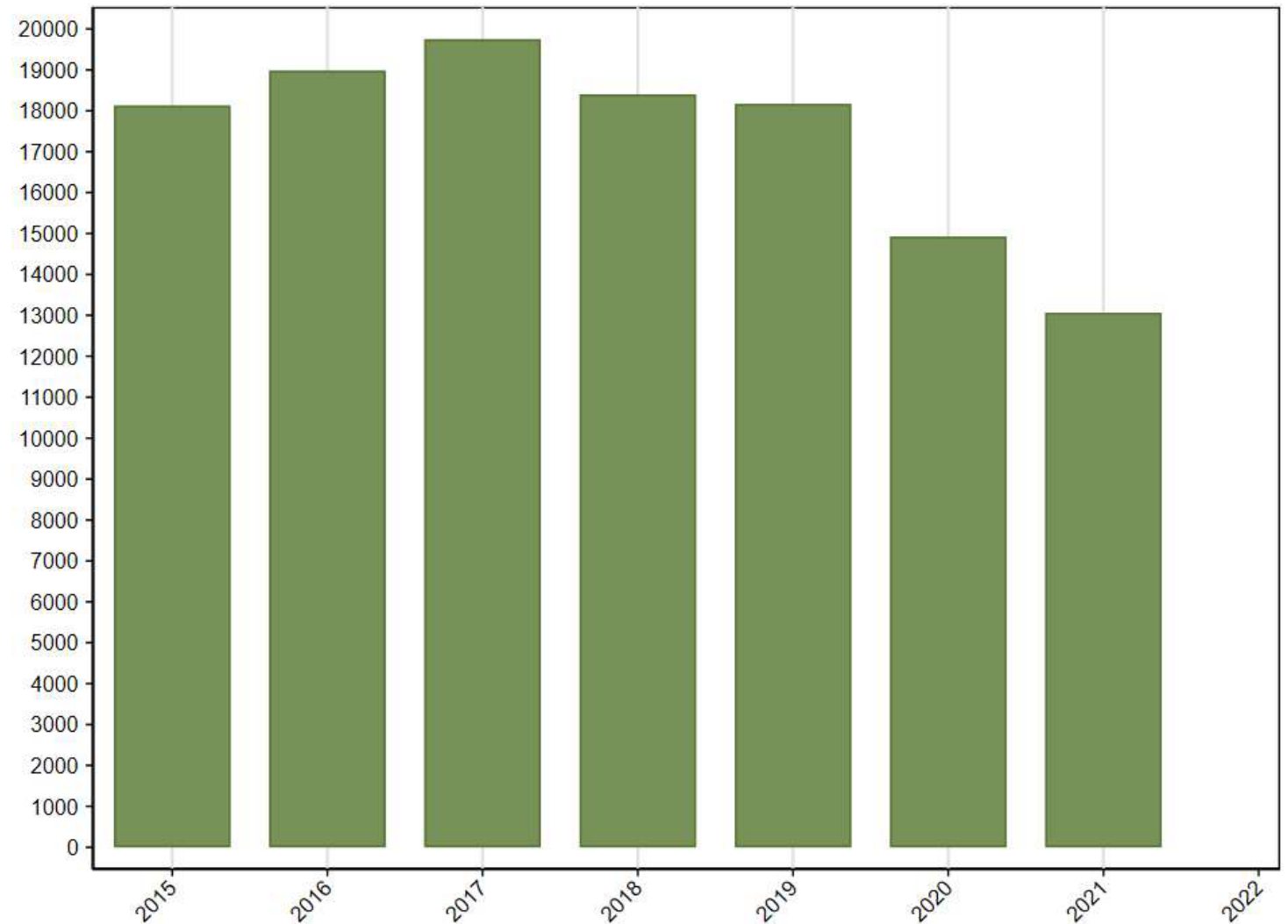
However, as the pandemic progressed and with longer follow-up, participation rates recovered.

In fact, from the 1st reopening onwards, participation in colorectal cancer screening was higher than in the previous years



Outpatient Chronic Obstructive Pulmonary Disease (COPD) contacts

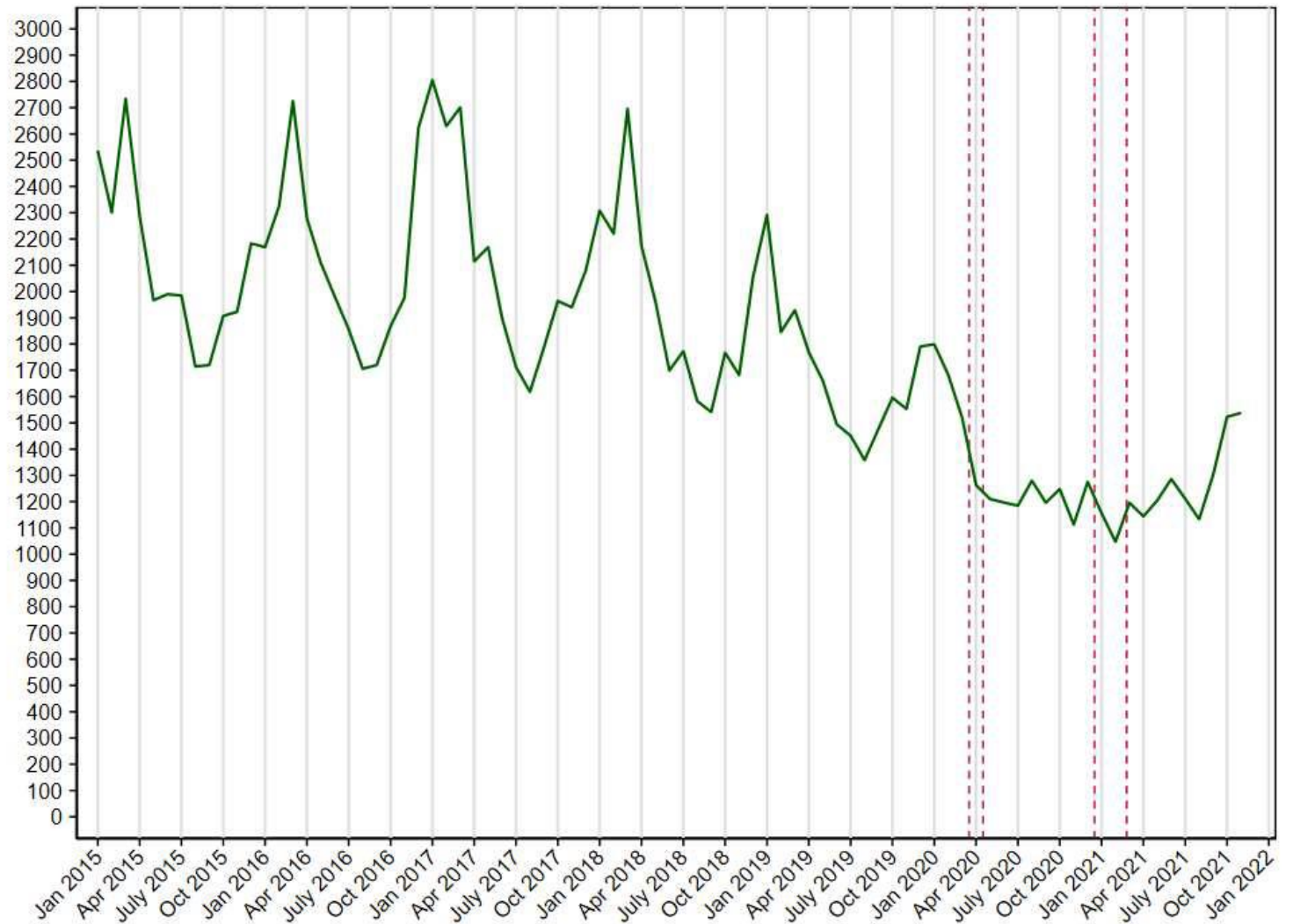
The number of emergency admissions fell 36% from an annual average of 23,937 to 15,335.



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Inpatient Chronic Obstructive Pulmonary Disease (COPD) contacts

The number of outpatients fell 23% from an annual average of 18,648 to 14,310.



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Quality of care - COPD

- **The quality of COPD treatment was mainly unchanged to slightly improved:**
 - **Fewer readmissions for acute exacerbations among inpatients** (PR=0.93; 95% CI: 0.90-0.96)
 - **Fewer outpatients with two or more exacerbation within a year** (PR=0.82; 95% CI: 0.80-0.84)

Quality of care – breast cancer

- **The quality of breast cancer treatment overall was stable**
 - **A higher proportion of patients receiving neoadjuvant chemotherapy** (PR=1.15; 95% CI: 1.06-1.24)
 - **There were no significant differences in the type of primary surgery**

Quality of care – colorectal cancer

- **The quality of colorectal cancer treatment improved**
 - **More treated with a curative aim** (PR=1.02; 95% CI: 1.01-1.03)
 - **More being operated on by specialists** (PR=1.07; 95% CI: 1.06-1.08)
 - **Fewer emergency operations** (PR=0.77; 95% CI: 0.66-0.91)
 - **A decrease in the proportion of patients waiting more than 28 days for the start of chemotherapy after surgery** (PR=0.84; 95% CI: 0.78-0.90)
 - **Proportion of patients dying within 90 days from operation did not change significantly** (PR=1.02; 95% CI: 0.84-1.23)

Quality of care – lung cancer

- **The quality of lung cancer treatment remained consistent:**
 - **No change in proportion of patients undergoing surgery** (PR=1.00; 95% CI: 0.94-1.05)
 - **No changes in the proportion of patients who had surgery** (PR=1.00; 95% CI: 0.94-1.05)
 - **No changes in proportion of patients or who died within 90 days of diagnosis of lung cancer** (PR=1.02; 95% CI: 0.96-1.08)

Quality of care – schizophrenia

- **Remained unchanged, by proportion of patients who:**
 - **Underwent a diagnostic interview** (37.0 vs 37.9%; PR=0.87; 95% CI: 0.68-1.12)
 - **Underwent family intervention** (57.7 vs 57.1%; PR=0.97; 95% CI: 0.81-1.15)
 - **Were screened for suicide risk** (55.2 vs 56.8%; PR=0.96; 95% CI: 0.97-1.09)
 - **No changes in the proportion of readmissions** (35.9 vs 35.0%; PR=0.97; 95% CI: 0.88-1.07)
 - **A small but statistically significant proportion had their social support needs investigated** (29.8 vs 29.6%; PR=1.62; 95% CI: 1.10-2.40)

Changes in use and participation in health services during the pandemic compared to the pre-pandemic period based on socioeconomic factors

	Emergency hospital contacts	COPD outpatient	COPD inpatient	Cervical Cancer Screening	Breast cancer screening	Bowel cancer screening	Breast cancer	Bowel cancer	Lung cancer
Ethnicity (migrant)	↓	→	↓	↓	↓	↑	↑	↓	→
Marital status (living alone)	↓	↓	↓	→	→	→	→	→	→
Education (short)	↓	↓	↓	↓	→	→	↓	→	→
Income (low)	↓	N/A	N/A	↓	↓	↓	↓	↑	↓

Conclusions

- **The Danish healthcare system has demonstrated a high degree of resilience during the COVID-19 pandemic.**

Conclusions

- **Despite the challenging circumstances, hospital activity remained largely unaffected, and the quality of diagnosis and treatment in several healthcare areas remained high.**

Conclusions

- **This resilience reflects the system's ability to maintain essential functions and meet the healthcare needs of the population.**

Conclusions

- **However: Social disparities were observed in all sub-studies, with the pandemic exacerbating social inequalities in health.**

Conclusions

- **Immigrants, people living alone, those with short education, and low-income individuals unfortunately had a negatively impacted pattern of healthcare contact during the pandemic.**

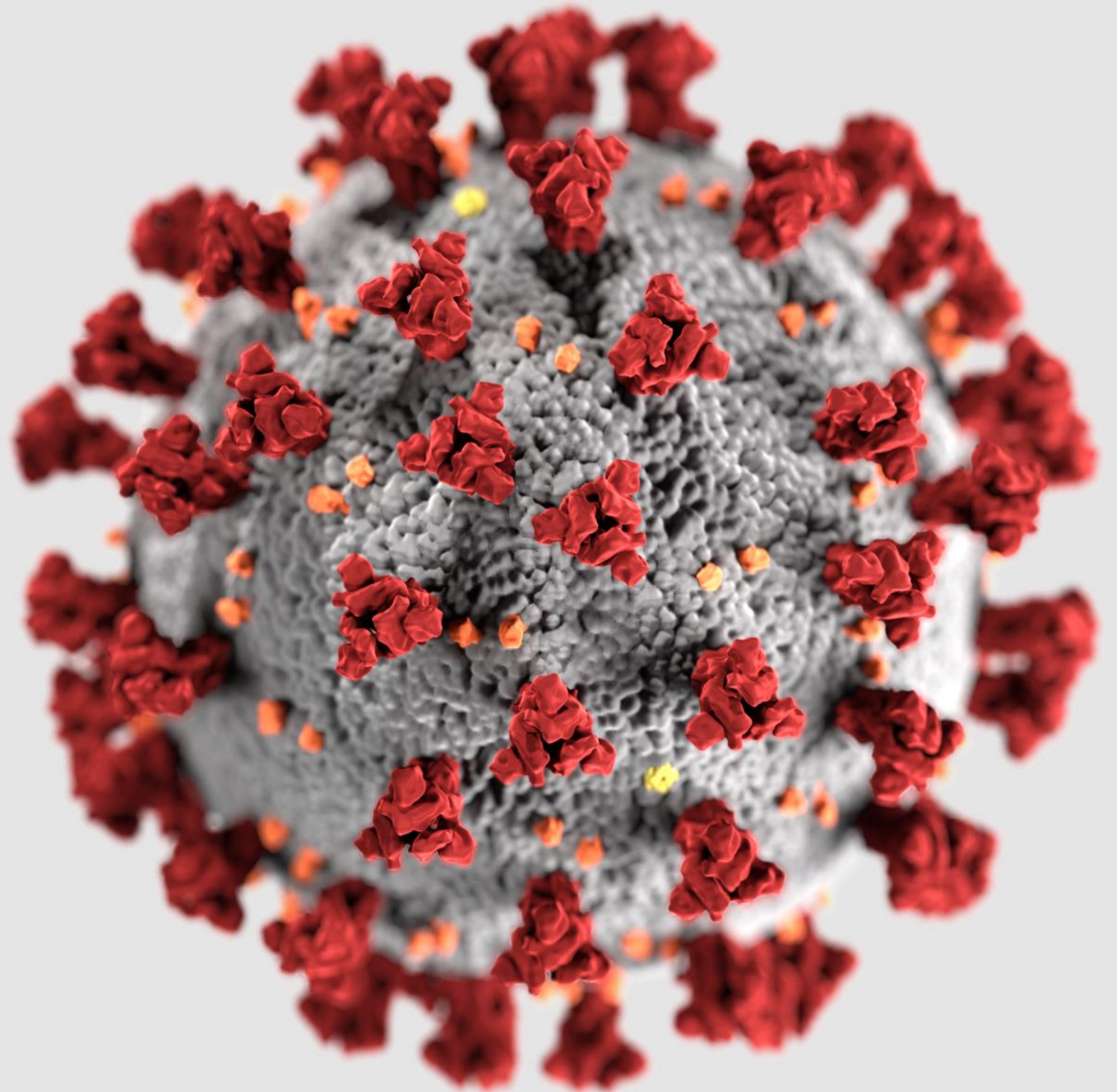
Conclusions

- **COVID-19 was a magnifying glass for inequalities in the Danish Health care system**



**Thank you for
your attention**

**Contact:
Soeren.k@rn.dk**





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High quality care for older patients with frailty – building a national clinical database

Lone Winther Lietzen, Aarhus University Hospital



High quality care for older patients with frailty – building a national clinical database

Lone Winther Lietzen

Geriatrician, PhD, Clinical Associate Professor

Department of Geriatrics, Aarhus University Hospital



The Danish Quality Database for Older Adults with Frailty, DANFRAIL

Clinical experience → deficiencies and variation

Hale et al, 2019

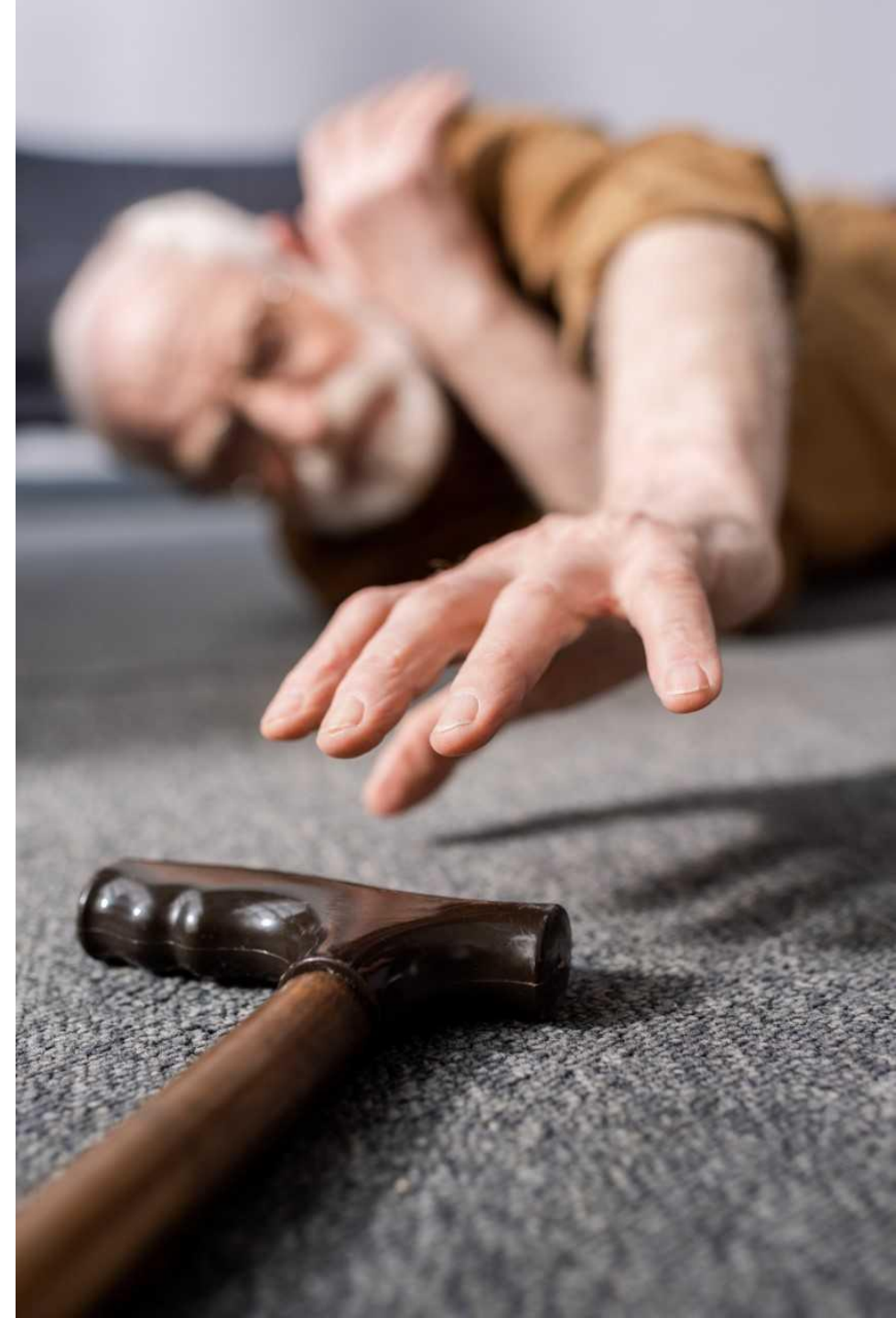
Frailty → functional loss, high mortality, Length-of-Stay, re-admissions, long-term care facility

Aucoin et al, 2020

Fehlmann et al, 2022

Inter-disciplinary and inter-sectoral approach

Danish Geriatric Society (2019)



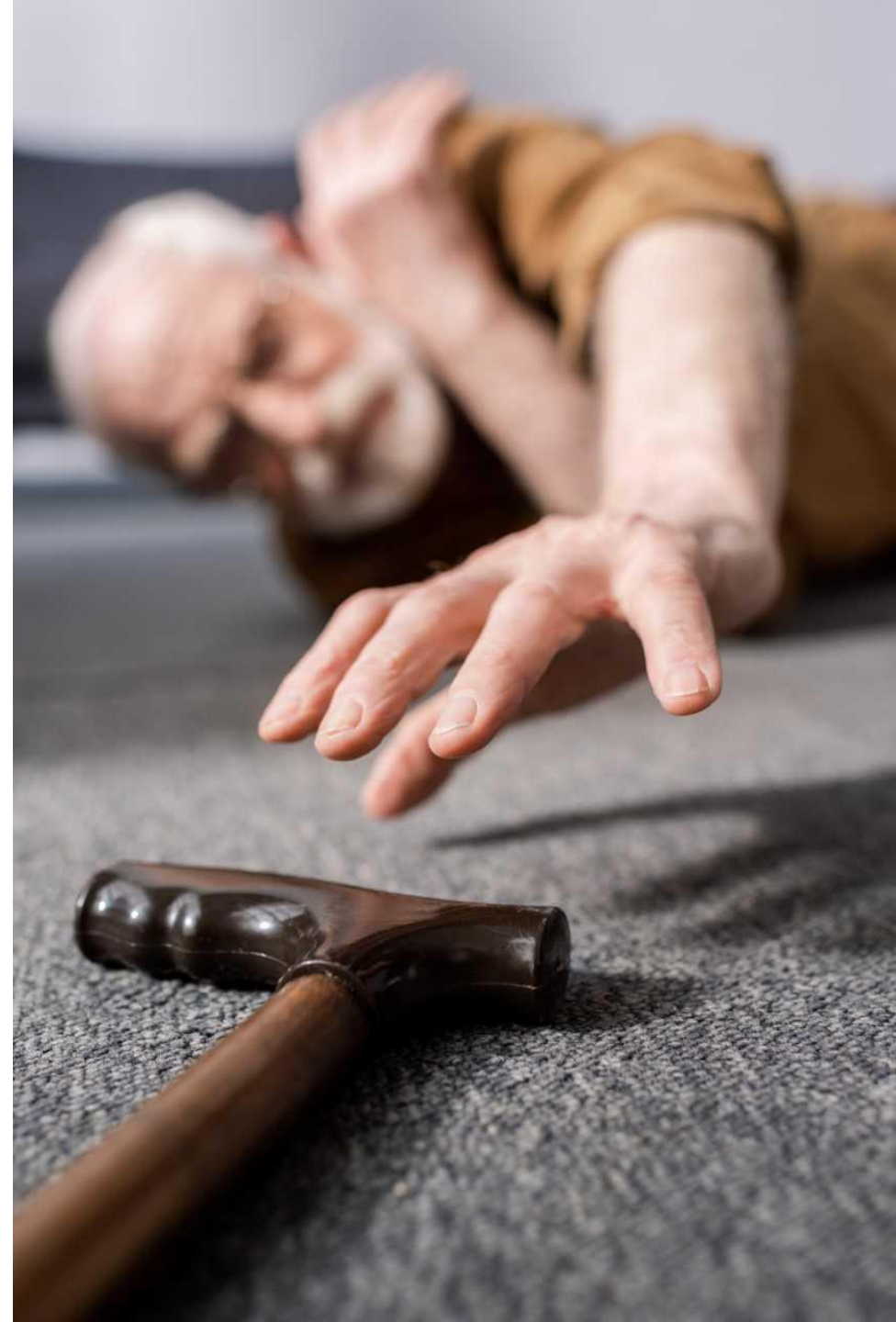
The Danish Quality Database for Older Adults with Frailty, DANFRAIL

Vision:

Identify variation and improve quality of care to all older patients no matter where they meet the healthcare system

Kedar Mate: Think big – Start small

Improvement starts with data

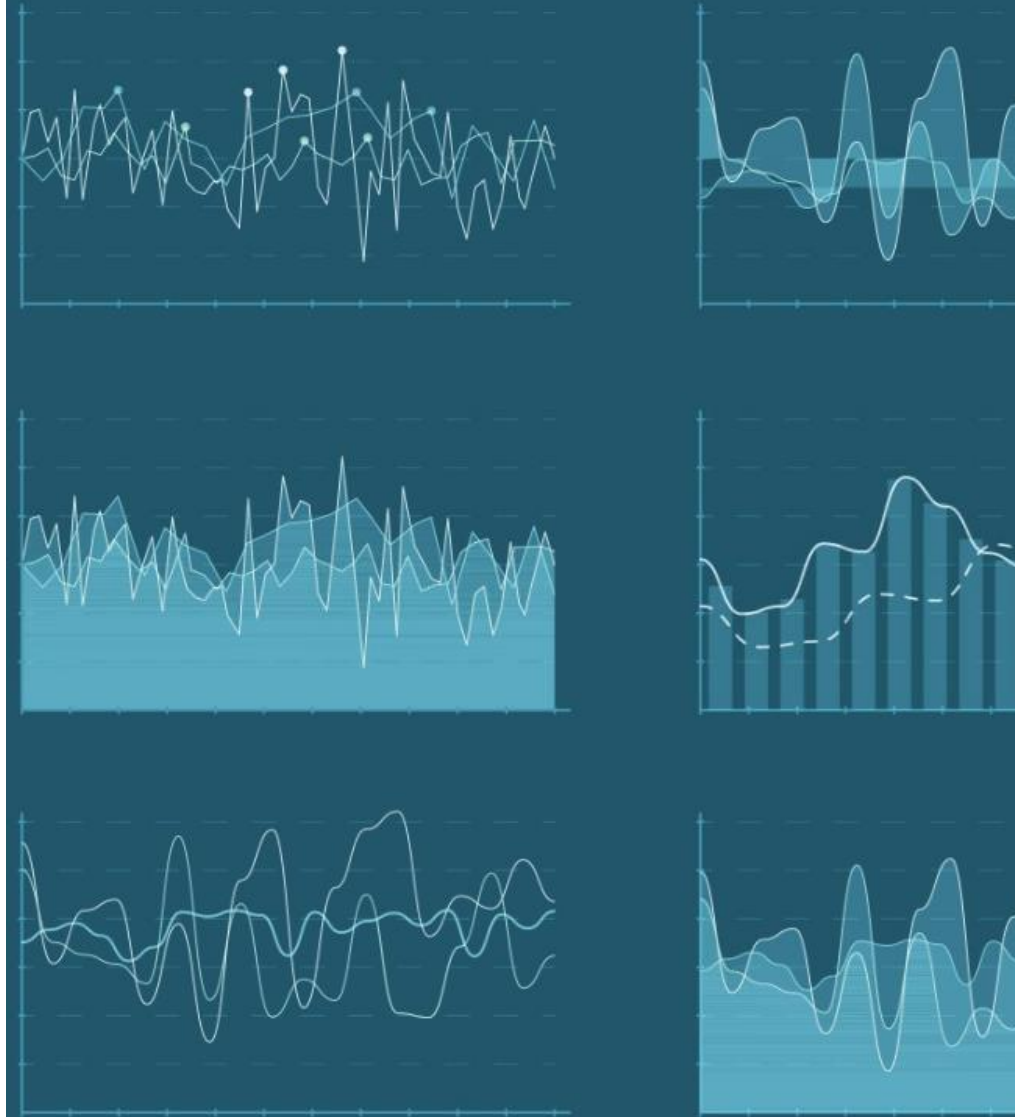


Danish quality databases

85 clinical quality databases:

- *Not* for control or monitoring of clinicians
- Data is basis for dialog with clinicians to improve patient outcome

Run by the Danish Clinical Quality Program in collaboration with clinicians and patients/relatives



THE EPIDEMIOLOGIST'S DREAM: DENMARK

(Science, 2003)

(Science, 2000)

When an Entire Country is a Cohort

Science

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NEWS FOCUS | EPIDEMIOLOGY

The Epidemiologist's Dream: Denmark

Lone Frank*

+ See all authors and affiliations

Science 11 Jul 2003:
Vol. 301, Issue 5630, pp. 163
DOI: 10.1126/science.301.5630.163

IDEAL PLACE FOR DATA-BASED IMPROVEMENT WORK

planners of a U.S. study of children's health could work in an ideal world, it might be Denmark. Epidemiologists there finished enrolling a cohort of 100,000 pregnant women into a mother-and-child research project last September and expect to finish collecting data from the children over the next year. The entire survey—which is large for this country of 70,000 annual births—is to be completed in 2005 for about \$15 million, a tiny fraction of what the cost would be in the United States.

When an Entire Country Is a Cohort

Denmark is a country in which scientists have been able to collect data on its citizens than any other country. Now this vast array of statistics even more useful

For years, any who had to accept more For some unknown elevated risk, for be was what several sn had suggested before demologist at the Sta Copenhagen, under ever to explore the leagues obtained recor in Denmark's nationa then checked how many were listed in the Dan Their foray into the two surprising result: As the New England Journal of there appears to be no ct abortion and breast cancer.

Their success underscored the fact that they can all be linke

trove of data the Danish go cumulated on its citizenry, w about 5 million people. Oth countries have created pow systems, but Denmark has ea near reputation for possessi ple and interwoven collecti touching on almost every asp Danish government has compi databases, some begun in the 1 everything from medical reco economic data on jobs and sal makes the databases a plan rese the fact that they can all be linke

2398

VOL 287 SCIENCE www.sciencemag.org



digit personal identification number, called the CPR, that follows each Dane from cradle to grave. According to Melbye, "our registers allow for instant, large cohort studies that are impossible in most countries."

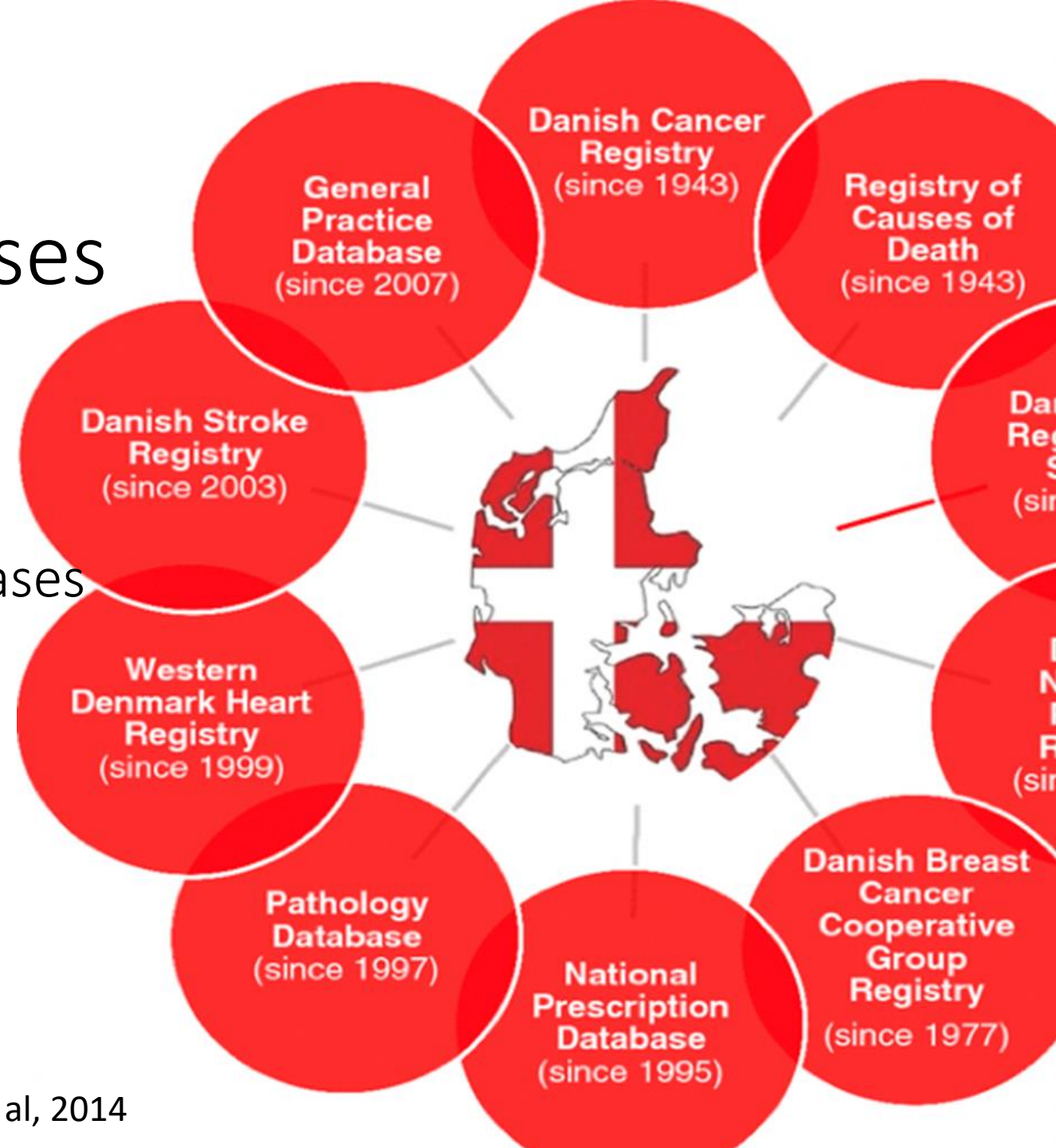
Beauty in numbers. These Danish twins starred in a variety show at the turn of the 20th century, now it's their medical records, part of a database, that are in demand.

But Melbye and other scientists think they can extract even more from this data gold mine. They argue that not enough money is spent on maintaining and expanding existing databases, and they say that red tape hampers studies that require correlation of health and demographic data. The problem is that, while they have unfettered access to more than 80 medical databases maintained

by the Da hospitals, databases, Denmark is mark won't its premise ceatures for unwieldy as Statistic to release concerns. dentice that individuals in "situation."

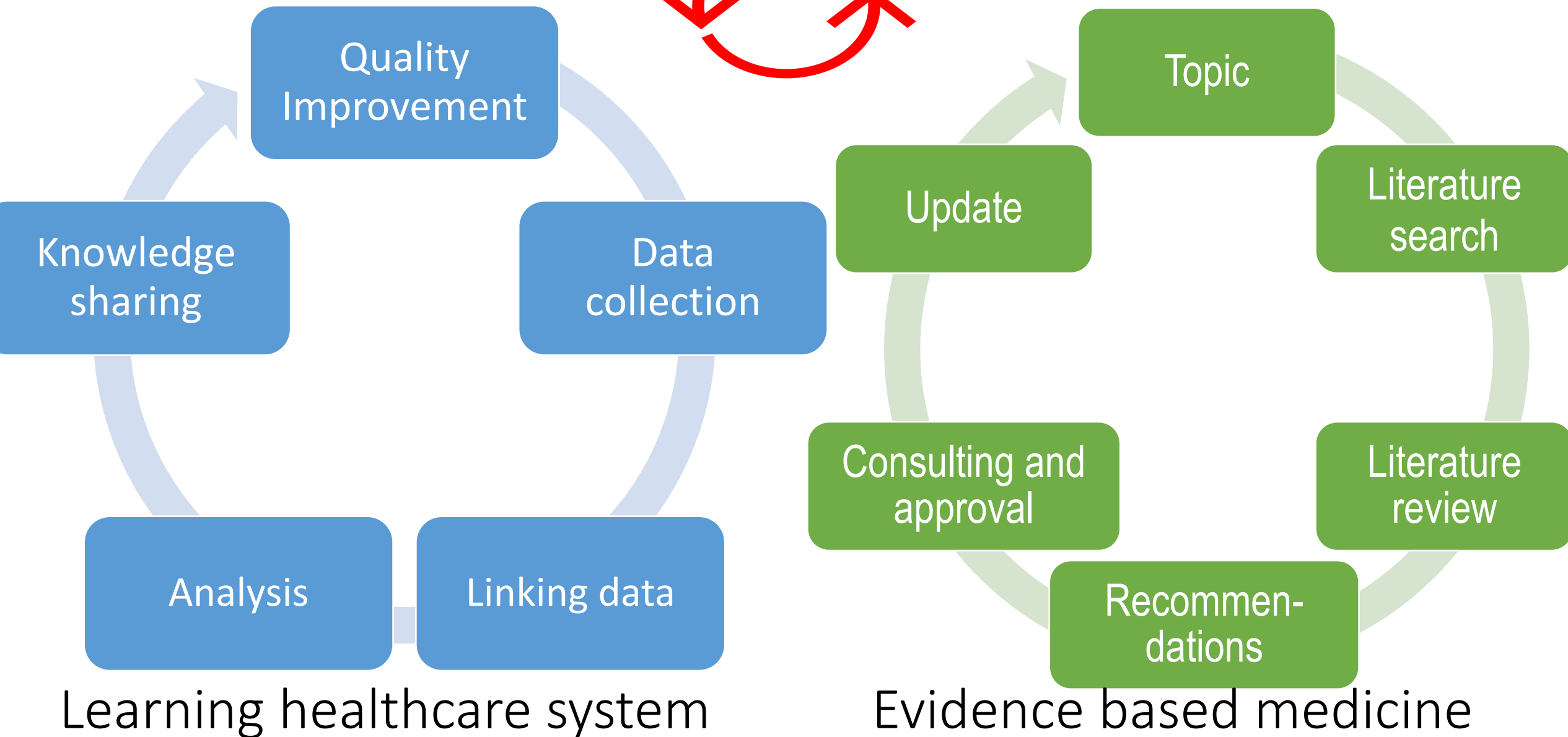
National quality databases

- Individual-level linkage across databases
- Lifetime follow-up
- Universal taxfunded healthcare



Clinical Quality Databases

and Clinical Guidelines



Method

Co-design:

Workshop (2021)

Database team and steering committee (2022) –
interdisciplinary, intersectoral, and with relatives and
DaneAge Association

Consensus meetings to develop indicators:

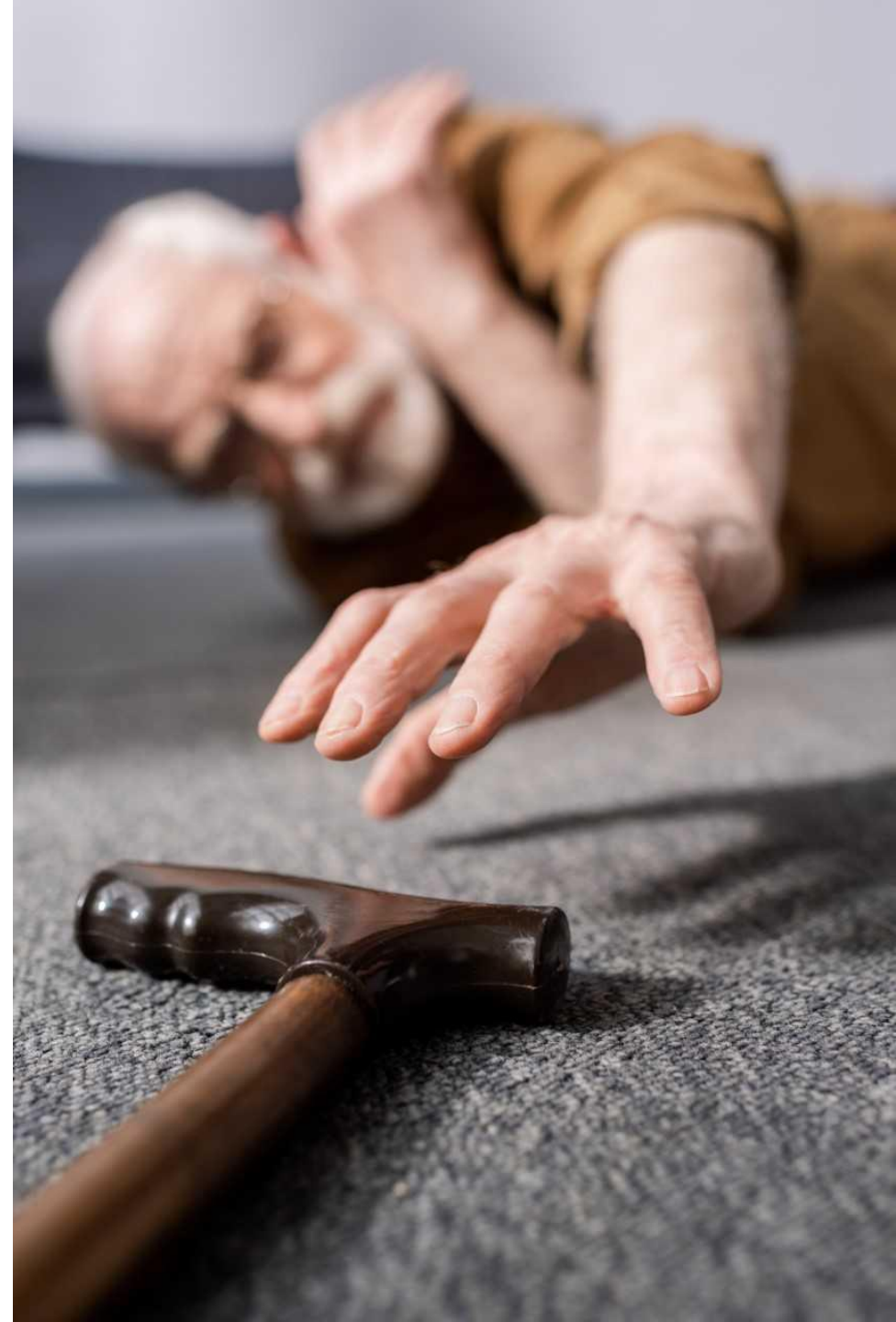
- Patient journey mapping
- Comprehensive Geriatric Assessment

Donabedian framework:

Process indicators

Structure indicators

Outcome indicators



Population

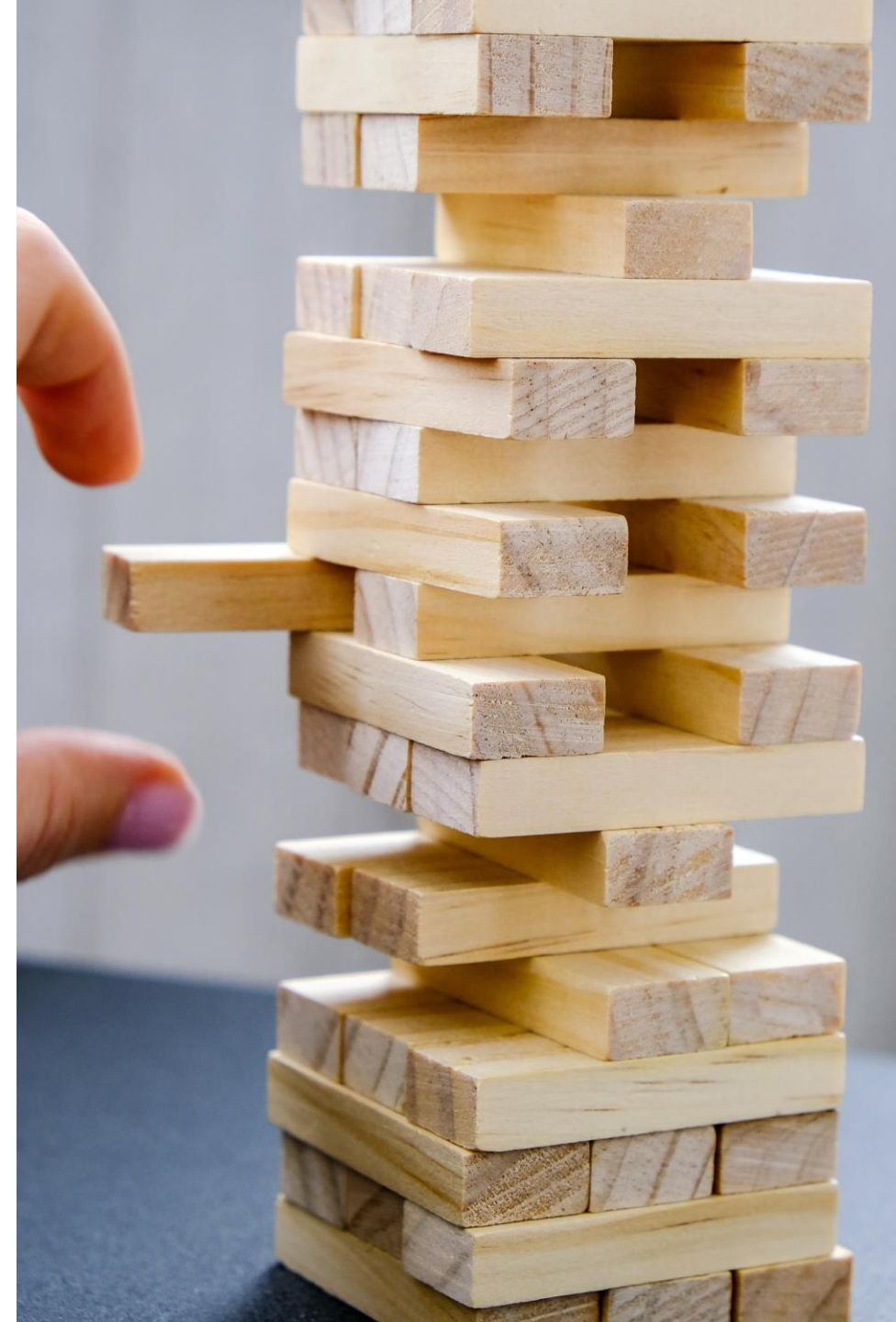
Population:
Patients ≥ 80 old

Setting:
Departments with acute admission in Denmark

Approximately 180.000 contacts/year in ≥ 80 old

Frailty estimated between 35% - 67%
→ 63.000 – 120.000 contacts

Aucoin et al, 2020
RKKP explorative data, 2022



Indicator 1: Clinical Frailty Scale (CFS)

Nine-level judgement based assessment



Baseline health status
14 days prior to admission





Validated in Danish

Strong inter-reliability

CFS 5-8

CLINICAL FRAILTY SCALE

	1	VERY FIT	People who are robust, active, energetic and motivated. They tend to exercise regularly and are among the fittest for their age.
	2	FIT	People who have no active disease symptoms but are less fit than category 1. Often, they exercise or are very active occasionally , e.g., seasonally.
	3	MANAGING WELL	People whose medical problems are well controlled , even if occasionally symptomatic, but often are not regularly active beyond routine walking.
	4	LIVING WITH VERY MILD FRAILTY	Previously "vulnerable," this category marks early transition from complete independence. While not dependent on others for daily help, often symptoms limit activities . A common complaint is being "slowed up" and/or being tired during the day.
	5	LIVING WITH MILD FRAILTY	People who often have more evident slowing , and need help with high order instrumental activities of daily living (finances, transportation, heavy housework). Typically, mild frailty progressively impairs shopping and walking outside alone, meal preparation, medications and begins to restrict light housework.

	6	LIVING WITH MODERATE FRAILTY	People who need help with all outside activities and with keeping house . Inside, they often have problems with stairs and need help with bathing and might need minimal assistance (cuing, standby) with dressing.
	7	LIVING WITH SEVERE FRAILTY	Completely dependent for personal care , from whatever cause (physical or cognitive). Even so, they seem stable and not at high risk of dying (within ~6 months).
	8	LIVING WITH VERY SEVERE FRAILTY	Completely dependent for personal care and approaching end of life. Typically, they could not recover even from a minor illness.
	9	TERMINALLY ILL	Approaching the end of life. This category applies to people with a life expectancy <6 months , who are not otherwise living with severe frailty . (Many terminally ill people can still exercise until very close to death.)

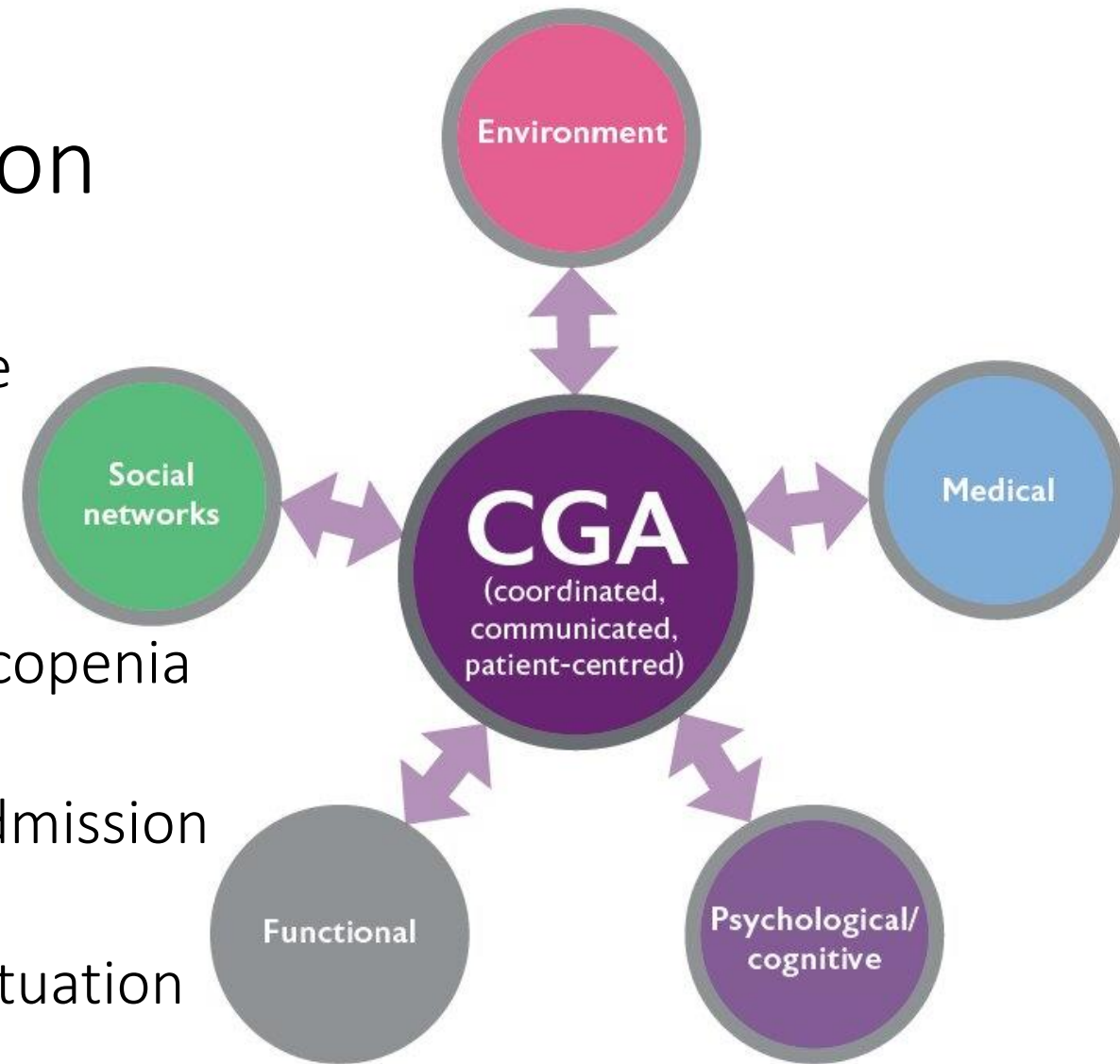
SCORING FRAILTY IN PEOPLE WITH DEMENTIA

The degree of frailty generally corresponds to the degree of dementia. Common **symptoms in mild dementia** include forgetting the details of a recent event, though still remembering the event itself, repeating the same question/story and social withdrawal.

In **moderate dementia**, recent memory is very impaired, even though they seemingly can remember their past life events well. They can do personal care with prompting. In **severe dementia**, they cannot do personal care without help. In **very severe dementia** they are often bedfast. Many are virtually mute.

Domains currently worked on

- Medications review → inappropriate use
- Nutritional assessment → malnutrition
- Functional capacity → inactivity and sarcopenia
- Basic needs → underlying reasons for admission
- Social network and cognition → social situation
- Communication and coherence





Hope: detangle complexity to improve care

Questions?





International Forum on
QUALITY & SAFETY
in HEALTHCARE
COPENHAGEN

Weekly medical rounds in psychiatric wards improve identification and treatment of physical illness in a cohort of patients with severe mental illness

Julie Mackenhauer, Danish Center for Health Services Research



LIAISON SOMATIC

*Medical ward rounds in
psychiatric wards*

Julie Mackenhauer
MD PhD



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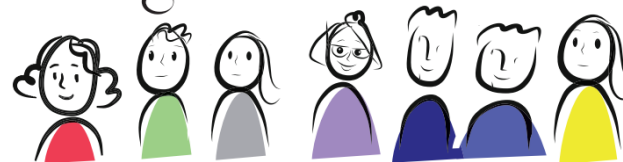
What did we do?



Så når vi skal skabe viden der virker...
må borgeren inddrages i udviklingen af services

Intet om os - uden os!

P. Deegan



Integrated care

2015



Joint funding
Shared values and vision
Shared guidelines
Communication and data
Navigator
Multidisciplinary
Clear concept
Evaluation and research

Budgetaftale 2015 – Forandringsvilje og fremtidssikring

I gode hænder hos
REGION NORDJYLLAND

Udvidelser		Budgetvirkning 2015
3.1	Udrednings- og behandlingsret (tidligere 4.1)	12,000
3.2	Nye retningslinjer fra SST om psykosocial indsats ved beredskabshændelser (tidligere 4.2)	0,685
3.3	Udbredelse af OPUS til Klinik Nord i Brønderslev (tidligere 4.3)	3,600 **)
3.4	Somatik og Psykiatri - overdødelighed (tidligere 4.4)	0,500
3.5	Etablering af sengeafsnit med 10 sengepladser til patienter med spiseforstyrrelse (tidligere 4.5)	0,000
3.6	Styrkelse af den ambulante behandling til udviklingshæmmede med psykiske lidelser (tidligere 4.6)	1,620
3.7	Psykiatrisk deltagelse ved tvangsindlæggelser - Udrykningstjeneste (tidligere 4.7)	0,500
3.8	Styrkelse af forskningsindsatsen i Psykiatrien - NYT som selvstændigt forslag	2,000
3.9	Forstærket samarbejde med patienter og pårørende - NYT forslag	2,500 **)
3.10	Overhead (it, telefoni, kørsel, kurser og andre personalerelaterede udgifter) - NYT forslag	0,000
3.11	Lokaleleje i forbindelse med udbygning af behandlingskapaciteten - NYT forslag	0,000
3.12	Reservation af pulje til tvang - NYT forslag	5,101
3.13	Flere og bedre kompetencer - NYT forslag	4,048
3.14	Udgiftsafdækning vedr. interregional og privat behandling - NYT forslag	0,000
ny	Pulje til særlige foranstaltninger	4,500
ny	Liaison-somatik	1,100
ny	Rekruttering	1,000
ny	RehabiliteringsCenter for Flygtninge	0,675
Udvidelser i alt		39,829



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RESEARCH

Integrated care

2015

2017



Co-creation

2015

2017

”Even the secretary tells me not to come,
when I call my GP...”

”My psychiatrist normally deals with my mind
– now he is doing a gyne exam?!”

”Please wear white coats”



PDSA – plan do study act

2015

2017

2018



Project leader

Co-creation - how?
PDSA and small-scale
testing is a slow process!

Plan



Staff Psych

Before - when I asked for a medical consultation, they would just give me advice over the phone

I think my patient is too unwell to be seen by the medical staff

Do



Staff Medical

Am I safe here?

This makes so much sense!

Why didn't you call before?

Study



Equipment

Urine cultures?
Otoscope?
Where is it?!

Act



Peerboard

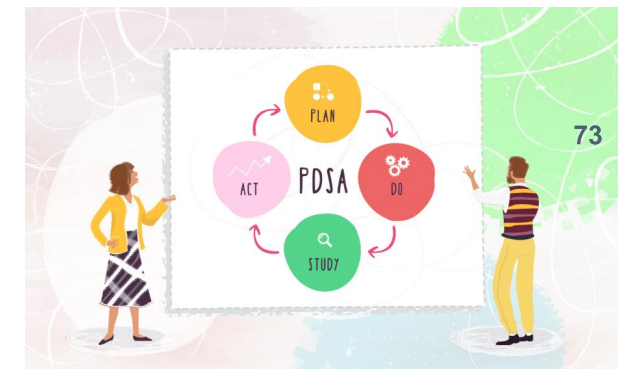
See me - also when I am mentally unwell

White coats = real docs!



Navigator

Who should refer patients?
Who should follow-up?
What is PDSA?



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Liaison Somatic – every tuesday

74

2015

2017

2018

2022

- In-patient psych-wards and forensic psych wards
- Four medical consultants and three nurses
- Navigator: Psych nurse (the same one)
- Patients referred by staff
- Weekly chart review of all admitted patients
- Any symptom/disease: Surgical, medical...
- Not just giving advice
 - Prescribe drugs
 - Refer and follow up on test results
- Participate in noon-meeting for psych staff



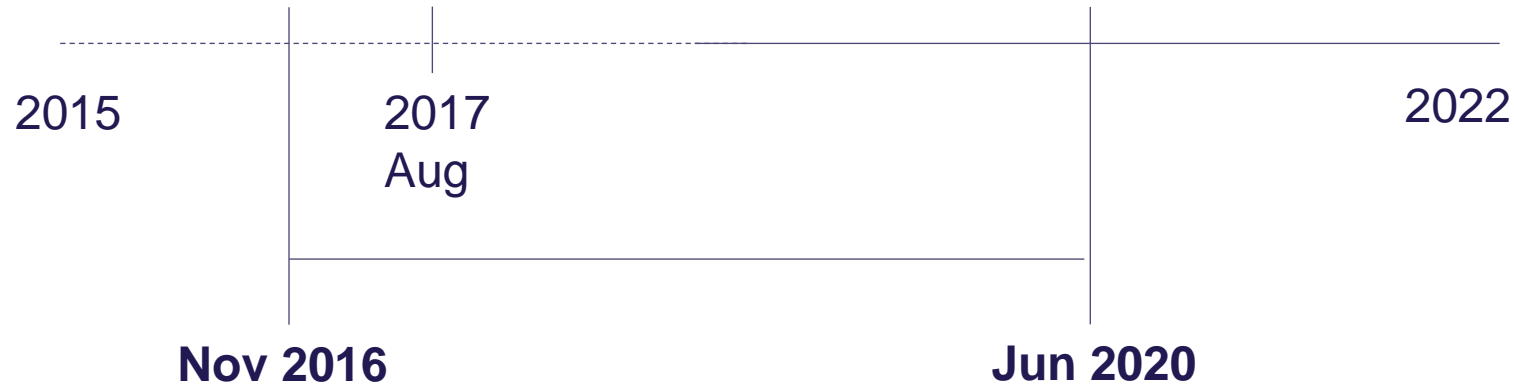
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Liaison Somatic – evaluation

75



Study population

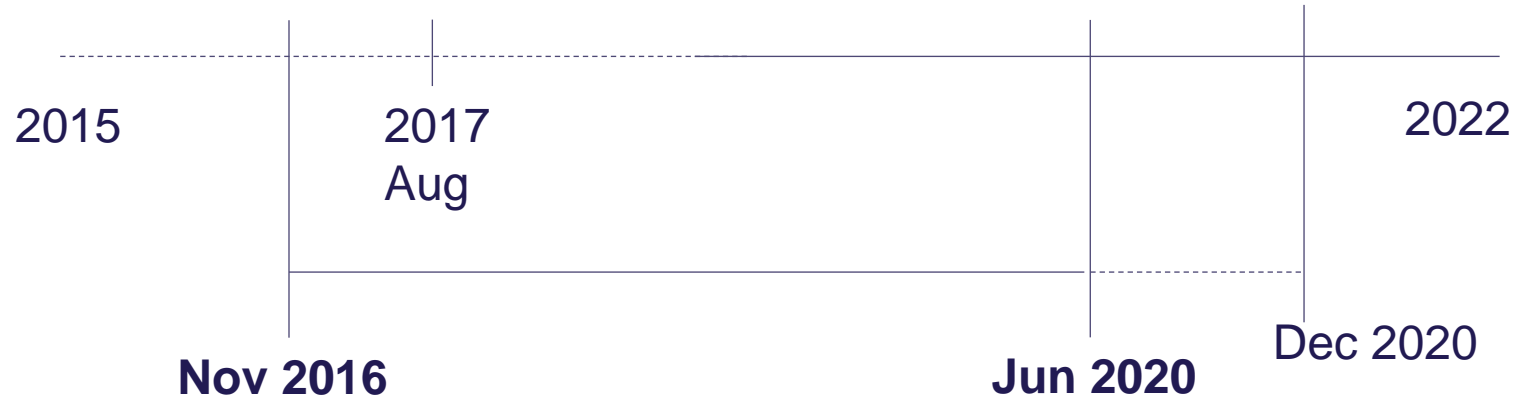
Adults in-patient psychiatric wards - bipolar disease or schizophrenia

November 2016 - Juni 2020 = 3 year 7 months

- Liaison consultation
- No liaison consultation

Liaison Somatik – evaluation

76



OUTCOME

Chest xray, echocardiography, cancer pathway

Urgent transfer to non-psychiatric wards

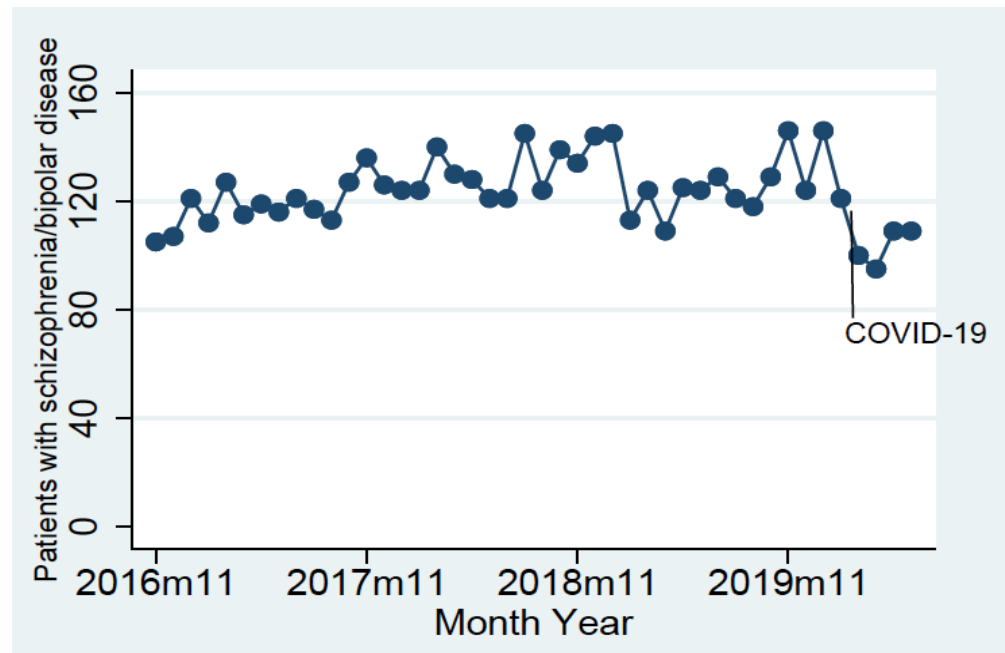
New non-psych out-patient visits

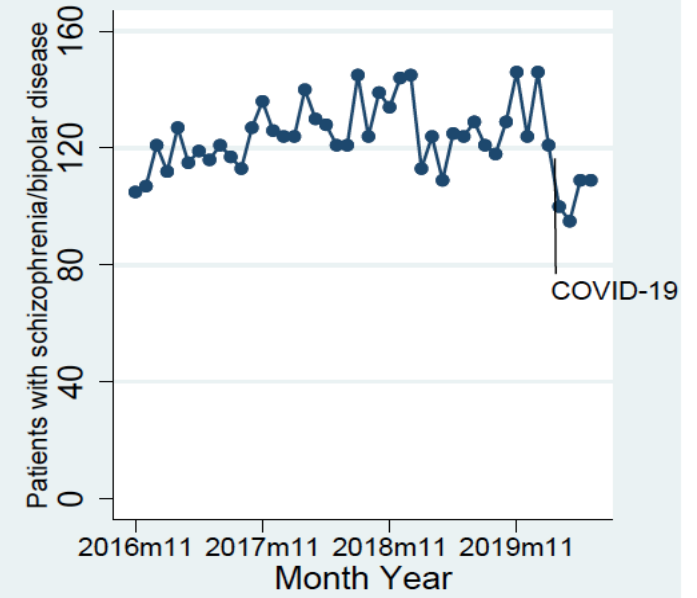
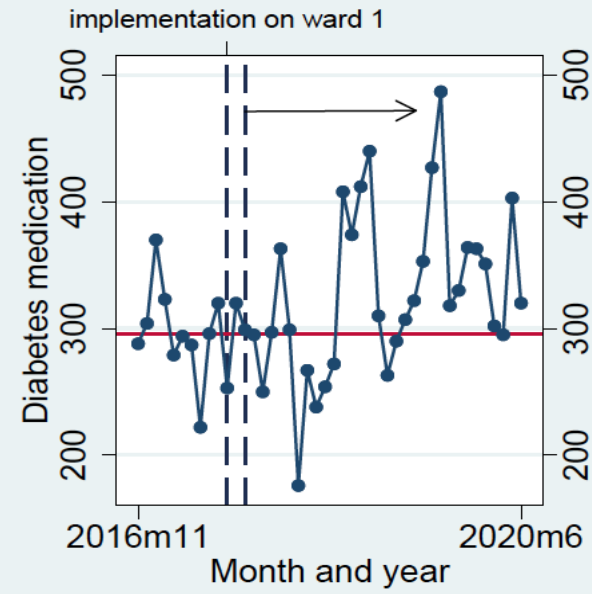
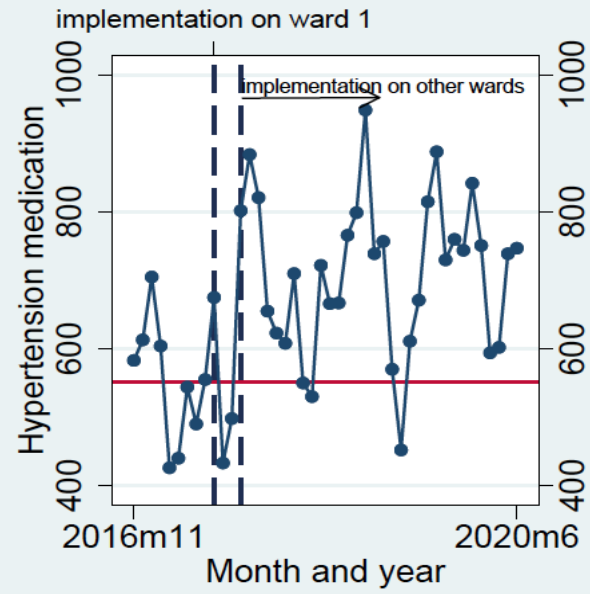
New non-psych drug (diabetes, hypertension, cholesterol, antibiotics, lung inhalers)

Hepatitis B/C

**Liason
consultation**
n=193

**No liaison
consultation**
n=724





Liaison consultation (n=193)

80

	Time liason-to-procedure, Median [IQR]	Completed during admission
Chest x-ray	8 days [1;47]	47%
Echocardiography	13 days [6;44]	60%
Cancer referral	12 days [7;24]	67%
Administration of new non-psych drug	1 day [0;1]	100%



Is liaison somatic effective?



For patients with bipolar disease or schizophrenia

- More chest xray
- More cancer referrals (during admission!)
- More echocardiography (during admission!)
- Mere medication for hypertension and diabetes



For patients with other psych diagnosis – also effective?

For patients seen by the medical team...

- Urgent transfers
- New non-psych out-patients visitis

Maybe as often as before?





Thank you

Julie Mackenhauer
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	Unique patients	No procedures	Time liason-to-procedure, Median [IQR]	Completed during admission	
New non-psych out-patient visit	45	56	8 days [2;26]	37%	Department Cardio (n=6) Gastro (n=5) Ortho (n=5) Gyn (n=4)
Urgent transfer to non-psych ward	9	11	2 days [0;3]	100%	Department ED (n=5) Pulmonary (n=2) Infectious (n=2) LOS median 1 day [0;4]

Discussion

Jan Mainz, Region North Denmark & Aalborg University
Julie Mackenhauer, Danish Center for Health Services Research
Søren Valgreen Knudsen, Danish Center for Clinical Health Services
Lone Winther Lietzen, Aarhus University Hospital

Did you hear about breakthrough ideas, methods, or results in the Improvement Science Stream?

Share them in the Learning Agents response form!

Relevant sessions:

- ☐ A9. Introduction to the Science Symposium stream and new methodologies / evaluation design (Tuesday 11:00 - 12:15)
- ☐ B10. The science of workforce and patient safety - the challenges and opportunities of technology for improvement (Tuesday 13:15-14:30)
- ☐ C9. The science of workforce and patient safety (Tuesday 15:00-16:00)
- ☐ D9. How can Improvement Science improve the quality of care? (Wednesday 11:00 - 12:15)
- ☐ E9. Delivering equity and sustainability (Wednesday 13:15-14:30)
- ☐ F9. What have we learned about the science of improvement? What's next? (Wednesday 15:00 - 16:00)

